

**NZSS Track & Field Championships 2010**

**Event Schedule**

**Saturday, December 11, 2010**

**Track Events**

9:00 AM	6	300m Hurdles	Open Boys	Semi 1
9:04 AM	6	300m Hurdles	Open Boys	Semi 2
9:15 AM	7	300m Hurdles	Open Girls	Semi 1
9:19 AM	7	300m Hurdles	Open Girls	Semi 2
9:23 AM	7	300m Hurdles	Open Girls	Semi 3
9:30 AM	8	800m	Jnr Girls	Quarter 1
9:33 AM	8	800m	Jnr Girls	Quarter 2
9:36 AM	8	800m	Jnr Girls	Quarter 3
9:39 AM	8	800m	Jnr Girls	Quarter 4
9:45 AM	9	800m	Jnr Boys	Quarter 1
9:48 AM	9	800m	Jnr Boys	Quarter 2
9:51 AM	9	800m	Jnr Boys	Quarter 3
9:54 AM	9	800m	Jnr Boys	Quarter 4
9:57 AM	9	800m	Jnr Boys	Quarter 5
10:00 AM	9	800m	Jnr Boys	Quarter 6
10:03 AM	10	800m	Snr Boys	Quarter 1
10:06 AM	10	800m	Snr Boys	Quarter 2
10:09 AM	10	800m	Snr Boys	Quarter 3
10:12 AM	10	800m	Snr Boys	Quarter 4
10:15 AM	10	800m	Snr Boys	Quarter 5
10:18 AM	10	800m	Snr Boys	Quarter 6
10:21 AM	11	800m	Snr Girls	Quarter 1
10:24 AM	11	800m	Snr Girls	Quarter 2
10:27 AM	11	800m	Snr Girls	Quarter 3
10:35 AM	12	400m	Jnr Girls	Quarter 1
10:37 AM	12	400m	Jnr Girls	Quarter 2
10:39 AM	12	400m	Jnr Girls	Quarter 3
10:41 AM	12	400m	Jnr Girls	Quarter 4
10:43 AM	12	400m	Jnr Girls	Quarter 5
10:50 AM	13	400m	Jnr Boys	Quarter 1
10:52 AM	13	400m	Jnr Boys	Quarter 2
10:54 AM	13	400m	Jnr Boys	Quarter 3
10:56 AM	13	400m	Jnr Boys	Quarter 4
10:58 AM	13	400m	Jnr Boys	Quarter 5
11:00 AM	13	400m	Jnr Boys	Quarter 6
11:05 AM	17	200m	Jnr Girls	Prelim 1
11:07 AM	17	200m	Jnr Girls	Prelim 2
11:09 AM	17	200m	Jnr Girls	Prelim 3
11:11 AM	17	200m	Jnr Girls	Prelim 4
11:13 AM	17	200m	Jnr Girls	Prelim 5
11:15 AM	17	200m	Jnr Girls	Prelim 6
11:17 AM	17	200m	Jnr Girls	Prelim 7
11:22 AM	18	200m	Jnr Boys	Prelim 1
11:24 AM	18	200m	Jnr Boys	Prelim 2
11:26 AM	18	200m	Jnr Boys	Prelim 3
11:28 AM	18	200m	Jnr Boys	Prelim 4
11:30 AM	18	200m	Jnr Boys	Prelim 5
11:32 AM	18	200m	Jnr Boys	Prelim 6
11:34 AM	18	200m	Jnr Boys	Prelim 7
11:36 AM	18	200m	Jnr Boys	Prelim 8
11:45 AM	19	200m	Snr Boys	Prelim 1
11:47 AM	19	200m	Snr Boys	Prelim 2
11:49 AM	19	200m	Snr Boys	Prelim 3
11:51 AM	19	200m	Snr Boys	Prelim 4
11:53 AM	19	200m	Snr Boys	Prelim 5
11:55 AM	19	200m	Snr Boys	Prelim 6
11:57 AM	19	200m	Snr Boys	Prelim 7
12:00 PM	20	200m	Snr Girls	Quarter 1
12:03 PM	20	200m	Snr Girls	Quarter 2
12:06 PM	20	200m	Snr Girls	Quarter 3
12:09 PM	20	200m	Snr Girls	Quarter 4
12:12 PM	21	200m	AWD ID	Semi 1
12:15 PM	21	200m	AWD ID	Semi 2

