



## New Balance 33<sup>rd</sup> New Zealand Secondary Schools Track & Field and 31<sup>st</sup> New Zealand Secondary Schools Road Race Championships 2005

### Newsletter Three

Welcome to the 33<sup>rd</sup> Track & Field and 31<sup>st</sup> Road Race Championships.

Venue: Ericsson Stadium, Auckland

Date: 10<sup>th</sup>-11<sup>th</sup> December 9.00am start both days.

7.30am 11<sup>th</sup> December Road Races at Dunkirk Rd and Riverside Ave, Panmure Auckland.

### Introduction

It is now countdown time for the NZ Secondary Schools Athletics Championships. Here is the final newsletter containing the following information.

### Timetable of Events

18 <sup>th</sup> November	Newsletter Three
25 <sup>th</sup> November	Entries Due
2 <sup>nd</sup> December	Final date for Late Entries (\$100)
7 <sup>th</sup> December	Individual Scratchings closing date
9 <sup>th</sup> December	4.00pm Managers Meeting and NZSSAA AGM
10-11 <sup>th</sup> December	Track & Field and Road Race Championships

### Information Contained in this newsletter

- Agenda for the weekend
- We will have on site a Physiotherapist and St Johns in attendance at the track and St Johns at the Road Race
- Shoe Science will be available to sell spikes if required. Spikes should be no longer than 6mm on track and 9mm Javelin and High Jump.
- Block programme of events will be on website of NZSSAA by Monday 7th December.
- **All athletes must be in school uniform**
- With the prospect of 22 hours of sunshine come prepared. Make sure that you "SLIP SLOP SLAP AND WRAP this weekend."
- Access will be from O'Rourke Rd, Mt Smart only. Please see the venue map for car parking.
- Road Race Map is also available on the website. [www.nzssaa.org.nz](http://www.nzssaa.org.nz)
- Buses to and from Ericsson Stadium for the Road Race.

### Agenda for the weekend

9 December 2.00pm through to 4.00pm school race packs available from the Blue North Lounge at the West end of the track above the tunnel.

4.00pm Managers' Meeting located in the East Stand Club Lounge to the right hand side Blue North Lounge where all Managers are expected to attend.

NZSSAA Annual General Meeting will follow the Managers' Meeting. All are welcome. Light refreshments will follow the meeting.

## **Buses to and from Ericsson Stadium for the Road Race**

We will provide buses to and from the Road Race venue if numbers require it. Can you please indicate when doing your entries as to whether or not you would use this service? If we do not get the numbers for this service we will not provide it and schools will be required to provide their own transport to the road race venue. Buses will arrive at the Road Race venue with a short walk of about 400-500m.