



KENNEDY PARK RESORT NEW ZEALAND SECONDARY SCHOOLS TRACK, FIELD & ROAD CHAMPIONSHIPS

HAWKE'S BAY REGIONAL SPORTS PARK - DECEMBER 1-3

NEWSLETTER 3

NOVEMBER 1, 2017

Welcome to the third newsletter for the 2017 Kennedy Park Resort New Zealand Secondary Schools Track, Field and Road Championships.

Once again, a huge thanks to the Napier City Council, Hastings District Council, our naming sponsor Kennedy Park Resort Napier and Furnware who have all contributed to developing a fantastic event.

Below is everything you need to know at this stage for the event:

TIMELINE

9 October	Online entries open
Ongoing	School entries posted on NZSSAA website as received and paid for
1 November	Newsletter 3 available on NZSSAA website
19 November	Final date for entries
28 November	Individual scratchings close
1 December	Manager's packs available at Hawke's Bay Regional Sports Park
1 December	NZSSAA AGM at the stadium (12:00 pm start)
1/2/3 December	Track and Field Championships at the Hawke's Bay Regional Sports Park
3 December	Road Race Championships at Eastern Institute of Technology (EIT), Taradale

EXAMINATIONS

Please refer to Newsletter 2.

AGE GROUPS

Please refer to Newsletter 1.



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ENTRIES

All entries must be made online on the NZSSAA website on or before November 19th. How to complete entries can be found in a separate document on the website.

AFFILIATION

The Association collects school affiliation fees with entries. Schools that did not have competitors at the Cross Country Championships in Christchurch will have the \$55.00 affiliation fee added to their entries invoice.

ENTRY FEES

The entry fees payable per athlete for track and field and/or road race are as follows:

- \$22.00 One or two events (including the road race)
- \$30.00 Three or more events
- \$10.00 Relay competitors only

MANAGERS MEETING

We have decided to put in place a help desk at the track in place of a managers meeting. If managers have any questions regarding anything at all, they can visit the help desk at the track prior to the start of competition. The NZSSAA AGM will be held at the Stadium beginning at 12.00pm on Friday December 1.

PROGRAMME OF EVENTS

A guideline programme is on the NZSSAA website. The timed programme will have the following adjustments.

Friday: If qualifying pools are required in the Junior Girls and Junior Boys long jump then Pool 1 for both Girls and Boys will begin at 1.00pm and Pool 2 for both will begin at 3.00pm. The advantage of this change is that we can use both pits and the conditions will therefore be similar for both pools. This is a change for the Junior Boys who were originally to begin at 3.00pm and for the Junior Girls who were to be finished by 3.00pm. If anyone is affected by this change eg Junior Boys not arriving to Hastings in time, managers may request that their athlete be placed in the pool 2. If qualifying pools are not required then the original start times stand.

Sunday: It has been agreed that the Senior Girls and Senior Boys 400m finals will be run a little earlier so that there is more recovery time prior to the relays. The plan is to split the steeplechase finals with the Senior Boys followed by the Junior Boys Steeplechase beginning at approximately 2.45pm, then the Senior Girls and Senior Boys 400m followed by the Junior Girls and Senior Girls Steeplechase.

Please email oe@nzssaa.org.nz with any concerns over these changes.

IAAF RULE CHANGES

Please note the following rule changes that will be used at our championships.

4 x 100m Relays: The change zone will now be 30m long, starting from what used to be the start of the acceleration zone. Athletes receiving the baton are not permitted to begin running outside the change zone- they must start inside the zone from a stationary position. There is no penalty for changing the



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baton between the old acceleration zone and the original zone entry mark if those lines are still in place. Field events except Pole Vault: Athletes now have 30 seconds instead of 1 minute to make their attempt from the time they are called. A yellow flag will be raised to indicate there are 15 seconds left. Pole Vaulters continue to have a minute to make their attempt. The time allowed when there are 3 or less left in the high jump or pole vault competitions remains the same as previously. Athletes should seek clarification from Event Chief if they are in this position.

Throws from the circle: Athletes using a rotational throw are permitted to touch the top of the rim or the ground beyond the rear half of the circle without penalty providing no propulsion is gained from the action.

Block Starts Clarification: An athlete will not be deemed to have committed a false start if they move prior to the gun, providing their hands or feet have not left the blocks. (However, if the movement is deemed to be done to unsettle other competitors an athlete can be shown a yellow card for improper conduct). The starter will consider this an 'unsteady start' and use the command 'stand up' or the recall gun, if the gun has been fired, to abort the start and reset the field for a new start.

The updated Rule Book can be found on the Athletics NZ website by going to the 'Get Involved' section and selecting 'as an official' and scrolling down and selecting the competition rules book.

ROAD RACE

Medal Presentations

Individual medals for the first four races (Year 9 Girls & Boys, Junior Girls & Boys) will be presented immediately after each race. The Team medals will be approximately 30 mins after the results of each race are posted on the results board. Senior race medals (individual and team) will be presented at the track at midday.

Pre Race Procedures

All runners should report to the start at least 10 minutes prior to their race. All runners must have their allocated number on the front of their singlet/shirt and their allocated transponder on their shoe or around their ankle. **Para Athletes** - Managers of para runners please report to the information caravan on arrival to confirm which distance their runners will run.

Post Race Procedures

Runners will proceed through the finish chute to the mixed zone area to meet team managers and remove their transponders and place them in the containers located there.

Team Races

The first three runners from each school in each age group will be eligible for the 3 person team competition and the first six will be eligible for the 6 person team competition. If teams finish on equal points, final placings will be determined by the position of each team's third runner (for 3 person teams) or sixth runner (for 6 person teams).

