

## North Island Secondary School Athletics Championships Programme of Events - Track

### Saturday 2 April 2011

|         |              |                |                       |        |
|---------|--------------|----------------|-----------------------|--------|
| 9.00am  | Girls        | 100m           | Intermediate          | Heats  |
| 9.10am  | Girls        | 800m           | Junior                | Heats  |
| 9.18am  | Boys         | 800m           | Junior                | Heats  |
| 9.26am  | Girls        | 800m           | Intermediate          | Heats  |
| 9.34am  | Boys         | 800m           | Intermediate          | Heats  |
| 9.40am  | Girls        | 800m           | Senior                | Heats  |
| 9.48am  | Boys         | 800m           | Senior                | Heats  |
| 9.56am  | Boys         | 100m           | Junior                | Heats  |
| 10.04am | Girls        | 100m           | Junior                | Heats  |
| 10.12am | Boys         | 100m           | Intermediate          | Heats  |
| 10.20am | Girls        | 100m           | Senior                | Heats  |
| 10.28am | Boys         | 100m           | Senior                | Heats  |
| 10.35am | Girls        | 100m           | AWD Intellectual      | Finals |
|         | Boys         | 100m           | AWD Intellectual      | Finals |
|         | Girls        | 100m           | AWD Amputee/Other     | Finals |
|         | Boys         | 100m           | AWD Amputee/Other     | Finals |
|         | Girls        | 100m           | AWD Wheelchair        | Finals |
|         | Boys         | 100m           | AWD Wheelchair        | Finals |
|         | Girls        | 100m           | AWD Vision Impairment | Finals |
|         | Boys         | 100m           | AWD Vision Impairment | Finals |
|         | Girls        | 100m           | AWD Cerebral Palsy    | Finals |
|         | Boys         | 100m           | AWD Cerebral Palsy    | Finals |
| 10.45am | Girls        | 3000m Run      | Junior                | Final  |
| 11.00am | Mixed        | 4 x 100m Relay | AWD                   | Finals |
| 11.10am | Boys         | 3000m Run      | Junior                | Final  |
| 11.25am | Girls        | 70m Hurdles    | Junior                | Heats  |
| 11.35am | Boys         | 80m Hurdles    | Junior                | Heats  |
| 11.45am | Girls        | 80m Hurdles    | Intermediate          | Heats  |
| 11.55am | Girls        | 100m Hurdles   | Senior                | Heats  |
| 12.05pm | Boys         | 100m Hurdles   | Intermediate          | Heats  |
| 12.15pm | Boys         | 110m Hurdles   | Senior                | Heats  |
| 12.25pm | Girls        | 300m           | Junior                | Heats  |
| 12.35pm | Boys         | 300m           | Junior                | Heats  |
| 12.45pm | Girls        | 400m           | Intermediate          | Heats  |
| 12.55pm | Boys         | 400m           | Intermediate          | Heats  |
| 1.05pm  | Girls        | 400m           | Senior                | Heats  |
| 1.15pm  | Boys         | 400m           | Senior                | Heats  |
| 1.25pm  | Girls        | 400m           | AWD Intellectual      | Finals |
|         | Boys         | 400m           | AWD Intellectual      | Finals |
|         | Girls        | 400m           | AWD Amputee/Other     | Finals |
|         | Boys         | 400m           | AWD Amputee/Other     | Finals |
|         | Girls        | 400m           | AWD Wheelchair        | Finals |
|         | Boys         | 400m           | AWD Wheelchair        | Finals |
|         | Girls        | 400m           | AWD Vision Impairment | Finals |
|         | Boys         | 400m           | AWD Vision Impairment | Finals |
|         | Girls        | 400m           | AWD Cerebral Palsy    | Finals |
|         | Boys         | 400m           | AWD Cerebral Palsy    | Finals |
| 1.40pm  | <b>Lunch</b> |                |                       |        |