**Welcome and Opening**

**Lunch Break**

1:00 PM	22	110m Hurdles	Snr Boys	Semi 1
1:03 PM	22	110m Hurdles	Snr Boys	Semi 2
1:10 PM	23	100m Hurdles	Jnr Boys	Semi 1
1:13 PM	23	100m Hurdles	Jnr Boys	Semi 2
1:16 PM	23	100m Hurdles	Jnr Boys	Semi 3
1:20 PM	24	100m Hurdles	Snr Girls	Semi 1
1:23 PM	24	100m Hurdles	Snr Girls	Semi 2
1:30 PM	29	80m Hurdles	Jnr Girls	Quarter 1
1:33 PM	29	80m Hurdles	Jnr Girls	Quarter 2
1:36 PM	29	80m Hurdles	Jnr Girls	Quarter 3
1:39 PM	29	80m Hurdles	Jnr Girls	Quarter 4
1:45 PM	30	400m	Snr Girls	Quarter 1
1:48 PM	30	400m	Snr Girls	Quarter 2
1:51 PM	30	400m	Snr Girls	Quarter 3
1:55 PM	31	400m	Snr Boys	Quarter 1
1:58 PM	31	400m	Snr Boys	Quarter 2
2:01 PM	31	400m	Snr Boys	Quarter 3
2:04 PM	31	400m	Snr Boys	Quarter 4
2:07 PM	31	400m	Snr Boys	Quarter 5
2:10 PM	31	400m	Snr Boys	Quarter 6
2:15 PM	32	100m	Jnr Girls	Prelim 1
2:17 PM	32	100m	Jnr Girls	Prelim 2
2:19 PM	32	100m	Jnr Girls	Prelim 3
2:21 PM	32	100m	Jnr Girls	Prelim 4
2:23 PM	32	100m	Jnr Girls	Prelim 5

**Field Events**

9:00 AM	1	Long Jump	Jnr Boys, AWD AMP	Final
9:00 AM	2	High Jump	Snr Girls	Final
9:00 AM	3	Shot Put	AWD ID, AWD WC	Final
9:00 AM	4	Discus	Snr Boys	Final
9:00 AM	5	Javelin	Jnr Girls	Final
11:00 AM	14	Triple Jump	Snr Boys	Final
11:00 AM	15	Discus	Jnr Girls	Final
11:00 AM	16	Hammer	Snr Girls	Final
<b>Lunch Break</b>				
1:30 PM	25	Pole Vault	Open Girls	Final
1:30 PM	26	Shot Put	Jnr Boys, AWD AMP	Final
1:30 PM	28	Hammer	Jnr Girls	Final
2:30 PM	33	Long Jump	Jnr Girls, AWD AMP F	Final
2:30 PM	34	High Jump	Snr Boys	Final
2:30 PM	35	Discus	Snr Girls, AWD ID F, AWD CP F, AWD AMP F	Final
2:30 PM	36	Javelin	Jnr Boys, AWD ID, AWD AMP	Final
3:30 PM	41	Pole Vault	Open Boys	Final
3:30 PM	42	Shot Put	Snr Boys	Final
4:00 PM	43	Triple Jump	Snr Girls	Final



