The NZSS Cross Country Team (2015) competed in Melbourne on the 29th August at the Australian Cross Country Championships, held at Moonee Valley Racecourse. The team did well on the day finishing with the following results: (Athlete name is followed by finishing time and their placing overall in the Championship)

Under 16 Girls 4km:

Hannah O'Connor	16:21 9
Under 18 Girls 4km:	Team 4th Place Overall
Samantha Burke	16:13 10
Emerson Deverell	16:17 14
Kelsey Forman	16:39 24
Bridie Edwards	16:44 27
Ari Graham	16:55 35
Georgia Clode	16:59 39
Jane Lennox	17:03 43
Isabella Kelly	17:17 49
Kaylee Mudgway	17:57 70
Lindon 20 Cirls Clura	
Under 20 Girls 6km:	
Lucy Jacobs	22:20 21
Under 18 Boys 6km:	Team 5th Place Overall
Mitchell Small	18:44 11
Mitchell Small James Uhlenberg	18:44 11 18:50 14
Mitchell Small James Uhlenberg Oliver Chignell	18:44 11 18:50 14 18:52 15
Mitchell Small James Uhlenberg Oliver Chignell Christian Conder	18:44 11 18:50 14 18:52 15 19:12 24
Mitchell Small James Uhlenberg Oliver Chignell	18:44 11 18:50 14 18:52 15
Mitchell Small James Uhlenberg Oliver Chignell Christian Conder Samuel MacKay-Wright	18:44 11 18:50 14 18:52 15 19:12 24 19:18 26
Mitchell Small James Uhlenberg Oliver Chignell Christian Conder	18:44 11 18:50 14 18:52 15 19:12 24
Mitchell Small James Uhlenberg Oliver Chignell Christian Conder Samuel MacKay-Wright	18:44 11 18:50 14 18:52 15 19:12 24 19:18 26
Mitchell Small James Uhlenberg Oliver Chignell Christian Conder Samuel MacKay-Wright <u>Under 20 Boys 8km:</u>	18:44 11 18:50 14 18:52 15 19:12 24 19:18 26 Team 3 rd Place Overall
Mitchell Small James Uhlenberg Oliver Chignell Christian Conder Samuel MacKay-Wright <u>Under 20 Boys 8km:</u> Conal Wilson	18:44 11 18:50 14 18:52 15 19:12 24 19:18 26 Team 3 rd Place Overall 25:52 4
Mitchell Small James Uhlenberg Oliver Chignell Christian Conder Samuel MacKay-Wright <u>Under 20 Boys 8km:</u> Conal Wilson Cameron Avery	18:44 11 18:50 14 18:52 15 19:12 24 19:18 26 Team 3 rd Place Overall 25:52 4 26:05 6

Following on from this event, the athletes also took part in the Australian Schools Cross Country Relays, which were held on the 31st August at Albert Park. Our teams did extremely well in the schools event coming back with the following team placings:

<u>Under 20 Boys</u> (5x3000m) 3rd (Cameron Avery, James Preston, Daniel Hintz, Joseph Dwyer and Copnal Wilson)

<u>Under 20 Girls</u> (5x2000m) 3rd (Ari Graham, Georgia Clode, Isabella Kelly, Jane Lennox and Lucy Jacobs)

<u>Under 18 Boys</u> (5x3000m) 2nd (Oliver Chignall, Chritian Conder, Sam McKay-Wright, James Uhlenberg and Mitchell Small)

<u>Under 18 Girls</u> (5x2000m) 4th (Kelsey Forman, Bridie Edwards, Emerson Deverell, Samantha Burke and Hannah O'Connor)

The trip was, overall, an extremely successful one with fantastic competition and valuable experience for all athletes... combined with top performances and a few career highlights. Watch out for many of these names in the near future.

Rhys Taucher and Val Burke (NZSS Team Managers)