

Taranaki Electricity Trust
Proudly presents

30th adidas NZSS Track & Field and 28th Road Race Championships
Inglewood, Taranaki: 7th December - 8th December 2002

10th September 2002

To: All New Zealand Secondary Schools Association affiliated schools

NEWSLETTER NUMBER TWO

Welcome to the 30th Track & Field and 28th Road Race Championships

Venue: TET Stadium, Jubilee Park
Elliott Street, Inglewood
Date: 7th & 8th December 2002

This posting includes information on the following:

- * Rules of competition
- * Entry forms:
 - Disabled Athletes Orange
 - Senior Boys Blue
 - Senior Girls Yellow
 - Junior Boys Green
 - Junior Girls Pink
- * Entry summary sheet
- * Senior Boys, Senior Girls, Junior Boys, Junior Girls scratching forms
- * NZSSAA standards
- * Athlete media profile sheet
- * Draft Programme
- * T-shirt order form

ENTRIES

When sending your entries, please include your cheque, your colour-coded entry forms and your entry summary sheet. Cheques to be made out to **NZSS Athletics 2002** and posted to:

Rose King
Inglewood High School
P.O. Box 215
Inglewood

RULES OF COMPETITION

1. The meeting will be conducted according to the rules of Athletics New Zealand.
2. The **new IAAF rule** regarding the throwing sector for the **Discus, Hammer and Shot Put will be implemented at these championships**. The sector size will be reduced from 40° to 34.92°.
3. Competition numbers must be worn on the chest (except for Pole Vault). Athletes may be disqualified if the number is not displayed during competition.
4. Only competitors currently involved in any event will be permitted in the competition area.
5. The warm-up area is in Carnival Park, next to the TET stadium.
6. **MARSHALLING OF COMPETITORS.** All athletes in both Track and Field events must report to the marshalling tent 30 minutes before the scheduled starting time of the event. Practice throws and jumps for the field events will take place in the arena, 20 minutes prior to the competition, with only 2 practices per competitor in competition order.
FOR ALL TRACK SEMI-FINALS & FINALS, ATHLETES MUST REPORT TO THE MARSHALLING TENT 15 MINUTES PRIOR TO THE STARTING TIME.
7. In all throwing events, especially Javelin, Hammer & Discus, competitors are asked to take due care. Implements must only be thrown from the sector and returned by HAND.
8. In the field events, the use of flags is as follows: RED FLAG indicates a foul - WHITE FLAG indicated a fair attempt. In track events, a YELLOW FLAG indicates an infringement has occurred.
9. In all field events (except High Jump & Pole Vault), each competitor is allowed three attempts and the best eight, three more attempts. Competitors will be credited with the best of all his/her attempts.
10. The increments for the Pole Vault & High Jumps are as follows:
Open Pole Vault
Boys: Start 2.20m goes up in 20cm rises until 3.20m then 10cm
Girls: Start 1.80m goes up in 20cm rises until 3.00m then 10cm
High Jump
Senior Boys start at 1.65m with 5cm rises to 1.85m then 3cm
Junior Boys start at 1.55m with 5cm rises to 1.75m then 3cm
Senior Girls start at 1.45m with 5cm rises to 1.55m then 3cm
Junior Girls start at 1.35m with 5cm rises to 1.50m then 3cm
11. **THROWING IMPLEMENTS.** Personal implements may be used by competitors for throwing events provided they are approved by the Technical Officer first and made available to **all competitors**. The area for this is in the equipment room at the North-Western end of the stadium. **It is the responsibility of the Team Manager to have these implements to the Technical Officer. CHECK IN TIME IS 8:00am each day (this is 1 hour prior the start of the meeting each day).**