|        |       |              |              |        |
|--------|-------|--------------|--------------|--------|
| 2.15pm | Girls | 3000m Run    | Intermediate | Final  |
| 2.30pm | Girls | 100m         | Senior       | Final  |
| 2.33pm | Boys  | 100m         | Junior       | Final  |
| 2.36pm | Girls | 100m         | Junior       | Final  |
| 2.40pm | Girls | 100m         | Intermediate | Final  |
| 2.43pm | Boys  | 100m         | Intermediate | Final  |
| 2.46pm | Boys  | 100m         | Senior       | Final  |
| 2.50pm | Boys  | 3000m Run    | Intermediate | Final  |
| 3.05pm | Girls | 800m         | Junior       | Final  |
| 3.09pm | Boys  | 800m         | Junior       | Final  |
| 3.13pm | Girls | 800m         | Intermediate | Final  |
| 3.17pm | Boys  | 800m         | Intermediate | Final  |
| 3.21pm | Girls | 800m         | Senior       | Final  |
| 3.25pm | Boys  | 800m         | Senior       | Final  |
| 3.30pm | Girls | 3000m Run    | Senior       | Final  |
| 3.45pm | Girls | 70m Hurdles  | Junior       | Final  |
| 3.50pm | Boys  | 80m Hurdles  | Junior       | Final  |
| 3.55pm | Girls | 80m Hurdles  | Intermediate | Final  |
| 4.00pm | Girls | 100m Hurdles | Senior       | Final  |
| 4.05pm | Boys  | 100m Hurdles | Intermediate | Final  |
| 4.10pm | Boys  | 110m Hurdles | Senior       | Final  |
| 4.15pm | Boys  | 3000m Run    | Senior       | Final  |
| 4.30pm | Girls | 300m         | Junior       | Final  |
| 4.33pm | Boys  | 300m         | Junior       | Final  |
| 4.37pm | Girls | 400m         | Intermediate | Final  |
| 4.40pm | Boys  | 400m         | Intermediate | Final  |
| 4.43pm | Girls | 400m         | Senior       | Final  |
| 4.46pm | Boys  | 400m         | Senior       | Final  |
| 4.50pm | Boys  | 3000m Walk   | Open         | Final  |
| 5.20pm | Girls | 4x100m Relay | Junior       | Finals |
| 5.25pm | Boys  | 4x100m Relay | Junior       | Finals |
| 5.30pm | Girls | 4x100m Relay | Intermediate | Finals |
| 5.35pm | Boys  | 4x100m Relay | Intermediate | Finals |
| 5.40pm | Girls | 4x100m Relay | Senior       | Finals |
| 5.45pm | Boys  | 4x100m Relay | Senior       | Finals |

### Sunday 3 April 2011

|         |       |                    |                       |        |
|---------|-------|--------------------|-----------------------|--------|
| 9.00am  | Girls | 2000m Walk         | Open                  | Final  |
| 9.30am  | Girls | 300m Hurdles       | Open                  | Heats  |
| 9.40am  | Boys  | 300m Hurdles       | Open                  | Heats  |
| 9.50am  | Girls | 200m               | Junior                | Heats  |
| 9.57am  | Boys  | 200m               | Junior                | Heats  |
| 10.04am | Girls | 200m               | Intermediate          | Heats  |
| 10.11am | Boys  | 200m               | Intermediate          | Heats  |
| 10.18am | Girls | 200m               | Senior                | Heats  |
| 10.25am | Boys  | 200m               | Senior                | Heats  |
| 10.32am | Girls | 200m               | AWD Intellectual      | Finals |
|         | Boys  | 200m               | AWD Intellectual      | Finals |
|         | Girls | 200m               | AWD Amputee/Other     | Finals |
|         | Boys  | 200m               | AWD Amputee/Other     | Finals |
|         | Girls | 200m               | AWD Wheelchair        | Finals |
|         | Boys  | 200m               | AWD Wheelchair        | Finals |
|         | Girls | 200m               | AWD Vision Impairment | Finals |
|         | Boys  | 200m               | AWD Vision Impairment | Finals |
|         | Girls | 200m               | AWD Cerebral Palsy    | Finals |
|         | Boys  | 200m               | AWD Cerebral Palsy    | Finals |
| 10.45am | Girls | 2000m Steeplechase | Open                  | Final  |
| 10.55am | Boys  | 2000m Steeplechase | Open                  | Final  |
| 11.05am | Girls | 300m Hurdles       | Open                  | Final  |
| 11.10am | Boys  | 300m Hurdles       | Open                  | Final  |
| 11.15am | Girls | 1500m              | Junior                | Final  |
| 11.21am | Boys  | 1500m              | Junior                | Final  |
| 11.27am | Girls | 1500m              | Intermediate          | Final  |
| 11.33am | Boys  | 1500m              | Intermediate          | Final  |
| 11.42am | Girls | 200m               | Junior                | Final  |
| 11.45am | Boys  | 200m               | Junior                | Final  |
| 11.48pm | Girls | 200m               | Intermediate          | Final  |
| 11.51pm | Boys  | 200m               | Intermediate          | Final  |
| 11.54pm | Girls | 200m               | Senior                | Final  |
| 11.57pm | Boys  | 200m               | Senior                | Final  |
| 12.02pm | Girls | 1500m              | Senior                | Final  |
| 12.08pm | Boys  | 1500m              | Senior                | Final  |
| 12.20pm | Girls | 4x400m Relay Open  | Senior                | Finals |
| 12.30pm | Boys  | 4x400m Relay Open  | Senior                | Finals |