Please refer to newsletter 2 for all other information.

The Local Organizing Committee acknowledges the support of both the Eastern Institute of Technology and Pettigrew Green Arena in making their facilities available.

TRACK

All track events will be held at the Hawke's Bay Regional Sports Park at the William Nelson Athletics Precinct.

CALL ROOM TIMES

All athletes in both track and field events must report to the Call Room tent at the following times preceding their advertised start time:

Track (excluding hurdles but including relays)	25 minutes
Hurdles (warm ups may be allowed on track)	45 minutes
Field events (excluding pole vault)	50 minutes
Pole vault	75 minutes

SCRATCHINGS

Scratchings for single events must be done on the NZSSAA website by midnight Tuesday 29 November. After that date, any scratchings received will be considered as scratchings from all events.

NB: The Road Race and the Track & Field Championships are separate championships, so scratching from one after Tuesday does not stop an athlete taking part in the other. Scratchings are not required for the road race unless the team manager plans to substitute a replacement runner. This can be done right up to the time of the race using the scratchings/replacements form provided to managers in their school packs.

THROWING IMPLEMENTS

Personal implements may be used by competitors for throwing events provided they are checked and approved by the Technical Equipment Manager prior to competition. Personal implements then become part of the pool available to all competitors in that competition.

- This will need to be done by 12.00pm on the Friday for Friday's events, 5pm Friday for Saturday's events and 5pm Saturday for Sunday's events.
- Check in for this will be in the equipment room at the northern end of the grandstand.

TIC

TIC will be located under the grandstand (southern end, track side) by the control room.

STARTING BLOCKS

These will be provided for track athletes in the sprint races. If any athlete is inexperienced in using starting blocks please advise the officials who will provide assistance.

SPIKES

In track events, long jump and triple jump, spikes must be no longer than 6mm. High jump and javelin areas spikes may be up to 9mm long.

COMPETITION ARENA AVAILABLE FOR INSPECTION

We once again advise that with competition starting on Friday afternoon, the whole facility will be open to athletes Thursday afternoon 2pm to 5pm, and Friday morning 9am to 1.00pm. Please be aware that during these times there will be people setting up tents and gear, and care must be taken at all times. No implements are to be thrown on the inner field during these times.

WARM UP AREA

For track events, the Warm Up area is the grass area to the left as you come into the sports park. For shot put and discus competitors, there will be a warm up area near the 100m start/hockey turf. Throws **MUST** be supervised by a coach or teacher. There will be a sound system near the grass area but athletes will have to listen on the loud speaker from the throws. A team manager or an appropriate person must supervise their athlete at all times while warming up. It is up to the Team Manager to ensure their athlete signs in at the call tent situated opposite the bend near the 200m start, at the appropriate time for competition.



SCHOOL PACKS

These will be able to be collected from the Hawke's Bay Gisborne Tent at the Sports Park - this also doubles as the medal presentation presentation tent. Uncollected packs will also be available at the road race course on Sunday morning.

STADIUM PARKING

Buses - parking for buses will be in the overflow area next to the cycle skills course (please see map attached).

Cars - there is a reasonable number of car parks at the Hawke's Bay Regional Sports park but like all athletic parks this is limited.

EQUIPMENT AND ACCOMMODATION

Please refer to Newsletter 1.

TENT SITES

Tent Sites will be located along the top curve of the track. Spots are limited and will be allocated on a first come first served basis; however, there is an excellent stand situated along the home straight with seating for 2,500 people.

PHOTOGRAPHER

Gary Nesbit from Nesport (www.nesport.co.nz) and Alisha Lovrich (www.Temposhot.nz) will be the official photographers at the event. Photographs will be available on both websites after the championships.

CHAMPIONSHIPS TEE SHIRTS

Souvenir Tee Shirts are now available for purchase for \$25 each when registering athletes for the event. You can find sizing measurements when purchasing the T-shirts. Below is a mock-up of what the t-shirts will look like for the event. T-shirts will only be available to purchase at the event depending on stock.



MAP OF THE HAWKE'S BAY REGIONAL SPORTS PARK

A map of the Hawke's Bay Regional Sports Park will be uploaded to the website within the next week. You can also find a copy attached to this newsletter.



MEDAL ENGRAVERS

There will be a medal engraver onsite at the Hawke's Bay Regional Sports Park. The cost will be \$5 per medal for those wanting medal engraving services.

The Local Organising Committee is working hard to ensure that the weather stays true to Hawke's Bay and that the event will be an enjoyable one for all.

Regards
Sharee Jones
Hastings Athletic Club Chair.

The following information is on the [NZSSAA website](#):

[Online Entries](#)

[Online Entries Information](#)

[Guideline Programme](#)

[Newsletter One](#)

[Newsletter Two](#)

[Technical Information and Standards](#)

[Road Race Map](#)

Para-Athlete Information

Health and Safety Information



2017 NZSS ROAD RACE MAP

- 3K RACE: 2 LAPS, TURNING AT '3K TURN' ———
- 4K RACE: 1 LAP, TURNING AT '4K SHORT' ———
THEN 2 LAPS, TURNING AT '4K LONG' ———
- 6K RACE: 1 LAP, TURNING AT '6K TURN' AND ———
ADD EXTRA '6K LAP 1' ———
THEN 3 LAPS, TURNING AT '6K TURN' ———

**ALL RUNNERS VEER RIGHT INTO FINISHING
STRAIGHT AFTER LAST LAP**



Cartography
Fieldwork

Ross Morrison
Duncan Morrison
Sprint-the-Bay, January 2014

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Hawke's Bay Regional Sports Park Map