SISSAC Order of Events 2016 v2

TRACK EVENTS

Saturday Morning (9.00am – 12)			
300m Hdls	Jnr Girls F		
300m Hdls	Snr Girls F		
300m Hdls	Jnr Boys F		
300m Hdls	Snr Boys F		
100m	All grades	hts	
100m PA	All classes	F	
3,000m	U19G	F	
3,000m	U16G	F	
3,000m	U15G	F	
400m	U14G+B	hts	
400m	U15G+B	hts	
3,000m	U19B	F	
Sprint Hdls	All grades	hts	
12.00 Lunch			

N.B. 3,000*m* for U15G – U19G is likely to be combined and run as one race (if total entries low) but results are recorded by age group.

FIELD EVENTS

Friday Afternoon (3.00 – 6.30pm)				
3.00pm				
Pole Vault	-			
Hammer	All Boys	F		
4.45pm				
Hammer	All Girls	F		
Satur	day Morning			
9.00am				
Discus	U16G	F		
High Jump 2	U14B	F		
Long Jump 1		F		
Long Jump 2	2 U14G	F		
Shot Put	U19B	F		
Javelin PA	All classes	F		
10.00am				
Discus	U15B	F		
High Jump 1	U19G	F		
Javelin	U16B	F		
Long Jump 1	U19B	F		
Long Jump 2	2 U15G	F		
Shot Put	U14G	F		
11.00am				
High Jump 2	U15B	F		
Long Jump 2		F		
Shot Put	U14B	F		
Discus PA	All classes	F		
12.00 Lunch	1			

5,00011	010D	
400m	U16G+B]
400m	U19G+B	1
400m PA	All classes]
3,000m	U15B]
200m	All grades	1
3,000m	U14B]
800m	U14G+B]
800m	U15G+B]
2,000m S/Ch	Open Girls]
200m	All grades]
3,000m	U14G]
200m PA	All classes]
800m	U16G+B]
800m	U19G+B]

Saturday Afternoon (1.00 – 6.00)				Sunday Morning (9.00am - 12pm)		
Sprint Hdls	All grades	F]	1,500m	U14G+B	F
3,000m	U16B	F		1,500m	U15G+B	F
400m	U16G+B	hts		100m	All Grades	F
400m	U19G+B	hts		2,000m Walk		F
400m PA	All classes	F		3,000m Walk	L	F
3,000m	U15B	F		400m	U14G+B	F
200m	All grades	hts		400m	U15G+B	F
3,000m	U14B	F		400m	U16G+B	F
800m	U14G+B	F		400m	U19G+B	F
800m	U15G+B	F		1,500m	U16G+B	F
2,000m S/Ch	Open Girls	F		1,500m	U19G+B	F
200m	All grades	F		4 x 100 Relay	All grades	F
3,000m	U14G	F		-	-	
200m PA	All classes	F				
800m	U16G+B	F				
800m	U19G+B	F				
4 x 100 Relay	All grades	hts				
2,000m S/Ch	Open Boys	F				
4 x 400 Relay	Open Girls	F				
4 x 400 Relay	Open Boys	F				

Saturday Afternoon			
12.30pm			
Discus	U14G	F	
High Jump 2	U15G	F	
Long Jump 1	U16G	F	
Shot Put	U16B	F	
Long J 2 PA	All classes	F	
1.30pm	i in clusses	1	
High Jump 1	U19B	F	
Javelin	U15B	F	
Long Jump 1	U19G	F	
Long Jump 2	U14B	F	
Shot Put	U14D U15G	F	
2.30pm	0150	1	
Discus	U16B	F	
High Jump 2	U16G	F	
Javelin	U10G U19G	F	
Triple Jump 1	U19B	F	
Triple Jump 2	U17B U14G	F	
Shot Put PA	All classes	F	
3.30pm	All classes	1	
Discus	U14B	F	
High Jump 1	U14D U16B	F	
Javelin	U10B U19B	F	
Triple Jump 1	U19B U15B	F	
	U15B U15G	F	
Triple Jump 2 4.30pm	0130	Г	
4.30pm Javelin	U15G	F	
Shot Put	U13G U16G	г F	
Shot Put	0100	Г	

Sunday Morning				
9.00am				
Discus	U15G	F		
Javelin	U14B	F		
Shot Put	U19G	F		
Triple Jump 1	U16G	F		
Triple Jump 2	U16B	F		
10.00am				
Discus	U19B	F		
High Jump 2	U14G	F		
Javelin	U16G	F		
Shot Put	U15B	F		
Triple Jump 1	U19G	F		
Triple Jump 2	U14B	F		
11.00am				
Javelin	U14G	F		
Discus	U19G	F		
$\frac{Key}{U = Under}$ (for track and field events) U = Open				
B = Boys	G = Girls			
Jnr Boys = U16 and younger				
Snr Boys = Age 16 and over				
PA = Para Athlete events				
hts = heats	F = Final			
<i>S/Ch</i> = <i>Steeple</i>	Chase			

[Mt 3/1/2016]

@ 3/1/2016