

## Programme - NZSSAA Championships 13-14 December 2008

### Welcome and Opening – 8.50 am

#### Saturday Track Events

				Entries	Heats
9:00 am	717	Boys 300 Metres Hurdles Open	Prelims	21	3
9:10 am	718	Girls 300 Metres Hurdles Open	Prelims	17	3
9:20 am	806	Girls 800 Metres Junior	Prelims	27	4
9:35 am	805	Boys 800 Metres Junior	Prelims	36	5
9:55 am	808	Girls 800 Metres Senior	Prelims	23	3
10:05 am	807	Boys 800 Metres Senior	Prelims	43	6
10:25 am	406	Girls 400 Metres Junior	Prelims	27	4
10:40 am	405	Boys 400 Metres Junior	Prelims	34	5
10:55 am	206	Girls 200 Metres Junior	Prelims	59	8
11:20 am	205	Boys 200 Metres Junior	Prelims	63	8
11:45 pm	601	Boys 2000 Metres Steeplechase Open	Prelims	29	2
12:00 pm	208	Girls 200 Metres Senior	Prelims	27	4
12:15 pm	207	Boys 200 Metres Senior	Prelims	58	8
12:40 pm	305	Boys 3000 Metres Junior	Prelims	36	2
<b>LUNCH BREAK</b>					
1:40 pm	707	Boys 110 Metres Hurdles Senior	Prelims	19	3
1:50 pm	705	Boys 100 Metres Hurdles Junior	Prelims	19	3
2:00 pm	708	Girls 100 Metres Hurdles Senior	Prelims	20	3
2:10 pm	706	Girls 80 Metres Hurdles Junior	Prelims	33	5
2:30 pm	408	Girls 400 Metres Senior	Prelims	29	4
2:45 pm	407	Boys 400 Metres Senior	Prelims	40	5
3:00 pm	106	Girls 100 Metres Junior	Prelims	68	9
3:25 pm	105	Boys 100 Metres Junior	Prelims	66	9
3:50 pm	108	Girls 100 Metres Senior	Prelims	28	4
4:00 pm	107	Boys 100 Metres Senior	Prelims	73	10
4:30 pm	806	Girls 800 Metres Junior	Semis	16	2
4:38 pm	805	Boys 800 Metres Junior	Semis	16	2
4:48 pm	206	Girls 200 Metres Junior	Qtrs	32	4
5:00 pm	205	Boys 200 Metres Junior	Qtrs	32	4
5:15 pm	207	Boys 200 Metres Senior	Qtrs	32	4
5:30 pm	808	Girls 800 Metres Senior	Semis	16	2
5:40 pm	807	Boys 800 Metres Senior	Semis	16	2
5:55 pm	106	Girls 100 Metres Junior	Qtrs	32	4
6:05 pm	105	Boys 100 Metres Junior	Qtrs	32	4
6:15 pm	107	Boys 100 Metres Senior	Qtrs	32	4
6:30 pm	156	Girls 1500 Metres Junior	Prelims	24	2
6:44 pm	155	Boys 1500 Metres Junior	Prelims	53	3
7:00 pm	157	Boys 1500 Metres Senior	Prelims	37	3
7:10 pm	158	Girls 1500 Metres Senior	Prelims	28	3
<i>The following events will be held earlier if possible. Athletes MUST be available for an earlier start.</i>					
7:25 pm	906	Girls 4x100 Metres Relay Junior	Prelims	14	2
7:35 pm	905	Boys 4x100 Metres Relay Junior	Prelims	12	2
7:45 pm	907	Boys 4x100 Metres Relay Senior	Prelims	22	3
8:00 pm	908	Girls 4x100 Metres Relay Senior	Prelims	12	2
8:10 pm	307	Boys 3000 Metres Senior	Prelims	34	3

## Saturday Field Events

9:00 am	67	Boys Discus Throw Senior	Finals	24
9:00 am	567	Boys Discus Throw AWD VI	Finals	1
9:00 am	563	Boys Discus Throw AWD ID	Finals	3
9:00 am	36	Girls Javelin Throw Junior	Finals	14
9:00 am	98	Girls High Jump Senior	Finals	16
9:00 am	85	Boys Long Jump Junior	Finals	38
9:00 am	587	Boys Long Jump AWD VI	Finals	2
9:00 am	583	Boys Long Jump AWD ID	Finals	4
11:30 am	66	Girls Discus Throw Junior	Finals	33
11:30 am	562	Girls Discus Throw AWD PD	Finals	2
11:30 am	77	Boys Triple Jump Senior	Finals	29
11:30 am	58	Girls Hammer Throw Senior	Finals	9

