

Results at a glance:

Senior Boys

100m: Joe Dolphin (Rangitoto C) 10.58 +3.0, Kadin Taylor (Avondale C) 10.59, AJ Madondo (Christ's C) 10.87.

200m: Rylan Noome (Napier BHS) 21.28 +2.8, Dolphin 21.38, Blake Dalton (Taieri C) 22.15.

400m: James Ford (Kings C) 47.99, Kahurangi Cotterill (King C) 49.14, Jordan Veitch (Chch BHS) 50.23.

800m: James Ford (Kings C) 2:02.04, Thomas Cowan (Westlake BHS) 2:02.97, Luca Evett (Te Aho O Te Kura Pounamu) 2:03.30.

1500m: Daniel Prescott (St Thomas of Cant) 3:54.64 PB, Jamie Mora (AGS) 3:55.65, Etienne Calonne (Westlake BHS) 3:56.15.

3000m: Jamie Mora (AGS) 8:33.75, George Wyllie (Tauranga BHS) 8:34.13, Elliott Pugh (Bethlehem C) 8:34.16.

3000m race walk: Jonah Cropp (St Andrew's C) 12:53.06, Toby O'Rorke (Francis Douglas MC) 14:04.72, Richie Trathan (Macleans C) 14:29.85 PB.

110m hurdles .914: Joseph Dunn (Kings C) 14.03 +2.3, Noah Retford (Botany Downs) 14.38 in heats 14.63 +1.0 PB, James Hansen (Marlborough BC) 14.43.

300m hurdles .838: James Hansen (Marlborough BC) 38.12, Charles Howlett (AGS) 39.39 PB, Noah Retford (Botany Downs) 39.74, in heats 39.35 PB.

2000m steeplechase .838: Louie Endres (Hillcrest HS) 6:11.39, Roman Matson (Westlake BHS) 6:19.46, Max Poland (St Pat's Silver) 6:20.16 PB.

Shot put 5kg: Blessing Sefo (Kelston BHS) 17.90m, James Moore (Chch BHS) 17.23m, Reid Davidson (Rangitoto C) 16.10m.

Discus throw 1.5kg: Finn McLeod (Chch BHS) 51.46m, James Moore (Chch BHS) 48.15m, Blessing Sefo (Kelston BHS) 47.82m.

Hammer throw 5kg: Alex Hewitt (St Pat's Silver) 59.17m, Levi Pupuali'i (Manurewa HS) 59.11m, Heath Abbot (Wellington C) 55.90m PB.

Javelin throw 700g: Blaine Knapman (St Pat's Silver) 56.39m, Keagan Sharkey (St Pat's Silver) 52.83m PB, Jonathan Thomson (AGS) 51.63m PB.

Long jump: Ollie Davis (Central Sthld C) 7.07m +0.3 PB, Ben Walker (Waimea C) 6.61m - 0.3, Brayden Neilson (N/P BHS) 6.59m +0.1 PB.

Triple jump: AJ Madondo (Christ's C) 14.17m +3.3, Ryan Mallon (St Pat's Kilbirni) 13.16m +4.9, Zhan Bowden (Rangitoto C) 12.86m +5.8, also 12.47m +2.0.

High jump: Samasoni Hewitt (St Pat's Silver) 2.02m PB, Hugo Jones (Scots C) 1.99m, Ben Walker (Waimea C) 1.96m.

Pole vault: Tai Rhodes (Westlake BHS) 4.15m PB, Finlay Neale (St Bede's C) 3.65m, James Hansen (Marlborough BC) 3.35m.

4 x 100m relay: Christchurch BHS (Jordan Veitch, Harry Williamson, Sacha Tahī, Hunter Scott) 43.47, Wellington C (Kirin Simonsen, Ben Sneddon, Rauri Meo, Leo Yousuf) 43.55, Auckland Grammar School (James Dew, Jonathan Thomson, Charles Howlett, Samuel Paris) 44.30.

