

North Island Secondary School Athletics Track & Field Championships

Mt Smart Stadium, Auckland, 1-3 April 2016

ENTRIES

Online entries open on **Monday 7 March** and must be entered by **5pm on Thursday 24 March 2016**. **Late entries will not be accepted. Entries are done by each Regional Team Coordinator only (not teachers in charge of athletics/sports coordinators or individual athletes).**

Online entries are to be made via www.nzssaa.org.nz

Full instructions for the filling in of entries are on the website, and will not be repeated here. But the following points need to be reinforced –

Dates of Birth:

Date of Birth must be provided for every entered athlete. Please check that each date of birth is correct, and that an athlete qualifies by age for the nominated grade. **Athletes nominated without a date of birth or who do not qualify for the nominated age group will not be accepted.**

Grades:

Please note and understand that, for this event, an athlete's age is as at 1 January 2016. An athlete actually born on the date below goes into the younger age group.

- Junior Under 14 on 1 January (ie. born 2002 or 2003)
- Intermediate Under 16 on 1 January (ie. born 2000 or 2001)
- Senior Under 19 on 1 January (ie. born 1997 or 1998 or 1999)
- Junior Para Athletes Under 16 on 1 January (ie. born 2000 to 2003)
- Senior Para Athletes Under 19 on 1 January (ie. born 1997 or 1998 or 1999)*
- *ORS funded athletes Under 21 on 1 January (ie. born 1995 or 1996)

Entry Regulations:

- **Athletes may enter a maximum of 4 individual events plus relays.**
- **Athletes may enter no more than 2 individual track events over 200m.** These events are: 300m, 400m, 800m, 1500m, 3000m, Steeplechase, 3000/2000m Walk, 300m Hurdles.
- **Junior athletes entering in the sprints can do any 2 of 100m, 200m or 300m.**
- No more than **3 competitors from the same region may compete in any event** (excluding relays) **unless dispensation is sought for an extra very well performed athlete.** This will only be granted where it does not increase the number of heats required.
- **Associations may enter only one relay team per grade.**

Rules:

This meeting is conducted under the rules of IAAF and Athletics NZ, except as provided for below and in the by-laws.

INSTRUCTIONS FOR ATHLETES

Uniform:

Competitors must compete in the uniform of their representative team, not that of their individual school.

Competition Area:

- Only competitors currently involved in an event or under the control of a marshal will be permitted into the competition area.

Stadium Entry and Parking:

Everyone will be able to enter the stadium via the main gate off O'Rorke Road (opposite daily Freightways). No one is to enter the stadium via Maurice Road or Beasley Ave. Athletes will need to show their competition singlet to enter the stadium. Gate charges are Adults \$5 Saturday, \$3 Sunday; Secondary School Students \$3 Saturday, \$1 Sunday. Under 12 free.

Parking will be available on all three days inside the stadium. Parking can be accessed from O'Rorke Road.

Warming-up for Events:

Track warm up must be carried out on field 3 (next to the Athletics Auckland Equipment Shed). Field Warm up can take place on Field 5 behind the John Walker Lounge. Please note that athletes must be supervised. There is one Shot Put circle and one Discus circle.

Starting:

- a) Starting blocks must be used in all events up to and including 400m. Athletes must use the blocks as supplied. No personal blocks will be permitted to be used.
- b) All questions concerning the start will be at the absolute discretion of the Starter and Starts Referee. If in their opinion, the start is not a fair one, the start will be recalled.
- c) If a competitor false starts they will be disqualified but if an athlete or advocate for the athlete considers there are genuine grounds for a protest the athlete may be allowed by the Starts Referee to run under protest. The protest will then proceed to the Jury of Appeal (see below).

Reporting:

Track Events: All Competitors must report to the start area of their event 10 minutes before the scheduled time of the race.

Field Events – All Competitors must report to their event site 30 minutes before the scheduled start of their event so that they have time for final preparations and practice.

On completion of the competition all athletes must leave the competition arena. Warm-downs must be done outside the competition arena.

