

## Qualifying Guidelines North Island Championships 2015

Event	BOYS	BOYS	BOYS
	Senior (born in 1998 or before)	U16 (born in 1999 or 2000)	U14 (born in 2001 or later)
100m	11.69	11.76	12.40
200m	23.72	23.90	25.58
400m/300m	52.89	54.18	41.11
800m	2.03.04	2.06.17	2.14.89
1500m	4.13.46	4.19.01	4.38.35
3000m	9.26.41	9.42.89	10.21.40
110H/100H/80H	16.81	15.36	13.05
Shot	13.74	12.32	10.83
Discus	37.87	40.50	33.27
Javelin	45.49	42.92	31.69
Long	6.02	5.72	5.09
Triple	12.15	11.73	10.38
High	1.77	1.71	1.56
Hammer	34.68	29.60	32.18
Pole	2.92		
300H	44.46		
3Km Walk	19.00.00		
2Km S/c	6.49.08		
Event	GIRLS	GIRLS	GIRLS
	Senior (born in 1998 or before)	U16 (born in 1999 or 2000)	U14 (born in 2001 or later)
100m	13.14	13.12	13.65
200m	26.89	27.04	28.17
400m/300m	63.89	62.29	45.66
800m	2.27.85	2.24.03	2.29.67
1500m	5.05.92	4.56.94	5.05.05
3000m	11.18.86	11.00.93	11.39.62
100H/80H/70H	17.44	13.57	13.05
Shot	9.12	10.69	9.58
Discus	26.94	26.84	24.47
Javelin	27.72	27.07	21.46
Long	4.71	4.76	4.45
Triple	10.00	9.96	9.12
High	1.46	1.49	1.43
Hammer	25.06	21.00	23.07
Pole	2.61		
300H	50.48		
2Km Walk	14.05.38		
2Km S/c	8.05.35		