4 x 400m relay: Kings College (Joseph Dunn, Jack Erikson, Kahurangi Cotterill, James Ford) 3:23.53, Westlake BHS (Conall McLean, Etienne Calonne, Cameron Maunder, Thomas Cowan) 3:24.60, Christchurch BHS (Hunter Scott, Zavier Toaolamai-Holden, Sacha Tahī, Zack Walton) 3:26.37.

Mixed 4 x 400m relay: Mt Aspiring College (Cody Armstrong Amaya East, Matthew Botting, Millie East) 3:47.19, Whanganui Collegiate (James Hercus, Pascale Bowie, Louise Brabyn, Daniel Sinclair) 3:53.70, Kings College (Sophie Sones, Zara Ford, Quinn Moss, Jonty Batchelor) 3:54.70.

6km Road Race: Caleb Wagener (AGS) 18:28.90, Cameron Maunder (Westlake BHS) 18:30.60, Azrael Cabusao (Tauranga BC) 18:33.70.

Senior girls

100m: Marielle Venida (Sancta Maria C) 11.71 +3.1, Jorja Gibbons (Queen's HS) 12.08, Charlotte Goldsmith (St Cuth's) 12.15.

200m: Mia De jager (Rototuna HS) 24.19 +2.9, Niamh Gedye (Paraparaumu C) 25.30, Micayla Whiti (Nayland C) 25.42.

400m: Amelie Fairclough (Western Springs C) 56.71, Sophie Hancock (Rototuna HS) 57.82, Kate Borton (St Cuth's) 58.13.

800m: Boh Ritchie (St Peter's S) 2:14.11, Sofia Lumbreras (Havelock Nth HS) 2:16.16, Samantha Lascelles (St Margaret's C) 2:17.74.

1500m: Ritchie 4:30.59, Poppy Martin (John Paul C) 4:35.61 PB, Sascha Letica (Takapuna GS) 4:36.87 PB.

3000m: Catherine Lund (Otago GHS) 9:53.10, Poppy Martin (John Paul) 9:54.15 PB, Siena Mackley (Wakatipu HS) 9:59.56 PB.

3000m race walk: Alana Mathews (Rosehill C) 18:05.96, Molly O'Reilly (Villa Maria C) 18:43.07, Stacey Hooper (Rolleston C) 19:30.56.

100m hurdles .762: Holly Gray (Avonside GHS) 14.72 +2.9, Zarah Rattray (Hamilton GHS) 14.98 in heats 15.12 +1.3 PB, Jody McCarthy-Dempsey (Darfield HS) 15.01.

300m hurdles .762: Sophie Hancock (Rototuna HS) 44.43, Holly Gray (Avonside GHS) 45.17, Zarah Rattray (Hamilton GHS) 45.67 PB.

2000m steeplechase .762: Niamh Motley (Craighead DS) 7:03.64, Courtney Fitzgibbon (Waiopahu C) 7:03.73 PB, Louise Brabyn (Whanganui Collegiate) 7:11.24.

Shot put 3kg: Kate Hallie (Takapuna GS) 14.19m, Suzannah Kennelly (Kings C) 14.00m, Isabella Pua (Home Sch) 13.98m.

Discus throw 1kg: Rina Maka (Lynfield C) 47.67m PB, Suzannah Kennelly (Kings C) 45.17m, Melelosaline Lose (Hamilton GHS) 42.61m.

Hammer throw 3kg: Nadja Kumerich (Rangitoto C) 57.13m, Margaret Mannering (Avondale C) 51.82m, Mikayla Sola (Hutt Valley HS) 48.79m.

Javelin throw 500g: Alex Duff 44.58m PB, Leala Willman (Kings C) 38.71m, Mia Bartlett (Wairarapa C) 38.20m.

Long jump: Charlotte Goldsmith (St Cuth's) 5.99m +3.1, also 5.97m +0.7, Hannah Collins (Te Aho O Te Kura Pounamu) 5.51m +1.8 PB, Jody McCarthy-Dempsey (Darfield HS) 5.30m +2.0.