12. Spikes: **ONLY** Pyramid or Christmas Tree spikes may be worn. Track areas (including Long Jump & Triple Jump) 7mm, High Jump & Javelin 9mm
13. Starting Blocks: **ONLY** the starting blocks provided may be used. The use of starting blocks will be compulsory for all track events up to and including 400m. **Disabled Athletes** are exempt from this ruling if their disability prevents the use of blocks.
14. Competitors in track events up to and including 400m must remain in their lanes and return to the finish line **in their lanes** at the end of the event.
15. Draws: Lanes and starting order will be drawn and posted as soon as possible.
16. The 800m events shall be run in lanes as far as the end of the first bend. The starts will be staggered so that the distances from the start to the finish are the same for each competitor.
17. Any athlete who qualifies in a heat or round, must compete in succeeding rounds and for the final, unless the consent of the referee has been obtained. Failure to do so renders the athlete liable to disqualification from other events during the meeting.
18. **For competitors who find they are in a field and track event at the same time, the track event must take precedence.** They should report to the field event official and excuse themselves to compete in the track event, returning to the field event ASAP after the track event. Competitors cannot demand to take all their trials in succession or to take any trial of the round in which they have failed to appear.
19. **SCRATCHINGS.** Any athlete wishing to withdraw from an event must do so by the time for final scratchings (ie 5:00pm on Monday 2nd December 2002) or is otherwise liable to exclusion from the meeting.
20. **PROTESTS.** These must be lodged with the referee as laid down in competition rule (IAAF rule 146).
21. Competitors take part in the event at their own risk. The NZSSAA and the Organising Committee will accept no responsibility for losses or damages to personal property, nor claims from competitors, spectators or members of the public as a result of any accident arising before, during or after the event.
22. Athletes with Disabilities: Wheelchair athletes and "stand-up" athletes will compete in separate sections in the track events but will compete together in the field events. All disability events are classed as Open events.

2002 Programme – Draft

(Event number is subject to change but timing of events will remain)

SESSION 1: Saturday 7th December - morning

<u>Time</u>	<u>Event No.</u>	<u>Event</u>	<u>Heat/Final</u>
08:30am	1	Boys 300m Hurdles Open	Heats
08:40am	2	Girls 300m Hurdles Open	Heats
08:50am	3	Boys 1500m Junior	Heats
09:10am	4	Girls 1500m Junior	Heats
09:30am	5	Girls 800m Senior	Heats
09:45am	6	Boys 800m Senior	Heats
10:00am	7	Girls 400m Junior	Heats
10:25am	8	Boys 400m Junior	Heats
10:45am	9	Girls 200m Junior	Heats
11:05am	10	Boys 200m Junior	Heats
11:25am	11	Girls 200m Senior	Heats
11:45am	12	Boys 200m Senior	Heats
12:00pm	13	Boys 3,000m Junior	Heats
12:25pm	14	Boys 110m Hurdles Senior	Heats
12:30pm	15	Boys 100m Hurdles Junior	Heats
12:40pm	16	Girls 100m Hurdles Senior	Heats
12:50pm	17	Girls 80m Hurdles Junior	Heats
09:00am	101	Disabled/Wheelchair Shot Put Open	Final
09:00am	102	Girls Hammer Open	Final
09:00am	103	Girls Javelin Junior	Final
09:00am	104	Girls High Jump Senior	Final
09:00am	105	Boys Long Jump Junior	Final
11:30am	106	Boys Pole Vault Open	Final
11:30am	107	Disabled/Wheelchair Javelin Open	Final
11:30am	108	Boys Shot Put Junior	Final
11:30am	109	Boys Triple Jump Senior	Final
11:30am	110	Girls Pole Vault Open	Final
12:00pm	111	Girls Discus Junior	Final

SESSION 2: Saturday 7th December - afternoon

<u>Time</u>	<u>Event No.</u>	<u>Event</u>	<u>Heat/Final</u>
01:45pm	18	Girls 400m Senior	Heats
02:00pm	19	Boys 400m Senior	Heats
02:20pm	20	Girls 100m Junior	Heats
02:35pm	21	Boys 100m Junior	Heats
02:50pm	22	Girls 100m Senior	Heats
03:05pm	23	Boys 100m Senior	Heats
03:20pm	24	Boys 1500m Senior	Heats
03:40pm	25	Girls 1500m Senior	Heats
03:55pm	26	Girls 800m Junior	Heats
04:10pm	27	Boys 800m Junior	Heats
4:25pm	28	Girls 100m Junior	Semis
04:30pm	29	Boys 100m Junior	Semis
04:40pm	30	Girls 100m Senior	Semis
04:45pm	31	Boys 100m Senior	Semis
04:50pm	32	Girls 800m Senior	Semis
04:55pm	33	Boys 800m Senior	Semis