Sunday, December 12, 2010									
<b>Road Races</b>					<b>Field Events</b>				
8:00 AM	51	3km Road Race	Year 9 Girls	Final	9:00 AM	54	High Jump	Jnr Girls	Final
8:20 AM	52	3km Road Race	Year 9 Boys	Final	9:00 AM	55	Triple Jump	Jnr Boys	Final
8:40 AM	53	4km Road Race	Jnr Girls	Final	9:00 AM	56	Shot Put	Snr Girls, AWD ID F, AWD CP F, AWD AMP F	Final
9:05 AM	59	4km Road Race	Jnr Boys	Final	9:00 AM	57	Discus	AWD ID, AWD WC	Final
9:30 AM	60	4km Road Race	Snr Girls	Final	9:00 AM	58	Hammer	Snr Boys	Final
9:55 AM	61	6km Road Race	Snr Boys	Final	11:00 AM	65	Long Jump	Snr Girls, AWD ID F	Final
10:30 AM	62	2km Road Race	AWD	Final	11:00 AM	66	Shot Put	Jnr Girls	Final
<b>Track Events</b>					<b>Lunch Break</b>				
9:00 AM	29	80m Hurdles	Jnr Girls	Semi 1	1:00 PM	70	Triple Jump	Jnr Girls	Final
9:03 AM	29	80m Hurdles	Jnr Girls	Semi 2	1:00 PM	71	Javelin	Snr Boys	Final
9:10 AM	38	100m	Snr Girls	Semi 1	2:30 PM	77	Long Jump	Snr Boys, AWD ID, AWD CP	Final
9:12 AM	38	100m	Snr Girls	Semi 2	2:30 PM	78	High Jump	Jnr Boys	Final
9:18 AM	39	100m	Snr Boys	Semi 1	2:30 PM	79	Discus	Jnr Boys	Final
9:20 AM	39	100m	Snr Boys	Semi 2	2:30 PM	80	Javelin	Snr Girls, AWD ID F, AWD CP F, AWD AMP F	Final
9:26 AM	37	100m	Jnr Boys	Semi 1					
9:28 AM	37	100m	Jnr Boys	Semi 2					
9:34 AM	32	100m	Jnr Girls	Semi 1					
9:36 AM	32	100m	Jnr Girls	Semi 2					
9:40 AM	30	400m	Snr Girls	Semi 1					
9:43 AM	30	400m	Snr Girls	Semi 2					
9:48 AM	31	400m	Snr Boys	Semi 1					
9:51 AM	31	400m	Snr Boys	Semi 2					
9:54 AM	31	400m	Snr Boys	Semi 3					
10:00 AM	12	400m	Jnr Girls	Semi 1					
10:03 AM	12	400m	Jnr Girls	Semi 2					
10:06 AM	12	400m	Jnr Girls	Semi 3					
10:09 AM	13	400m	Jnr Boys	Semi 1					
10:12 AM	13	400m	Jnr Boys	Semi 2					
10:15 AM	13	400m	Jnr Boys	Semi 3					
10:20 AM	17	200m	Jnr Girls	Semi 1					
10:22 AM	17	200m	Jnr Girls	Semi 2					
10:26 AM	18	200m	Jnr Boys	Semi 1					
10:28 AM	18	200m	Jnr Boys	Semi 2					
10:34 AM	63	3000m	Snr Girls	Final					
10:47 AM	64	3000m	Snr Boys	Final					
11:00 AM	19	200m	Snr Boys	Semi 1					
11:02 AM	19	200m	Snr Boys	Semi 2					
11:08 AM	68	3000m	Jnr Girls	Final					
11:25 AM	22	110m Hurdles	Snr Boys	Final					
11:30 AM	23	100m Hurdles	Jnr Boys	Final					
11:35 AM	24	100m Hurdles	Snr Girls	Final					
11:42 AM	29	80m Hurdles	Jnr Girls	Final					
11:48 AM	69	3000m	Jnr Boys	Final					
<b>Lunch Break</b>									
12:45 PM	11	800m	Snr Girls	Final					
12:50 PM	10	800m	Snr Boys	Final					
12:55 PM	8	800m	Jnr Girls	Final					
1:00 PM	9	800m	Jnr Boys	Final					
1:05 PM	38	100m	Snr Girls	Final					
1:08 PM	39	100m	Snr Boys	Final					
1:11 PM	32	100m	Jnr Girls	Final					
1:14 PM	72	100m	AWD ID F	Final					
1:17 PM	37	100m	Jnr Boys	Final					
1:20 PM	40	100m	AWD ID	Final					
1:23 PM	73	100m	AWD WC, AWD CP	Final					
1:30 PM	74	2000m Walk	Open Girls	Final					
1:50 PM	6	300m Hurdles	Open Boys	Final					
1:55 PM	7	300m Hurdles	Open Girls	Final					
2:05 PM	75	1500m	Snr Girls	Final					
2:11 PM	46	1500m	Snr Boys	Final					
2:16 PM	20	200m	Snr Girls	Final					
2:19 PM	19	200m	Snr Boys	Final					
2:22 PM	17	200m	Jnr Girls	Final					
2:24 PM	76	200m	AWD ID F	Final					
2:28 PM	18	200m	Jnr Boys	Final					
2:30 PM	21	200m	AWD ID	Final					
2:32 PM	81	200m	AWD WC, AWD CP	Final					
2:38 PM	12	400m	Jnr Girls	Final					
2:42 PM	13	400m	Jnr Boys	Final					
2:46 PM	82	3000m Walk	Open Boys	Final					
3:05 PM	30	400m	Snr Girls	Final					
3:08 PM	83	400m	AWD ID F	Final					
3:11 PM	31	400m	Snr Boys	Final					
3:14 PM	84	400m	AWD ID	Final					
3:17 PM	85	400m	AWD WC, AWD CP	Final					
3:25 PM	86	2000m Steeplechase	Open Girls	Final					
3:35 PM	87	2000m Steeplechase	Open Boys	Final					
3:44 PM	44	1500m	Jnr Girls	Final					
3:50 PM	45	1500m	Jnr Boys	Final					
4:00 PM	47	4x100m Relay	Jnr Girls	Final					
4:05 PM	48	4x100m Relay	Jnr Boys	Final					
4:10 PM	49	4x100m Relay	Snr Girls	Final					
4:15 PM	50	4x100m Relay	Snr Boys	Final					
4:30 PM	88	4x400m Relay	Jnr Girls	Final					
4:40 PM	89	4x400m Relay	Jnr Boys	Final 1					
4:45 PM	89	4x400m Relay	Jnr Boys	Final 2					
4:50 PM	90	4x400m Relay	Snr Girls	Final 1					
4:55 PM	90	4x400m Relay	Snr Girls	Final 2					
5:05 PM	91	4x400m Relay	Snr Boys	Final 1					
5:10 PM	91	4x400m Relay	Snr Boys	Final 2					
<b>Closing comments, Athletes of the Meet Awards and announcement of NZSSAA Paper Team</b>									