SISSAC Order of TRACK Events 2014

SATURDAY MORNING (FROM 9AM)	SATURDAY AFTERNOON (FROM 1PM)	SUNDAY MORNING (FROM 9AM)
Open G and B 300m F	All Grades Sprint Hurdles F	U14G 1500m F
All Grade G and B 100m H	U15 B 1500m F	U16 B 1500m F
PA All Grades 100m H	U16 G 400m H	U15 G and B 3000m F
U16 B 3000m F	U16 B 400m H	All Grades 100m F
U16 G 3000m F	U19 G 400m H	OB 3000m Walk F
U14 G and B U15 G and B 400m H	U19 B 400m H	U14 G and B 400m F
U19 G 1500m F	PA All Grades 400m F	U14 G and B 400m F
All Grades Sprint Hurdles H	U19 B 1500m F	Open Girls 2000m Walk F
(TRACK LUNCH 12.00)	U16 G 1500m F	U16 G and B 400m F
	All Grades 200m H (excl PAs)	U19 G and B 400m F
	U19 G 3000m F	U14 B 1500m F
	U14 G and B 800m F	U19 B 3000m F
	U 15 G and B 800m F	OG 2000m Steeplechase F
	U14 B 3000m F	U15 G and B 4X100m relay F
	All Grades 200m F	U16 G and B 4X100m relay F
	U14 G 3000m F	U14 G and B 4X100m relay F
	PA All Grades 200m F	U19 G and B 4X100m relay F
	U16 G and B 800m F	
	U19 G and B 800m F	
	U15G 1500m F	
	U14 G and B 4 X 100m relay H	
	U15 B 4 X100m relay H	
	U16 B 4 X100m relay H	
	U19 G and B 4 X 100m relay H	
	U16 G 4X100m relay H	
	U15G 4X100m relay H	
	OB 2000m Steeplechase F	
	OG 4X400m relay F	
	OB 4X400m relay F	

Key

G Girls B Boys H Heats U Under PA Para Athlete
OG Open Girls OB Open Boys F Final

N.B Times will be confirmed on receipt of entries.