05:05pm	34	Girls 3000m Junior	Heats
05:30pm	35	Boys 3000m Senior	Heats
05:55pm	36	Girls 3000m Senior	Heats
6:20pm	37	Girls 4x100m Relay Junior	Heats
06:30pm	38	Girls 4x100m Relay Senior	Heats
06:40pm	39	Boys 4x100m Relay Senior	Heats
02:30pm	112	Boys Shot Put Senior	Final
02:30pm	113	Girls Long Jump Junior	Final
02:30pm	114	Girls Discus Senior	Final
02:30pm	115	Boys High Jump Senior	Final
04:00pm	116	Disabled/Wheelchair Discus Open	Final
04:00pm	117	Girls Triple Jump Senior	Final
04:00pm	118	Boys Javelin Junior	Final
04:40pm	119	Boys Discus Senior	Final

SESSION 3: Sunday 8th December - morning

<u>Time</u>	<u>Event No.</u>	<u>Event</u>	<u>Heat/Final</u>
08:00am	201	Girls 4km Road Race Junior	Final
08:25am	202	Boys 4km Road Race Junior	Final
08:50am	203	Girls 4km Road Race Senior	Final
09:15am	204	Boys 6km Road Race Senior	Final
09:30am	40	Boys 110m Hurdles Senior	Final
09:35am	41	Boys 100m Hurdles Junior	Final
09:40am	42	Girls 100m Hurdles Senior	Final
09:45am	*43	Girls 80m Hurdles Junior	Semis
09:50am	44	Girls 800m Junior	Semis
10:00am	45	Boys 800m Junior	Semis
10:05am	46	Boys 3000m Senior	Final
10:20am	47	Girls 400m Senior	Semis
10:25am	48	Boys 400m Senior	Semis
10:35am	49	Girls 400m Junior	Semis
10:40am	50	Boys 400m Junior	Semis
10:50am	51	Girls 200m Junior	Semis
11:00am	52	Boys 200m Junior	Semis
11:10am	53	Girls 3000m Senior	Final
11:25am	54	Girls 200m Senior	Semis
11:30am	55	Boys 200m Senior	Semis
11:40am	56	Boys 3000m Junior	Final
11:55am	57	Girls 80m Hurdles Junior	Final
09:00am	120	Boys Javelin Senior	Final
09:00am	122	Girls Shot Put Senior	Final
09:00am	123	Girls High Jump Junior	Final
09:00am	124	Boys Triple Jump Junior	Final
11:30am	125	Boys Discus Junior	Final
11:30am	126	Girls Long Jump Senior	Final
11:30am	127	Girls Shot Put Junior	Final

* If no Semis are required, this will be a **Final AT THIS TIME**. Therefore, Event 57 will not be required.

SESSION 4: Sunday 8th December - afternoon

<u>Time</u>	<u>Event No.</u>	<u>Event</u>	<u>Heat/Final</u>
01:00pm	58	Girls 800m Senior	Final
01:04pm	59	Boys 800m Senior	Final
01:07pm	60	Girls 800m Junior	Final
01:11pm	61	Boys 800m Junior	Final
01:15pm	62	Girls 100m Senior	Final
01:18pm	63	Boys 100m Senior	Final
01:20pm	64	Girls 100m Junior	Final
01:22pm	65	Boys 100m Junior	Final
01:25pm	66	Disabled Athletes 100m Open	Final
01:28pm	67	Wheelchair Athletes 100m Open	Final
01:30pm	68	Girls 2000m Walk Open	Final
01:45pm	69	Girls 300m Hurdles Open	Final
01:50pm	70	Boys 300m Hurdles Open	Final
01:55pm	71	Girls 1500m Senior	Final
02:03pm	72	Boys 1500m Senior	Final
02:10pm	73	Girls 200m Senior	Final
02:13pm	74	Boys 200m Senior	Final
02:17pm	75	Girls 200m Junior	Final
02:21pm	76	Boys 200m Junior	Final
02:25pm	77	Disabled Athletes 200m Open	Final
02:29pm	78	Wheelchair Athletes 200m Open	Final
02:33pm	79	Girls 400m Junior	Final
02:37pm	80	Boys 400m Junior	Final
02:42pm	81	Boys 3000m Walk Open	Final
03:02pm	82	Girls 400m Senior	Final
03:07pm	83	Boys 400m Senior	Final
03:12pm	84	Girls 1500m Steeplechase Open	Final
03:22pm	85	Boys 2000m Steeplechase Open	Final
03:32pm	86	Disabled Athletes 400m Open	Final
03:37pm	87	Wheelchair Athletes 400m Open	Final
03:42pm	88	Girls 1500m Junior	Final
03:50pm	89	Boys 1500m Junior	Final
03:58pm	90	Girls 3000m Junior	Final
04:13pm	91	Girls 4x100m Relay Junior	Final
04:18pm	92	Boys 4x100m Relay Junior	Final
04:23pm	93	Girls 4x100m Relay Senior	Final
04:28pm	94	Boys 4x100m Relay Senior	Final
04:33pm	95	Girls 4x400m Relay Junior	Final
04:40pm	96	Boys 4x400m Relay Junior	Final
04:47pm	97	Girls 4x400m Relay Senior	Final
04:55pm	98	Boys 4x400m Relay Senior	Final
01:30pm	128	Boys Hammer Open	Final
01:30pm	129	Boys High Jump Junior	Final
01:30pm	130	Girls Javelin Senior	Final
01:30pm	131	Girls Triple Jump Junior	Final
01:30pm	132	Boys Long Jump Senior	Final