Equipment:

Personal throwing implements may be used by the competitors provided they are approved by the Technical Team. Athletes requiring implements for the Hammer on Friday afternoon will need to check them in 1 hour prior to competition commencing. Implements required for competition on Saturday, these need to be checked in by 7.30pm on Friday night and for implements required for Sunday, these need to be checked in by 6pm on Saturday night. The Technical team will be based in the Main equipment room above the track. All personal implements may be used by any competitor for the duration of that event. Implements can be collected from the Equipment shed after competition. No athlete is to take their implement from the event site after competition.

Qualifying:

For laned track events there will be heats for events with entries of more than 8 athletes.

- 300m Hurdles and under:
 - 4 heats: First athlete in each heat plus the next 4 fastest.
 - 3 heats: First 2 athletes in each heat plus the next 2 fastest.
 - 2 heats: First 3 athletes in each heat plus the next 2 fastest
- 800m:
 - Fields of up to 12 will be allowed but for 13+ entries heats will take place: (2 heats: First 3 athletes plus the next 2 fastest).
- Track events of 1500m and above will be straight finals.
- In field events (except Pole Vault and High Jump), the top eight competitors after three rounds will receive three more attempts.

Athletes Qualifying for a Final:

- If an athlete who qualifies for a track final does not compete in the final, the athlete is automatically disqualified from competing again in the championships (see **scratchings** below), including in relays.

Relays:

- Depending on the number of associations entered the 4x100m may consist of two races with graded fields and with final placings decided on times across the two races.
- The Open 4x 400m will be a single race.

Entries for 4x100 relays must be confirmed by team managers by noon on Saturday, 4x400 entries by 10am on Sunday

Protests:

Protests must be made in the first instance by the athlete or his/her manager to the relevant referee. If the protest is turned down an appeal to the jury of appeal can be lodged within 30 minutes of the official result of any event being posted on the results board (rule 146) along with a deposit of \$50 which may be forfeited if the appeal is unsuccessful.

Spikes:

- Must not be more than 6mm in length except for Javelin and High Jump competitors who may use 9mm.

Scratchings/Replacements:

These should be submitted on the appropriate form signed by athletes or their managers at the **Managers Meeting** or to the **Technical Information Centre** as soon as possible, but at least **90 minutes** before the event start time. Athletes who have been scratched can be replaced by another member of that team.

No athlete who has retired from competition due to ill health will be able to re-enter competition (relay teams included) unless the athlete supplies a medical certificate and clearance has been obtained by the Technical Delegate.

Para Athletes (Athletes with Physical, Visual and Intellectual Impairments)

- Events offered are **100m, 200m, 400m, 4x100m Relay, discus, shot put, javelin, high jump and long jump**. Para Athletes who wish to compete in other events need to **apply to the organizing committee through their managers**.

Classification

Athletes with Physical, Visual and Intellectual Impairments competing at the 2016 North Island Secondary Schools Athletics Championships in Auckland **are required** to have a Provisional or National Classification. Classification ensures that athletes meet impairment eligibility and have an activity limitation

Athletes who **do not have** a Provisional or National Classification will need to have completed one of the Provisional Classification forms (Physical, Intellectual or Visual Impairment, whichever is the most appropriate one) available on the Paralympics New Zealand (PNZ) website.

This form needs to be forwarded to classification@paralympics.org.nz as soon as possible and no later than 14 March.

Classifications and Competition

Para Athletes will have a track classification (T) and a field classification (F). The following track and field classifications relate to the following impairments.

T11 – T13 and F11 – F13	Visual Impairment (VI)
T20 and F20	Intellectual Impairment (II)
T32 – T38 and F31 – F38	Cerebral Palsy (CP)
T40 and F40	Short Stature (SS)
T42 – T46 and F42 – F46	Amputees and Other Impairments (AO)
T51 – T54 and F51 – F58	Wheelchair user (WC)

There will be two competition divisions, Para Athletes with Intellectual Impairment (**II**) and Para Athletes with Physical Impairment, including Para Athletes with Visual Impairment (**PI**). Within the Para Athletes with Physical Impairment division will be the 5 groups above excluding II (T20 and F20)

For the PI classification the results and placings will be calculated on a percentage of the world record for each classification. It will enable athletes with different impairments, cerebral palsy, vision, stature etc, to be fairly compared and compete for the PI medal and national title in their event/s.

