

**New Zealand Secondary Schools Track, Field and Road Race Championships**  
**Auckland - 2, 3, 4 December 2016**

**Newsletter 3**

Welcome to our third newsletter. December is fast approaching and before we know it competition weekend will be here. This newsletter has a lot of updated information as well as some new, so please read carefully.

The timeline has been updated and online entries are now open and close on Monday, November 21. Entries received are available on the website after affiliation and entry fees have been paid for.

**Timeline**

10 October	Online entries opened
Ongoing	School entries posted on NZSSAA website as received and paid for
21 November	Final date for entries
29 November	Individual events scratchings close
2/3 December	Manager's packs available at Trust Stadium
2 December	Managers meeting/NZSSAA AGM (1.00pm upstairs lounge Trust Stadium Waitakere)
2/3/4 December	Track and Field Championships at Trust Stadium, Waitakere
4 December	Road Race Championships, Moire Park, Massey, 8 am

**Examinations update**

**If athletes are able to sit their examination in a centre in Auckland they should follow the process below**  
The examinations on Friday are Level 1 Drama(am), Art History(pm), Level 2 Education for Sustainability(am), Drama(pm) and Level 3 Drama(am), Social Studies(pm). We have been in contact with NZQA to discuss how this situation can be managed. Candidates for these exams may be able to sit them in another examination centre in Auckland. The first step in the process is for the student to let their school's Principal's Nominee know about the examination/s affected. The Principal's Nominee can then discuss the issue with NZQA. **This should have been done by now.** The school and NZQA will assess what might be done to enable the students to sit their examinations as scheduled.

**Athletes with a direct clash between their events and a Friday afternoon exam**

Team Managers of athletes who have a direct clash of exam and event on Friday afternoon are asked to email John Tylden [oe@nzssaa.org.nz](mailto:oe@nzssaa.org.nz) with the details so that the organising committee can consider any actions they might take to help resolve the situation egg missing the first round of competition and beginning their competition in the next available round. Any athlete in this situation must try to provide evidence of a recent performance as it may involve replacing a round 1 qualifier, particularly in laned events. This information needs to be made public before the event begins. At this stage only two definite applications have been made.

**Entries**

See Newsletter 2 for instructions on how to enter.

## Scratchings

Scratchings for single events must be done on the NZSSAA website by midnight **Tuesday 29 November**. After that date, any scratchings received will be considered as scratchings from all events.

**NB:** The Road Race and the Track & Field Championships are separate championships, so scratching from one after Tuesday does not stop an athlete taking part in the other. Scratchings are not required for the road race unless the team manager plans to substitute a replacement runner. This can be done right up to the time of the race using the scratchings/replacements form provided to managers in their school packs.

## Para-Athletes – reminder re Compulsory Classification

Please see all the information available on the website about classification. Para athletes needing to be classified must apply, using the correct forms, by **November 10** if possible and at the latest by November 21.

## Programme of Events

The guideline programme for the weekend is available on the website. **Please note that should 3000m heats not be required the finals will be run at heat time.** Heats will be run if there are more than 26 Juniors or 22 Seniors. All other finals will be held at final time. As soon as possible after entries have closed a timed programme will be posted on the website.

## Throwing Implements

Personal implements may be used by competitors for throwing events provided they are checked and approved by the Technical Equipment Manager prior to competition. Personal implements then become part of the pool available to all competitors in that competition.

- Implements required for Friday afternoon field events - to the equipment shed at the eastern end of the stadium by 1.00pm Friday.
- Implements required for all Saturday field events – to the equipment shed at the eastern end of the stadium by 5.00pm Friday.
- Implements required for all Sunday field events - to the equipment shed at the eastern end of the stadium by 5.00pm Saturday.

## Starting blocks

These will be provided for track athletes in the sprint races. If any athlete is inexperienced in using starting blocks please advise the officials who will provide assistance.

## Spikes

In track events, long jump and triple jump, spikes must be no longer than 6mm. High jump and javelin areas spikes may be up to 9mm long.

## Competition Arena available for inspection

We once again advise that with competition starting on Friday afternoon, the whole facility will be open to athletes Thursday afternoon 2pm to 5pm, and Friday morning 9am to 1.00pm. Please be aware that during these times there will be people setting up tents and gear, and care must be taken at all times. No implements are to be thrown on the inner field during these times.