## LUNCH BREAK

1:30 pm	698	Girls Pole Vault Open	Finals	7
1:30 pm	56	Girls Hammer Throw Junior	Finals	9
1:30 pm	45	Boys Shot Put Junior	Finals	29
2:30 pm	97	Boys High Jump Senior	Finals	19
2:30 pm	35	Boys Javelin Throw Junior	Finals	26
2:30 pm	86	Girls Long Jump Junior	Finals	48
2:30 pm	68	Girls Discus Throw Senior	Finals	22
3:30 pm	697	Boys Pole Vault Open	Finals	11
3:30 pm	78	Girls Triple Jump Senior	Finals	26
3:30 pm	47	Boys Shot Put Senior	Finals	23
3:30 pm	543	Boys Shot Put AWD ID	Finals	5
3:30 pm	547	Boys Shot Put AWD VI	Finals	1

## Sunday Road Race

8:00 am	14	Girls 3k RR Year 9	Finals	79
8:20 am	13	Boys 3k RR Year 9	Finals	121
8:40 am	16	Girls 4k RR Junior	Finals	78
9:05 am	15	Boys 4k RR Junior	Finals	120
9:30 am	18	Girls 4k RR Senior	Finals	97
9:55 am	17	Boys 6k RR Senior	Finals	140

## Entries

## Sunday Track Events

				Entries	Heats
9:00 am	706	Girls 80 Metres Hurdles Junior	Semis	16	2
9:10 am	108	Girls 100 Metres Senior	Semis	24	3
9:18 am	107	Boys 100 Metres Senior	Semis	16	2
9:26 am	105	Boys 100 Metres Junior	Semis	16	2
9:34 am	106	Girls 100 Metres Junior	Semis	16	2
9:40 am	408	Girls 400 Metres Senior	Semis	16	2
9:48 am	407	Boys 400 Metres Senior	Semis	24	3
10:00 am	406	Girls 400 Metres Junior	Semis	16	2
10:08 am	405	Boys 400 Metres Junior	Semis	16	2
10:20 am	206	Girls 200 Metres Junior	Semis	16	2
10:26 am	205	Boys 200 Metres Junior	Semis	16	2
10:34 am	308	Girls 3000 Metres Senior	Finals	21	
10:47 am	307	Boys 3000 Metres Senior	Finals	14	
11:00 am	208	Girls 200 Metres Senior	Semis	16	2
11:08 am	207	Boys 200 Metres Senior	Semis	16	2
11:18 am	306	Girls 3000 Metres Junior	Finals	13	
11:35 am	707	Boys 110 Metres Hurdles Senior	Finals	8	
11:40 am	705	Boys 100 Metres Hurdles Junior	Finals	8	
11:45 am	708	Girls 100 Metres Hurdles Senior	Finals	8	
11:52 am	706	Girls 80 Metres Hurdles Junior	Finals	8	
11:58 am	305	Boys 3000 Metres Junior	Finals	14	