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OFFICIAL SCRATCHING FORM

Please fill in and fax to: 06 756-8317 by 5:00pm on Monday 2nd December 2002

School: _____ **4 Letter Code:** _____

Events - please list only one for each row
Grade - SB, SG, JB, JG

Surname	First Name	Events	Grade

Signed by Team Manager: _____

Name: _____ Home Phone _____

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MEDIA FORM

SCHOOL: _____

ATHLETE NAME: _____

AGE: _____

EVENTS: _____

ATHLETIC C.V.
(previous NZSS or ANZ
championship titles or
placings etc)

INTERESTING
FAMILY/SCHOOL
TIES
(Other family members
having represented NZ
or won NZ titles etc)

Please post to: Media Officer
243 Coronation Avenue
New Plymouth
Taranaki

Or Fax to: Media Officer
06 758-1569

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NZSSAA STANDARDS 2002

EVENTS	Senior Boys	Junior Boys	Senior Girls	Junior Girls
100m	11.4secs	11.9secs	13.0secs	13.2secs
200m	23.4secs	24.3secs	26.8secs	27.0secs
400m	53.0secs	55.5secs	62.0secs	63.0secs
800m	2m03secs	2m08secs	2m28secs	2m30secs
1500m	4m14secs	4m30secs	5m10secs	5m30secs
3000m	9m18secs	9m40secs	11m00secs	11m30secs
Hurdles	17.5secs - 110m 15.8secs - 100m	16.5secs - 100m 14.5secs - 80m	17.5secs - 100m	15.0secs - 80m
High Jump	1.70m	1.60m	1.45m	1.40m
Long Jump	5.90m	5.60m	4.90m	4.75m
Triple Jump	12.30m	11.50m	9.80m	9.50m
Shot Put	11.50m	11.80m	9.40m	9.85m
Discus	36.00m	35.00m	28.00m	26.00m
Javelin	43.00m	38.00m	26.00m	24.00m
OPEN EVENTS				
1500m steeplechase	-	-	6m25secs	-
2000m steeplechase	6m25secs	-	-	-
300m Hurdles	46.2secs	-	49.2secs	-
2000m Walk	-	-	Open	-
3000m Walk	17m25secs	-	-	-
Hammer	28.00m	-	22.00m	-
Pole Vault	Open	-	Open	-

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ORDER FORM
CHAMPIONSHIP T-SHIRTS
\$20.00

Pre-ordered t-shirts, with payment, are available for \$20.00. A Sample design will be included in the next newsletter. Our apologies for not having this available. The t-shirts will be Marle Grey.

A limited number of t-shirts will be on sale during the event for \$25.00.

Please have your order & payment in by Friday 8th November to:

Rose King
Inglewood High School
P.O. Box 215
Inglewood

Cheques to be made out to: NZSS Athletics 2002

School _____ Contact Person _____

Home Ph. _____

Sizes: Small Medium Large X-Large XX-Large

Number: _____ _____ _____ _____ _____

Total Ordered _____ at \$20.00 each = _____