

North Island Secondary School Athletics Track & Field Championships

Porritt Stadium, Hamilton, 2/3 April 2011

ENTRIES

Online entries open on **Monday 7 March** and must be entered by **5pm on Tuesday 29 March 2011**. **Late entries will not be accepted.**

Online entries are to be made on website via www.nzssaa.org.nz

Full instructions for the filling in of entries are on the website, and will not be repeated here. But the following points need to be reinforced –

Dates of Birth:

Date of Birth must be provided for every entered athlete. Please check that each date of birth is correct, and that an athlete qualifies by age for the nominated grade. **Athletes nominated without a date of birth or who do not qualify for the nominated age group will not be accepted.**

Grades:

Please note and understand that, for this event, an athlete's age is as at 1 January 2011. An athlete actually born on the date below goes into the younger age group.

- Junior Under 14 on 1 January (i.e. born 1997 or 1998)
- Intermediate Under 16 on 1 January (i.e. born 1995 or 1996)
- Senior Under 19 on 1 January (i.e. born 1992 or 1993 or 1994)

Entry Regulations:

- **Athletes may enter a maximum of 4 individual events.**
- **Athletes may enter no more than 2 individual track events over 200m**, which events are: 300m, 400m, 800m, 1500m, 3000m, Steeplechase, 3000/2000m Walk, 300m Hurdles.
- **Junior athletes entering in the sprints can do any 2 of 100m, 200m or 300m.**
- No more than **3 competitors from the same region may compete in any event** (excluding relays) **unless dispensation is sought for an extra very well performed athlete**. This will only be granted where it does not increase the number of heats required.
- These rules apply to athletes in individual events. **Athletes may also compete in relay teams.**
- **Associations may enter only one relay team per grade.**

Rules:

This meeting is conducted under the rules of IAAF and Athletics NZ, except as provided for below and in the by-laws.

INSTRUCTIONS FOR ATHLETES

Uniform:

Competitors must compete in the uniform of their representative team, not that of their individual school.

Competition Area:

- Only competitors currently involved in an event or under the control of a marshal will be permitted into the competition area.

Stadium Entry:

Athletes will be able to enter the stadium via the Competitors gate at the eastern end of the stadium. Athletes must use their **Athlete Pass** which will be available from Team Managers. Managers can obtain these at the Managers Meeting or from the Competitors Gate officials. Members of the public enter through the main gate at the western end of the stadium. Gate charges are: Adults \$5 Saturday, \$2 Sunday; Secondary School students \$2 Saturday, \$1 Sunday; under 12 years old free

Warming-up for Events:

Warming-up for track events must be carried out in the warm-up area outside the stadium. Warming-up on the main arena is not permitted except for final preparations under the control of the officials.

Starting:

- a) Starting blocks must be used in all events up to and including 400m. Athletes must use the blocks as supplied. No personal blocks will be permitted to be used.
- b) All questions concerning the start will be at the absolute discretion of the starter, whose decision will be final. If in his/her opinion, the start is not a fair one, the start will be recalled.
- c) If a competitor false starts they will be disqualified.

Reporting:

All competitors in track events must report to the start area of their event 10 minutes before the scheduled time of their race.

All field event athletes must report to their event 30 minutes before the scheduled start of their event so that they have time for final preparations and practise.

On completion of the competition all athletes must leave the competition arena. Warm-downs must be done outside the competition arena.

Equipment:

Personal throwing implements may be used by competitors provided they are approved by the Technical Manager at the Managers Meeting or by 8.30am at Porritt Stadium on Saturday 2 April and Sunday 3 April. All personal implements may be used by any competitor for the duration of that event.

Qualifying:

For laned track events there will be heats for events with entries of more than 8 athletes.

- 400m and under:
 - 4 heats: First athlete in each heat plus the next 4 fastest.
 - 3 heats: First 2 athletes in each heat plus the next 2 fastest.
 - 2 heats: First 3 athletes in each heat plus the next 2 fastest
- 800m:
 - Fields of up to 12 will be allowed but for 13+ entries heats will take place: (2 heats: First 3 athletes plus the next 2 fastest).
- Track events of 1500m and above will be straight finals.
- In field events (except Pole Vault and High Jump), the top eight competitors after three rounds will receive three more attempts.

Athletes Qualifying for a Final:

- If an athlete who qualifies for a track final does not compete in the final, the athlete is automatically disqualified from competing again in the championships, including in relays.