Triple jump: Hannah Collins (Te Aho O Te Kura Pounamu) 12.46m +1.3 PB (**record**), Charlotte Goldsmith (St Cuths) 11.91m +3.4, also 11.77m +1.3 PB, Zarah Rattray (Hamilton GHS) 11.29m +0.5 PB.

High jump: Mia De jager (Rototuna HS) 1.80m PB, Amber Trow (P/N GHS) 1.75m PB, Naomi Waite (Western Academy of Beijing) 1.69m, Lisa Lokman (Otago GHS) 1.63m.

Pole vault: Elaine Zhai (Macleans C) 3.30m, Angalla Carney (Iona C) 3.10m, Miah Taylor (St Andrew's C) 2.90m.

4 x 100m relay: St Cuthbert's C (Lily Allen, Emilia Goldsmith, Kate Borton, Charlotte Goldsmith) 49.77, St Peter's School (Eva Jeffries, Boh Ritchie, Georgie-Rose Boyd, Milla Taylor) 50.03, Fiji Athletics (Leila Sanday, Claudie Davids, Letiara Alfred, Adi Asenaca Tuipelehaki) 51.04, Rolleston C (Sophie Mercer, Eden Innes, Sophie Warren, Caitlin Baxter) 52.23.

4 x 400m relay: St Cuthbert's College (Emilia Goldsmith, Lily Allen, Charlotte Goldsmith, Kate Borton) 4:03.81, St Margaret's C (Bronwen Rees-Jones, Elsie Seeto, Isabelle Harrison, Samantha Lascelles) 4:07.12, Villa Maria C (Beth O'Donovan, Bridie Restieaux, Alessandra Jowsey, Amelia Henstock) 4:09.67.

4km Road Race: Catherine Lund (Otago GHS) 13:44.91, Ava Sutherland (Wellington GC) 13:45.58, Lucy Jurke (Wellington GC) 13:47.39.

Junior boys

100m: Rhian Douglas (Waimea C) 10.90 +1.2 PB, James Lowther (St Peter's S) 11.10, Finn Hawkins (Chch BHS) 11.19.

200m: Cody Lawson (Sthld BHS) 22.60 +1.5 PB, Lowther 22.62 PB, Zack Kimmins (St Pat's Kilbirnie) 23.31.

400m: Douglas 49.93, Isaac Saywell (St Bede's C) 51.38, Noa King (Northcote C) 51.91.

800m: Quinn Moss (Kings C) 1:59.92, Justin Cunningham (Freyberg HS) 2:00.04, Jonty Batchelor (Kings C) 2:00.71.

1500m: Ben Oxford (Macleans C) 4:06.87, Sam Ruthe (Tauranga BC) 4:07.27, Logan Hopfler (Wellington C) 4:09.41.

3000m: Ben Oxford (Macleans) 8:39.55 PB, Sam Ruthe (Tauranga BHS) 8:39.67, Harry Witheridge (Westlake BHS) 9:06.40.

2000m race walk: Campbell Donovan (N/P BHS) 10:00.06, Nathan Baylis (N/P BHS) 10:13.89, Monty Bailey (AGS) 14:12.99.

100m hurdles .838: Rianco Haggard (Howick C) 13.82 +3.0, Van Couch (Taieri C) 14.43, Ethan Hole (Geraldine HS) 14.68.

300m hurdles .762: Haggard 40.64, Asher Robertson (Hutt Intl) 41.35, Jakob Voorkamp (Sthld BHS) 42.06.

2000m steeplechase .762: Max McGregor (St Peter's C Gore) 6:35.02, Harrison Day (AGS) 6:35.25, Timo MacDonald (AGS) 6:35.83.

Shot put 5kg: Troy Maka (Lynfield C) 14.97m, Joshua Latu (Dilworth S) 13.99m PB, Marlee Jacobs (AGS) 12.71m.