## LUNCH BREAK

**Sunday Track Events continued**

				<b>Entries</b>	<b>Heats</b>
12:45 pm	808	Girls 800 Metres Senior	Finals	8	
12:50 pm	807	Boys 800 Metres Senior	Finals	8	
12:55 pm	806	Girls 800 Metres Junior	Finals	8	
1:00 pm	805	Boys 800 Metres Junior	Finals	8	
1:05 pm	108	Girls 100 Metres Senior	Finals	8	
1:08 pm	107	Boys 100 Metres Senior	Finals	8	
1:11 pm	106	Girls 100 Metres Junior	Finals	8	
1:14 pm	112	Girls 100 Metres AWD PD	Finals	1	
1:17 pm	114	Girls 100 Metres AWD ID	Finals	2	
1:20 pm	105	Boys 100 Metres Junior	Finals	8	
1:21 pm	111	Boys 100 Metres AWD PD	Finals	2	
1:24 pm	117	Boys 100 Metres AWD VI	Finals	3	
1:27 pm	113	Boys 100 Metres AWD ID	Finals	7	
1:30 pm	115	Boys 100 Metres AWD WC	Finals	2	
1:35 pm	604	Girls 2000 Metres Race Walk Open	Finals	17	
1:50 pm	718	Girls 300 Metres Hurdles Open	Finals	8	
1:55 pm	717	Boys 300 Metres Hurdles Open	Finals	8	
2:05 pm	158	Girls 1500 Metres Senior	Finals	14	
2:11 pm	157	Boys 1500 Metres Senior	Finals	14	
2:16 pm	208	Girls 200 Metres Senior	Finals	8	
2:19 pm	207	Boys 200 Metres Senior	Finals	8	
2:22 pm	206	Girls 200 Metres Junior	Finals	8	
2:25 pm	212	Girls 200 Metres AWD PD	Finals	1	
2:28 pm	205	Boys 200 Metres Junior	Finals	8	
2:31 pm	211	Boys 200 Metres AWD PD	Finals	1	
2:31 pm	217	Boys 200 Metres AWD VI	Finals	1	
2:34 pm	213	Boys 200 Metres AWD ID	Finals	8	
2:38 pm	406	Girls 400 Metres Junior	Finals	8	
2:42 pm	405	Boys 400 Metres Junior	Finals	8	
2:46 pm	603	Boys 3000 Metres Race Walk Open	Finals	4	
3:05 pm	408	Girls 400 Metres Senior	Finals	8	
3:09 pm	407	Boys 400 Metres Senior	Finals	8	
3:13 pm	412	Girls 400 Metres AWD PD	Finals	1	
3:17 pm	411	Boys 400 Metres AWD PD	Finals	2	
3:17 pm	413	Boys 400 Metres AWD ID	Finals	3	
3:20 pm	415	Boys 400 Metres AWD WC	Finals	2	
3:25 pm	602	Girls 2000 Metres Steeplechase Open	Finals	16	
3:35 pm	601	Boys 2000 Metres Steeplechase Open	Finals	14	
3:44 pm	156	Girls 1500 Metres Junior	Finals	14	
3:50 pm	155	Boys 1500 Metres Junior	Finals	14	
4:00 pm	906	Girls 4x100 Metres Relay Junior	Finals	8	
4:05 pm	905	Boys 4x100 Metres Relay Junior	Finals	8	
4:10 pm	908	Girls 4x100 Metres Relay Senior	Finals	8	
4:15 pm	907	Boys 4x100 Metres Relay Senior	Finals	8	
				<b>Divisions</b>	
4:25 pm	916	Girls 4x400 Metres Relay Junior	Finals	12	2
4:35 pm	915	Boys 4x400 Metres Relay Junior	Finals	13	2
4:45 pm	918	Girls 4x400 Metres Relay Senior	Finals	17	3
4:55 pm	917	Boys 4x400 Metres Relay Senior	Finals	18	2

**Sunday Field Events****Entries**

9:00 am	37	Boys Javelin Throw Senior	Finals	30
9:00 am	533	Boys Javelin Throw AWD ID	Finals	1
9:00 am	537	Boys Javelin Throw AWD VI	Finals	1
9:00 am	48	Girls Shot Put Senior	Finals	24
9:00 am	542	Girls Shot Put AWD PD	Finals	1
9:00 am	96	Girls High Jump Junior	Finals	30
9:00 am	75	Boys Triple Jump Junior	Finals	29
11:30 am	46	Girls Shot Put Junior	Finals	34
11:30 am	544	Girls Shot Put AWD ID	Finals	2
11:30 am	88	Girls Long Jump Senior	Finals	26
11:30 am	584	Girls Long Jump AWD ID	Finals	2
11:30 am	582	Girls Long Jump AWD PD	Finals	1
11:30 am	55	Boys Hammer Throw Junior	Finals	4
<b>LUNCH BREAK</b>				
1:00 pm	57	Boys Hammer Throw Senior	Finals	10
1:00 pm	76	Girls Triple Jump Junior	Finals	29
2:30 pm	38	Girls Javelin Throw Senior	Finals	19
2:30 pm	532	Girls Javelin Throw AWD PD	Finals	1
2:30 pm	87	Boys Long Jump Senior	Finals	37
2:30 pm	65	Boys Discus Throw Junior	Finals	34
2:30 pm	561	Boys Discus Throw AWD PD	Finals	1
2:30 pm	95	Boys High Jump Junior	Finals	29

**5.00 pm**     **Closing comments and announcement of Athletes of the Meeting and NZSSAA paper team.**