NZSSAA Road Race Championships, Sunday 8 December 2013

Road Race Information:

8.00 am – Year 9 Girls 3 km, 1 short lap and 1 medium lap to start point then 500m to finish following medium lap course.

8.20 am – Year 9 Boys 3 km, 1 short lap and 1 medium lap to start point then 500m to finish following medium lap course.

8.40 am – Junior Girls 4 km, 1 medium lap and 1 large lap to start point then 350m to finish following medium lap course.

8.40 am – Para Athlete Girls 2km, 1 medium lap to start point then 350m to finish following medium lap course.

9.05 am – Junior Boys 4 km, 1 medium lap and 1 large lap to start point then 350m to finish following medium lap course.

9 05 am – Para Athlete Boys 2km, 1 medium lap to start point then 350m to finish following medium lap course.

9.30 am – Senior Girls 4 km, 1 medium lap and 1 large lap to start point then 350m to finish following medium lap course.

9.55 am – Senior Boys 6 km, 1 medium lap and 2 large laps to start point then 300m to finish following medium lap course.

Medal presentations begin at 12.00 noon at the Claudelands Arena, cnr Heaphy Tce and Brooklyn Rd.





Medium Lap

Long Lap