Discus throw 1.25kg: Maka 53.91m, Jack Burns (Kings C) 46.96m, Leyon Caffery (AGS) 45.82m.

Hammer throw 4kg: Oliver Chung (Westlake BHS) 48.48m, Lui Tupuola (Christ's C) 43.68m, Conor Sharkey (St Pat's Silver) 36.59m.

Javelin throw 700g: Kade Westbrook (Wellington C) 44.16m, Otis Neely (AGS) 43.94m, Jake Boyd (Christ's C) 38.28m.

Long jump: Asher Robertson (Hutt Intl) 6.25m +0.2 PB, Hemi Peachey (Hamilton BHS) 5.93m -0.1, Auguz Thongskul (Whanganui HS) 5.85m +0.3.

Triple jump: Elliot Wills (Te Paepae o Aotea) 12.45m +5.1, also 12.10m +1.8, Ari Keshariya (Burnside HS) 12.39m +5.4, Gabriel Dos Santos (Middleton Grange S) 12.13m +4.8.

High jump: Asher Robertson (Hutt Intnal) 1.75m, James Knaggs (Papanui HS) 1.71m, Ari Keshariya (Burnside HS) 1.71m.

Pole vault: Daniel Grounds (Burnside HS) 3.35m PB, Alfred Pask (Darfield HS) 3.25m PB, Otto Church (Christ's C) 2.70m.

4 x 100m relay: Christchurch BHS (Jeremy Habwe, Finn Hawkins, Noel Ham, Lucas Stevens) 45.43, Auckland Grammar School (Max Browne, Jamieson Braun, James Licence, Luke Thomson) 45.99, St Patrick's Silverstream (Kerr Botha, Max Lewer, Troy Waldrom, Josiah Tia) 46.00.

4 x 400m relay: Auckland Grammar School (Luke Thomson, Max Wilkins, Harrison Day, Joshua Smith) 3:33.49, Wellington College (Tom Hughson, Xavier James, Logan Hopfler, Alex MacBeth) 3:39.92, Westlake BHS (Jacob Howell, Harry Witheridge, Lorenzo Ferguson, Arran Brodie) 3:41.10.

Mixed 4 x 400m relay: St Peter's S (Eva Jeffries, Chelsea Lea, Jake Lomas, James Lowther) 4:02.85, St Andrew's C (Ollie Jackways, Sophie Lampe, Abi Scott-Douglas, Kupa Rule) 4:06.78, Whanganui High School (James McGregor, Annabelle Brown, Isla Jones, Justin Falconer) 4:17.96.

4km Road Race: Desmond Reddy (Rongotai C) 12:42.03, Harry Witheridge (Westlake BHS) 12:46.19, Kayden Theron (Tauranga BC) 12:53.44.

Year 9 3km Road Race: Daniel Wordsworth (Papanui HS) 9:38.84, Jack Gregory (Kapiti C) 9:44.05, Ethan Mora (AGS) 9:44.76.

Junior girls

100m: Kendra Scally-Tu'i (Mt Albert GS) 12.28 +1.2, Maia Masters (Waitakere C) 12.62, Esme Reid (Baradene C) 12.62.

200m: Scally-Tu'i 24.64 +1.2 PB, Sacha Kilmister (Kapiti C) 25.56 PB, Masters 25.71 PB.

400m: Zita Meo (Napier GHS) 57.77, Isla Tilbury (Marlborough GC) 58.34 PB, Reid 58.41.

800m: Nina Chalmers (Mt Albert GS) 2:19.24, Paige Dobson (Napier GHS) 2:19.77, Abby O'Boyle (Verdon C) 2:20.09.

1500m: Imogen Barlow (St Kent's) 4:45.30, Asha Edwards (Takapuna GS) 4:47.17, Scarlett Robb (St Cuth's) 4:49.29.