The II classification will be for athletes with an intellectual impairment (cognitive impairment) rather than athletes with specific learning impairments eg difficulty with reading. Generally these athletes will be ORS funded or be potentially eligible for ORS funding.

The following events will be included: 100 m, 200 m, 400 m, shot put, discus, javelin, long jump (metre mat will not be used), high jump and road race.

Please Note:

- Students with specific learning disabilities are not eligible for classification.
- Hearing Impaired athletes are not eligible for classification as physical abilities are comparable to that of their peers. However adequate provision should be made to ensure starting mechanisms are in place to allow for equal competition.
- Athletes with adequate residual vision to compete evenly with fully sighted peers will be encouraged to do so.
- Athletes with Behavioral Problems do not have a physical functional limitation compared to their peers and will be ineligible for classification.
- Some athletes may have multiple disabilities therefore teachers are to register students into the classification where the functional limitation is the greatest. For example a student may have an intellectual disability as well having di-plegic cerebral palsy severely affecting his balance and coordination – this pupil will be placed in the CP Classification. A student may also have ADHD and also an Intellectual disability - this student would be eligible for II classification.

Ages

There will be two age groups for each classification, junior (below 16) and senior (16 and above) on 1 January 2015.

It is important to note that students with a disability who are ORS funded are entitled to stay at secondary school until the age of 21.

If you require any further information on classification for Para Athletes please email:

classification@paralympics.org.nz or oe@nzssaa.org.nz

Implement weights for Para Athletes

SENIOR BOYS & GIRLS - FIELD

Over 16 years as at 1 January 2015

Impairment Group	Classification	Boys			Girls		
		Discus	Javelin	Shot Put	Discus	Javelin	Shot Put
VISUAL IMPAIRMENT	F11-13	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
INTELLECTUAL IMPAIRMENT	F20	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
PHYSICAL IMPAIRMENT							
<i>Cerebral Palsy</i>	F35-36	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F37	1.00kg	600g	5.00kg	1.00kg	500g	3.00kg
	F38	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
<i>Short Stature</i>	F40-41	1.00kg	600g	4.00kg	750g	400g	3.00kg
<i>Amputee & Others</i>	F42-47	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
<i>Wheelchair</i>	F33	1.00kg	600g	3.00kg	1.00kg	500g	3.00kg
	F34	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F52	1.00kg	600g	2.00kg	1.00kg	500g	2.00kg
	F53	1.00kg	600g	3.00kg	1.00kg	500g	3.00kg
	F54-56	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F57	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F58	1.00kg	600g	5.00kg	1.00kg	500g	3.00kg

JUNIOR BOYS & GIRLS - FIELD

Under 16 years as at 1 January 2015

Impairment Group	Classification	Boys			Girls		
		Discus	Javelin	Shot Put	Discus	Javelin	Shot Put
VISUAL IMPAIRMENT	F11-13	1.00kg	700g	4.00kg	1.00kg	500g	3.00kg
INTELLECTUAL IMPAIRMENT	F20	1.00kg	700g	4.00kg	1.00kg	500g	3.00kg
PHYSICAL IMPAIRMENT							
<i>Cerebral Palsy</i>	F35-36	750g	500g	3.00kg	750g	500g	2.00kg
	F37	750g	500g	3.00kg	750g	500g	2.00kg
	F38	750g	600g	3.00kg	750g	500g	2.00kg
<i>Short Stature</i>	F40-41	1.00kg	400g	3.00kg	750g	400g	2.00kg
<i>Amputee & Others</i>	F42-47	1.00kg	600g	4.00kg	1.00kg	400g	3.00kg
<i>Wheelchair</i>	F33	750g	500g	2.00kg	750g	500g	2.00kg
	F34	750g	500g	3.00kg	750g	500g	2.00kg
	F52	750g	400g	2.00kg	750g	400g	2.00kg
	F53	750g	400g	2.00kg	750g	400g	2.00kg
	F54-56	750g	400g	2.00kg	750g	400g	2.00kg
	F57	1.00kg	500g	2.00kg	750g	400g	2.00kg
	F58	1.00kg	500g	3.00kg	750g	400g	3.00kg