## Warm up area

The warm up area will be the upper grounds north of the main building - a team manager or an appropriate person must supervise their athlete at all times while warming up. Be aware that the Hammer Competition will be held on the upper field and athletes warming up must stay well clear of the throwing sectors. There will be no sound system on the warm up area. It is up to the Team Manager to ensure their athlete signs in at the call tent situated opposite the 300m start, at the appropriate time for competition.

**School Packs** will be able to be collected from the Technical Information Centre, located in the lower level of the 'Doll's House' adjacent to the outer shot circle, on Thursday afternoon and throughout the meeting. Uncollected packs will also be available at the road race course on Sunday morning.

### **Stadium Parking**

Buses - drop of area only outside Trust main building upper level.

Cars - there is a reasonable number of cars parks in the park above the track around the Trust building but like all athletic parks this is limited.

Traffic volumes in peak times and even the weekend are terrible so please allow plenty of time.

### **School Tent Sites**

A limited number of sites are available on the bank overlooking the back straight of the track on first come basis. Other sites are available around the edge of the warm up area. Please ensure tents do not impede service vehicle access. If possible, we request that the tents be erected Thursday or Friday morning ahead of competition on Friday afternoon.

### **Road Race**

The Road Race will be held around Moire Park, Massey. The first race will commence at 8am on Sunday December 4. Maps of the course will be available on the website shortly.

Refer Road Race details showing limited parking on side streets and spectator viewing. Please allow for a few minutes walking time to the course.

**Para Athletes running the road race.** Please note that, because of the 1500 metre laps you will now race over **3kms** with the Year 9 Girls and Boys. Please note the earlier start times of 8.00 am for the girls and 8.20 am for the boys.

### **Pre Race Procedures**

All runners should report to the start at least 10 minutes prior to their race. All runners must have their allocated number on the front of their singlet/shirt and their allocated transponder on their shoe or around their ankle.

### **Post Race Procedures**

Runners will proceed through the finish chute to the mixed zone area to meet team managers and remove their transponders and place them in the containers located there.

### **Teams Races**

The first three runners from each school in each age group will be eligible for the 3-person team competition and the first six will be eligible for the 6-person team competition. If teams finish on equal points, final placings will be determined by the position of each team's third runner (for 3-person teams) or sixth runner (for 6-person teams).

### **Medal Presentations at the Road Race Course**

It is our intention to present the Individual medals immediately after each race and Team medals 30mins after the results of each race are posted on the results board. However it is likely that the Senior Girls and Senior Boys Teams medals will be presented at Waitakere Stadium during the lunch hour.

### **Photographers**

Nesport Photography and Temposhot Photography will be the official photographers at the Championship. Flyers will be in the School Packs providing information.

Photographs will be available on their websites after the championships from [www.nesport.co.nz](http://www.nesport.co.nz) or [temposhot.nz](http://temposhot.nz) . People can find Temposhot on [facebook.com/temposhot](https://facebook.com/temposhot) as well as [instagram.com/temposhot](https://instagram.com/temposhot)

### Championships Tee Shirts

Souvenir t-shirts are \$30 per shirt and can be ordered and purchased by managers through the online entry system in the merchandise section. Information and pictures of the shirts are on the NZSSAA website.

### Map of All Weather Track Facility Trust Stadium to follow.

A map of the track facility at Trust Stadium Waitakere will be available on the website in the next couple of weeks. There will be one gate entrance only for athletes and spectators to enter the track facility, this will be marked on the map.

To all involved we wish you an enjoyable weekend. We are working hard to achieve this and the new surfaced track is on target for completion.

Regards

Peter Booker  
Chair LOC

The following information is on the NZSSAA web site:

<p><a href="#">Online Entries</a> <a href="#">Entries received</a> <a href="#">Programme</a> <a href="#">Newsletter One</a> <a href="#">Newsletter Two</a> <a href="#">Technical Information and Standards</a></p> <p><b>Risk Assessment and Management Strategies</b></p> <p><a href="#">Safety Action Plan</a> <a href="#">Health and Safety Plan Road Race</a> <a href="#">Health and Safety Plan Track and Field</a></p>	<p><b>Para Athlete Information</b></p> <ul style="list-style-type: none"><li>• <a href="#">Para Athlete Information</a></li></ul> <p><b>T-Shirts</b></p> <p>T-shirts are for sale in both male (small to XXL) and female (8-16) sizes. The t-shirts are white, made of light weight dri-tech fabric - 100% Polyester - machine washable. Orders can be made in the Online Entries system under Merchandise.</p> <p><a href="#">T-shirt design and sizing guide</a></p>
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