

Road Race Rules and Instructions

- This event is run under the race rules of IAAF, Athletics NZ and NZSSAA
- This is a sporting event where all competitors, team managers, spectators and officials are to practice good sportsmanship and Fairplay
- All participating schools must appoint an adult as a team manager, irrespective of the number of athletes competing
- Competitors are to wear the athletics uniform of their school (no club uniforms)
- Competitors must wear the official numbers issued for this championship, on the front and back of their singlet or shirt. These numbers are not to be altered in any way. The numbers must be visible to officials at all times during the race, especially at the finish
- Competitors must follow the instructions of officials prior to, during and after the race
- A competitor may not deliberately impede or obstruct the forward motion of others
- The responsibility of keeping on the course rests with the competitor
- Within 30 minutes of results being posted a competitor, via the team manager, may protest verbally to the Race Referee about the conduct of another competitor or race official, disqualification or an error in the posted results. Should the appeal to the Race Referee not be successful the Team Manager may appeal in writing to the Referee who will pass it on to the Jury of Appeal. Appeals must be accompanied by a bond of \$50 which may be forfeited at the discretion of the Jury if the protest is regarded as lacking worthiness or there is a lack of evidence or witnesses to back the protest

Teams Criteria

- Schools with three to five finishers in any event will automatically be entered in that events three-person teams competition
- Schools with six or more finishers in any event will automatically, be entered in that events three and six person teams competition

Replacement Runners/Grade Changes

In order to maintain the ability of a team to achieve a team score runners already entered by the close of entries who are then scratched may be replaced either by eligible runners already entered in another race or by new non entered runners. A form will be provided to managers to record these replacements/grade changes which must then be handed to Race Control.

Where replacement runners have already been entered in another grade they run with their own allocated number and timing chip. If the replacement runner has not been previously entered they run using the number and timing chip of the runner they are replacing. There is no extra entry fee required for a replacement runner.

The form can also be used for runners who have been entered in a grade incorrectly and who wish to compete in another grade.

This process can occur right up to the start of the race if absolutely necessary but early notification (no less than 30 minutes prior to the race if possible) of the changes makes the production of correct results easier.

Start Line Procedure

Depending on the numbers taking part and the width of the starting area teams will be lined up with 1 or possibly 2 runners from each school on the start line. Runners should space themselves at least 1 metre behind the runner in front of them. This is to try to avoid runners tripping and ending their race prematurely. The school's best runner should be at the start line, with other runners from the school, lined up behind them. Schools with larger teams can spread their extra runners out behind other teams once those teams have taken their positions. Please follow the instructions of the marshals.

Finish Area Procedure

Competitors should ensure they step on the finish line electronic mats. Do not jump the mat as there is a risk the competitors placing/time will not be recorded. Keep moving into the competitors and officials only finishing area. Do not stop on or near to the line as this impedes other runners reaching the finish mats. Before leaving the finish area, place the timing transponder in the bins provided.

Competitors are not to leave the finish area without handing in their electronic timing tags. Bins are provided for them to be dropped into at the finish area exit.