

Qualifying Guidelines North Island Championships 2018

BOYS

Event	Senior (born in 2001 or before)	U16 (born in 2002 or 2003)	U14 (born in 2004 or later)
100m	11.57	11.72	12.55
200m	23.57	23.87	25.39
400m/300m	52.48	53.75	41.11
800m	2.01.77	2.04.95	2.16.48
1500m	4.11.74	4.18.96	4.36.55
3000m	9.20.36	9.32.33	10.15.18
110H/100H/80H	16.60	15.11	13.52
Shot	12.72	12.08	11.01
Discus	38.29	41.80	35.24
Javelin	42.64	41.44	30.49
Long	5.94	5.62	5.18
Triple	11.96	11.42	10.26
High	1.74	1.70	1.58
Hammer	31.75	33.48	28.83
Pole	3.14		
300H	44.06		
3Km Walk	17.06.64		
2Km S/c	6.51.01		

GIRLS

Event	Senior (born in 2001 or before)	U16 (born in 2002 or 2003)	U14 (born in 2004 or later)
100m	13.14	13.10	13.52
200m	27.19	27.17	27.68
400m/300m	63.09	62.21	45.44
800m	2.24.74	2.23.20	2.31.90
1500m	5.04.93	4.58.21	5.04.38
3000m	11.06.07	11.09.95	11.32.47
100H/80H/70H	17.60	13.64	12.96
Shot	9.78	10.87	9.75
Discus	24.55	28.23	23.70
Javelin	25.67	26.89	22.59
Long	4.81	4.81	4.56
Triple	9.90	9.82	9.11
High	1.44	1.47	1.44
Hammer	27.47	25.83	23.74
Pole	2.31		
300H	49.77		
2Km Walk	14.22.18		
2Km S/c	7.58.81		