



New Zealand Secondary Schools
Athletics Association



New Zealand Secondary Schools Track, Field and Road Race Championships
Auckland - 2, 3, 4 December 2016

Newsletter 4

Timeline

29 November	Individual events scratchings close
2/3 December	Manager's packs available at Trust Stadium
2 December	Managers meeting/NZSSAA AGM (1.00pm upstairs lounge Trust Stadium Waitakere)
2/3/4 December	Track and Field Championships at Trust Stadium, Waitakere
4 December	Road Race Championships, Moire Park, Massey, 8 am

Examinations and event clashes

A small number of athletes indicated they had clashes on Friday afternoon between examinations and their likely events. In the end only 1 athlete has been left with a clash. This is in the senior girls 800m where the athlete will not be able to contest the heats. There are no semi finals required so she will be added directly to the final on Sunday. No qualifiers will miss out but there will have to be a doubling up in 1-2 lanes for the first bend.

Scratchings

Scratchings for single events must be done on the NZSSAA website by midnight **Tuesday 29 November**. After that date, any scratchings received will be considered as scratchings from all events.

NB: The Road Race and the Track & Field Championships are separate championships, so scratching from one after Tuesday does not stop an athlete taking part in the other. Scratchings are not required for the road race unless the team manager plans to substitute a replacement runner. This can be done right up to the time of the race using the scratchings/replacements form provided to managers in their school packs.

Para-Athletes – reminder re Compulsory Classification

Athletes will be contacted individually about the time and place of their classification assessments

Programme of Events

The timed programme for the weekend is available on the website. **3000m Finals for Junior Girls, Junior Boys and Senior Girls will be held on Friday.**

NZSS THROWS CHALLENGES at Waitakere Stadium top field

* Saturday 12 - 2pm

* Sunday 12 - 2pm

LONG THROW CHALLENGE - Cricket Ball Throw for distance

3 attempts with as much run up as you like [like javelin]

HEAVY THROW CHALLENGE - Medicine Ball Throw for distance

3 attempts with 3kg for girls, 5kg for guys from within circle [like shot put]

Individual or School Teams of 3 (must include at least 1 male and 1 female)

PRIZES PRIZES PRIZES ... See you there!

Live Streaming/Live Results

Live Streaming for some events will be available at <https://livestream.com/NZSportTV/events/6649770>

Live results will be available on the Athletics NZ website <http://www.athletics.org.nz/>

Spikes

In track events, long jump and triple jump, spikes must be no longer than 7mm. High jump and javelin areas spikes may be up to 9mm long. **‘Pyramid’ or ‘Christmas Tree’ spikes (also called *compression tiered spikes*) to be used. ‘Needle’ or ‘Pin’ spikes are strictly not allowed.**

Competition Arena available for inspection and school tent sites

Please note changes in bold

The whole facility will be open to athletes Thursday afternoon **3.30pm to 5.30pm**, and Friday morning 9am to 1.00pm. Care must be taken at all times. No implements are to be thrown on the inner field during these times. **No tents are to be erected until Friday at 9.00 am. The placement of tents on Friday will be managed. Please seek permission prior to putting up tents.**

School Packs will be able to be collected from the Technical Information Centre, located in the lower level of the ‘Doll’s House’ adjacent to the outer shot circle, on Thursday afternoon and throughout the meeting. Uncollected packs will also be available at the road race course on Sunday morning.

Stadium Parking

Buses: The lower car park has been reserved for buses (see stadium plan)

Cars: There are a reasonable number of car parks in the park above the track around the Trust building but like all athletic parks this is limited. (see the stadium plan)

Traffic volumes in peak times and even the weekend are terrible so please allow plenty of time.

Road Race

The Road Race will be held around Moire Park, Massey. Course maps and a map showing how to get there are on the website. There is limited parking and most will have to park in the surrounding streets.

Please allow for a few minutes walking time to the course.

Medal Presentations at the Road Race Course

It is our intention to present the Individual medals immediately after each race and Team medals 30mins after the results of each race are posted on the results board. However it is likely that the Senior Girls and Senior Boys Teams medals will be presented at Waitakere Stadium during the lunch hour.

Championships Tee Shirts

Souvenir t-shirts @\$30 per shirt will be available for purchase at TIC. Orders through the online entry system have now closed as of November 30. Ordered T shirts can be picked up with the managers packs.

Maps of All Weather Track Facility Trust Stadium.

Maps of the track facility at Trust Stadium Waitakere are available on the website. There will be two gate entrances for athletes and spectators to enter the track facility shown on the map.

To all involved we wish you an enjoyable weekend.

Regards

Peter Booker

Chair LOC