## North Island Secondary School Athletics Championships Programme of Events - Field

### Saturday 2 April 2011

|         |              |              |             |       |
|---------|--------------|--------------|-------------|-------|
| 8.30am  | Girls        | Open         | Hammer      | Final |
| 9.30am  | Boys         | Junior       | Discus      | Final |
| 9.30am  | Boys         | Intermediate | High Jump   | Final |
| 9.30am  | Girls        | Intermediate | Long Jump   | Final |
| 9.30am  | Girls        | Senior       | Javelin     | Final |
| 9.30am  | Girls        | Junior       | Shot Put    | Final |
| 9.30am  | Boys         | Senior       | Long Jump   | Final |
| 11.30am | Boys         | Senior       | Discus      | Final |
| 11.30am | Boys         | AWD          | Discus      | Final |
| 11.30am | Girls        | Senior       | Shot Put    | Final |
| 11.30am | Boys         | Junior       | High Jump   | Final |
| 11.30am | Boys         | Intermediate | Long Jump   | Final |
| 11.30am | Girls        | Intermediate | Javelin     | Final |
| 11.30am | Girls        | AWD          | Javelin     | Final |
| 11.30am | Girls        | Junior       | Long Jump   | Final |
| 1.00 pm | <b>Lunch</b> |              |             |       |
| 1.45pm  | Boys         | Intermediate | Discus      | Final |
| 1.45pm  | Boys         | Senior       | High Jump   | Final |
| 1.45pm  | Girls        | Junior       | Javelin     | Final |
| 1.45pm  | Boys         | Junior       | Long Jump   | Final |
| 1.45pm  | Boys         | AWD          | Long Jump   | Final |
| 1.45pm  | Girls        | Senior       | Long Jump   | Final |
| 1.45pm  | Girls        | AWD          | Long Jump   | Final |
| 1.45pm  | Girls        | Intermediate | Shot Put    | Final |
| 1.45pm  | Girls        | AWD          | Shot Put    | Final |
| 3.45pm  | Girls        | Senior       | Discus      | Final |
| 3.45pm  | Girls        | AWD          | Discus      | Final |
| 3.45pm  | Boys         | Intermediate | Shot Put    | Final |
| 3.45pm  | Boys         | AWD          | Shot Put    | Final |
| 3.45pm  | Girls        | Intermediate | Triple Jump | Final |
| 3.45pm  | Boys         | Senior       | Triple Jump | Final |
| 3.45pm  | Girls        | Junior       | High Jump   | Final |
| 3.45pm  | Boys         | Junior       | Javelin     | Final |
| 3.45pm  | Boys         | AWD          | Javelin     | Final |

### Sunday 3 April 2011

|         |       |              |             |       |
|---------|-------|--------------|-------------|-------|
| 8.30am  | Boys  | Open         | Hammer      | Final |
| 9.00am  | Girls | Intermediate | Discus      | Final |
| 9.00am  | Girls | Senior       | High Jump   | Final |
| 9.00am  | Boys  | Intermediate | Triple Jump | Final |
| 9.00am  | Mixed | Open         | Pole Vault  | Final |
| 9.00am  | Boys  | Senior       | Javelin     | Final |
| 9.00am  | Boys  | Junior       | Shot Put    | Final |
| 9.00am  | Girls | Junior       | Triple Jump | Final |
| 11.00am | Girls | Junior       | Discus      | Final |
| 11.00am | Girls | Intermediate | High Jump   | Final |
| 11.00am | Boys  | Senior       | Shot Put    | Final |
| 11.00am | Boys  | Junior       | Triple Jump | Final |
| 11.00am | Girls | Senior       | Triple Jump | Final |
| 11.00am | Boys  | Intermediate | Javelin     | Final |