

North Island Secondary Schools Athletics Association Age Grades

The NISSAA delegates have voted to change the date for determining age grades from being under a particular age on January 1 (but including athletes born on January 1 in the younger age grade) to December 31 in the year of competition. This change has been made to align with World Athletics, Athletic NZ and NZSSAA using December 31 as the determining date for all their age grades. In order to have the NISSAA age grades cover the same cohort of athletes they did previously, the age they are calculated at has increased by one year eg senior athletes were previously under 19 on January 1 and will now be under 20 on December 31.

The age grades at the North Island Secondary Schools Athletics championships for 2025 will be:

Junior:	Under 15 on 31 December (ie. born 2011 or 2012)
Intermediate:	Under 17 on 31 December (ie. born 2009 or 2010)
Senior:	Under 20 on 31 December (ie. born 2006 to 2008)
Junior Para Athletes:	Under 17 on 31 December (ie. born 2009 to 2012)
Senior Para Athletes:	Under 20 on 31 December (ie. born 2006 to 2008)
*ORS funded athletes:	Under 22 on 31 December (ie. born 2004 or 2005)

These age grades should also apply at all North Island zone and regional championships.