



North Island Secondary School Athletics Track & Field Championships Wellington 4-5 April 2009

ENTRIES

Online entries open on **Monday 16 March** and must be entered by **5pm on Thursday 26 March 2009**. **Late entries will not be accepted.**

Online entries are to be made on website via www.nzssaa.org.nz

Full instructions for the filling in of entries are on the website, and will not be repeated here. But the following points need to be reinforced –

Dates of Birth:

Date of Birth must be provided for every entered athlete. Please check that each date of birth is correct, and that an athlete qualifies by age for the nominated grade. **Athletes nominated without a date of birth or who do not qualify for the nominated age group will not be accepted.**

Grades:

Please note and understand that, for this event, an athlete's age is as at 1 January 2009.

- Junior Under 14 on 1 January (i.e. born 1995 or 1996)
- Intermediate Under 16 on 1 January (i.e. born 1994 or 1993)
- Senior Under 19 on 1 January (i.e. born 1992 or 1991 or 1990)

Entry Regulations:

- **Athletes may enter a maximum of 4 individual events.**
- **Athletes may enter no more than 2 individual track events**, which events are - 100m, 200m, 300m, 400m, 800m, 1500m, 3000m, Steeplechase, 3000m Walk, 300m Hurdles.
- **Athletes entering in the sprint hurdles may enter in two other individual track events**, but the 4 event maximum still applies.
- No more than **3 competitors from the same region may compete in any event**, excluding relays.
- These rules apply to athletes in individual events. **Athletes may also compete in relay teams.**
- **Associations may enter only one relay team per grade.**

Rules:

This meeting is conducted under the rules of Athletics NZ, except as provided for below and in the by-laws.

INSTRUCTIONS FOR ATHLETES

Uniform:

Competitors must compete in the uniform of their representative team, not that of their individual school.

Competition Area:

- Only competitors currently involved in an event or under the control of a marshal will be permitted into the competition area.

Stadium Entry:

Athletes will be able to enter the stadium via the main gate accessed from the Zoo end (Daniell Street entrance). Athletes must use their **Athlete Pass** which will be available from Team Managers. Managers can obtain these from the Managers Meeting or from the Control Room under the grandstand (Mansfield St end).

Warming-up for Events:

Warming-up for track events must be carried out in the warm-up area. Warming-up on the main arena is not permitted. The warm-up area is on the Top Ground, accessed by steps and gate at the southern side of track.

Throwers:

As there is no facility for warm-up throws, the timetable has been structured to allow warm-up at the respective throwing event areas prior to the start time.

Starting:

- a) Starting blocks must be used in all events up to and including 400m. Athletes must use the blocks as supplied. No personal blocks will be permitted to be used.
- b) All questions concerning the start will be at the absolute discretion of the starter, whose decision will be final. If in his/her opinion, the start is not a fair one, the start will be recalled.
- c) The starting rule (one break per race) will be enforced.

Reporting:

All competitors must report without exception to the Call Room by the detailed final call report time.

Failure to report in as required may result in disqualification.

The Call Room will be clearly marked and will operate from under the grandstand for all athletes and all events. Athletes will be directed by the officials at the call room of the time that they are permitted to leave the call room for the competition arena.

In the event of non-arrival of competitors for heats, an event may be re-drawn.

Reporting times:

- Track Events: 20 minutes before the start time
- Field Events: 15 minutes before the start time.

On completion of the competition all athletes must leave the competition arena. Warm-downs must be done outside the stadium arena or on the Top Ground. No unauthorised person(s) shall be allowed in the competition area.

Equipment:

Personal throwing implements may be used by competitors provided they are approved by the Technical Manager at the Managers Meeting or by 8.00am at Newtown Park on Saturday 4 April. All personal implements may be used by any competitor for the duration of that event.

Qualifying:

For laned individual track events, there will be heats for events with registered entries of more than 8 athletes.

- 400m and under:
 - 4 heats: 1st in each heat plus the next 4 fastest.
 - 3 heats: 1st & 2nd in each heat plus the next 2 fastest.
 - 2 heats: 1st, 2nd & 3rd in each heat plus the next 2 fastest
- 800m:
 - Fields of up to 12 will be allowed, for 13+ entries heats will take place: (2 heats: 1st, 2nd and 3rd plus the next 2 fastest).
- Track events of 800m and above will be straight finals.
- In field events (except Pole Vault and High Jump), the top eight competitors after three rounds will receive three more attempts.

Athletes Qualifying for a Final:

- If an athlete who qualifies for a track final does not compete in the final, the athlete is automatically disqualified from competing again in the championships, including in relays.

Relays:

- Depending on the number of associations entered, 4x100m may consist of two races, with graded fields, and with final placings decided on times across the two races.
- Open 4x 400m will be a single race.

Entries for 4x100 relays must be confirmed by team managers by noon on Saturday, 4x400 entries by 10am on Sunday

Protests:

Must be made within 30 minutes of the official result of any event being posted on the results board (rule 146).

Spikes:

- Must not be more than 6mm in length. Javelin and High Jump may use 9mm.
- **No needle** spikes are to be worn; only Pyramid or Christmas Tree spikes are acceptable.

Scratchings:

These should be submitted on the appropriate form signed by athletes or their managers to the **Control Room** as soon as possible, but at least **90 minutes** before the event start time.

No athlete who has retired from competition due to ill health will be able to re-enter competition (relay teams included) unless the athlete supplies a medical certificate and clearance has been obtained by the Technical Delegate/Chief Referee.

AWD Events:

- Events offered are **100m, 200m, 400m, discus and shot put.**
- **Athletes with a disability:** all events for athletes with a disability are classed as Open events. There are 4 different classifications:
 - **Athletes with a disability who use a wheelchair (AWDWC)**
Athletes must use the wheelchair for their long term propulsion and excludes people who are using a wheelchair because of a short term injury.
 - **Athletes with a disability who have a physical disability (ADPD)**
Athletes who have a physical disability such as Cerebral Palsy, Amputee or Spina Bifida etc who are disadvantaged compared to able bodied. This may include athletes who use crutches on a long term basis or who have a limited range of movement.
 - **Athletes with a disability who have a vision impairment (AWDVI)**
Athletes who are, or qualify to be a member of the Royal New Zealand Foundation for the Blind.
 - **Athletes with a disability who have an intellectual disability (AWDID)**

Athletes who have been diagnosed with a specific intellectual disability and/ or are functioning at a cognitive level that would result in an unfair competition with their peers are eligible for this classification.

Please Note:

- *Students with specific learning disabilities are not eligible for classification.*
- *Hearing Impaired athletes are not eligible for classification as physical abilities are comparable to that of their peers. However adequate provision should be made to ensure starting mechanisms are in place to allow for equal competition.*
- *Athletes with Behavioral Problems who do not have a functional limitation in relation to their able bodied peers and will be ineligible for classification.*
- *Some athletes may have multiple disabilities therefore teachers are to register students into the classification where the functional limitation is the greatest. For example a student may have an intellectual disability as well as having diplegic cerebral palsy, severely affecting their balance and coordination – this pupil will be place in the AWDPD classification*
- *A student with ADHD who also has an intellectual disability may also be eligible to compete in the AWDID if they meet the AWDID criteria.*