Relays:

- Depending on the number of associations entered the 4x100m may consist of two races with graded fields and with final placings decided on times across the two races.
- The Open 4x 400m will be a single race.

Entries for 4x100 relays must be confirmed by team managers by noon on Saturday, 4x400 entries by 10am on Sunday

Protests:

Protests must be made in the first instance by the athlete or his/her manager to the relevant referee. If the protest is turned down an appeal to the jury of appeal can be lodged within 30 minutes of the official result of any event being posted on the results board (rule 146) along with a deposit of \$50 which may be forfeited if the appeal is unsuccessful.

Spikes:

- Must not be more than 6mm in length except for Javelin and High Jump competitors who may use 9mm.

Scratchings:

These should be submitted on the appropriate form signed by athletes or their managers at the **Managers Meeting** or to the **Technical Information Centre** as soon as possible, but at least **90 minutes** before the event start time.

No athlete who has retired from competition due to ill health will be able to re-enter competition (relay teams included) unless the athlete supplies a medical certificate and clearance has been obtained by the Technical Delegate/Chief Referee.

AWD Events:

- Events offered are **100m, 200m, 400m, 4x100m Relay, discus, shot put, javelin and long jump. AWD athletes who wish to compete in other events need to apply to the organizing committee through their managers.**

Classification

Classification is a unique and integral part of sport for athletes with disabilities. It ensures fair and equitable competition at all level of sport. Classification systems enable athletes to compete at the highest level, regardless of individual differences in physical or intellectual functioning.

There are five different classifications. They are:

Athletes with a disability who use a wheelchair – (AWDWC)

Wheelchair athletes who use a wheelchair for mobility. Athlete must be self propelling for track events.

Athletes with a disability who have cerebral palsy – (AWDCP)

Athletes who have cerebral palsy or have had a head injury or a stroke and are ambulant i.e. do not use a wheelchair.

Athletes with a disability who are an amputee or have other physical disabilities– (AWDAMP/OTHER)

This may include athletes who have a limb deficiency, impaired muscle power, range of movement or who are short in stature. For athletes competing in the “other” category contact classification@paralympics.org.nz or (09) 526 0760 for information on eligibility

Athletes with a Visual Impairment – (AWDVI).

Athletes who have a visual impairment who are registered, or qualify to be registered, with the Royal New Zealand Foundation for the Blind.

Athletes with a disability who have an intellectual disability – (AWDID)

Athletes who have been diagnosed with a specific Intellectual Disability and/or are functioning at a cognitive level that would result in an unfair competition with their able bodied peers

Please Note:

- Students with specific learning disabilities are not eligible for classification.
- Hearing Impaired athletes are not eligible for classification as physical abilities are comparable to that of their peers. However adequate provision should be made to ensure starting mechanisms are in place to allow for equal competition.
- Athletes with adequate residual vision to compete evenly with fully sighted peers will be encouraged to do so.
- Athletes with Behavioural Problems do not have a physical functional limitation compared to their peers and will be ineligible for classification.
- Some athletes may have multiple disabilities therefore teachers are to register students into the classification where the functional limitation is the greatest. For example a student may have an intellectual disability as well having di-plegic cerebral palsy severely affecting his balance and coordination – this pupil will be placed in the AWDCP Classification. A student may also have ADHD and also an Intellectual disability - this student would be eligible for the AWDID classification.

Implement Weights

	Shot Put		Discus		Javelin	
	Male	Female	Male	Female	Male	Female
Wheelchair	3kg	2kg	750g	750g	400g	400g
Standard	2.50 m	2 m	7.5m	6 m	6 m	4.75 m
Cerebral Palsy	3kg	2kg	750g	750g	600g	400g
Standard	3.5 m	2.5 m	8m	6.5m	9 m	5 m
Amputee / others	4kg	4kg	1kg	1kg	700g	600g
Standard	3.5 m	2.5 m	8m	6.5m	9 m	5 m
Vision Impairment	4kg	4kg	1kg	1kg	700g	600g
Standard	3.5 m	2.5 m	8m	6.5m	9 m	5 m
Intellectual	4kg	4kg	1kg	1kg	700g	600g
Standard	4 m	3 m	10 m	7 m	12m	8m

Implement weights developed from Athletics Australia U16 weights for disabled athletes.