3000m: Imogen Barlow (St Kents) 10:18.00, Scarlett Robb (St Cuths) 10:19.67, Asha Edwards (Takapuna GS) 10:30.84.

2000m race walk: Alysa Brown (Lincoln HS) 10:13.30 (**best performance**), Yandri Fourie (Epsom GGS) 10:32.18, Alyssa Velluppillai (Nelson CG) 12:33.71.

80m hurdles .762: Juliet McKinlay (Whanganui Collegiate) 11.95 +1.9, Jacinta Hoglund (Avonside GHS) 12.33, Fernanda Tirado (Pinehurst S) 12.42.

300m hurdles .762: Eva Jeffries (St Peter's S) 46.45 PB, Tayler Trow (P/N GHS) 47.96 PB, Ellie Beaver (Nayland C) 48.40.

2000m steeplechase .762: Millie McFadzien (St Peter's C Gore) 7:39.58, Caitlin Kirk (Central Hawkes BC) 7:44.16, Jorgia Tucker (Sthld GHS) 7:46.40.

Shot put 3kg: Karmen Maritz (Westlake GHS) 14.80m PB, Paige Fletcher (St Kent's) 13.49m, Francesca-Lee Asiata (Baradene C) 12.50m PB.

Discus throw 1kg: Karmen Maritz (Westlake GHS) 46.63m PB (**record**), Ruby Jones (Tauranga GC) 40.48m PB, Charlotte Blake (Craighead Dio) 40.02m PB.

Hammer throw 3kg: Paige Fletcher (St Kents) 53.61m PB, Fernanda Tirado (Pinehurst S) 51.71m PB, Leila Saifiti (Avondale C) 39.57m.

Javelin throw 500g: Loata Lewageena (Fiji) 39.75m, Hayley Koppens (Rototuna HS) 39.34m PB, Charlotte Blake (Craighead Dio) 36.00m PB, Sarah Evans (Taieri C) 35.82m PB.

Long jump: Jacqui Nasrabadi (Dio) 5.36m -0.3, Juliet McKinlay (Whanganui Collegiate) 5.35m -0.3 PB, Lily Morrison (Kaiapoi HS) 5.35m +0.3 PB.

Triple jump: Jamie Fell (Hamilton GHS) 10.86 +1.3 PB, Juliet McKinlay (Whanganui Collegiate) 10.84 +3.7, Lauren Barrett-Hamilton (Green Bay HS) 10.62m +0.6 PB.

High jump: Zara McDonnell (Rangi Ruru) 1.68m PB, Eliza McDonnell (Rangi Ruru) 1.61m PB, Lauren Barrett-Hamilton (Green Bay HS) 1.61m PB.

Pole vault: Talaya Vorster (Rangitoto C) 3.20m, Pera Gordon (Cashmere HS) 2.65m, Isla Vick (Cashmere HS) 2.35m.

4 x 100m relay: Havelock North HS (Amy Nicoll, Hunter Avery, Maisie Simpson, Millie Woodham) 51.45, Christchurch GHS (Charley Campbell, Samara Taurima, Holly Donohoe, Ruby Simon) 51.45, Villa Maria C (Kim Kudinha, Keira O'Reilly, Alessandra Jowsey, Amelia Henstock) 52.59.

4 x 400m relay: Diocesan School for Girls (Hannah McManus, Scarlett Gwin, Sophia Haines, Jacqui Nasrabadi) 4:08.16, Craighead Diocesan (Charlotte Blake, Faith Coffin, Lucia O'Sullivan, Ruby Mahuika) 4:09.73, Baradene C (Eva Houghton, Amy Towers, Greta Hunter, Esme Reid) 4:19.41.

4km Road Race: Lisa Hellyer (Onehunga HS) 14:38.41, Scarlett Robb (St Cuth's C) 14:47.46, Emma Ward (Epsom GGS) 14:56.01.

Year 9 3km Road Race: Indie Williams (Diocesan S) 10:35.17, Sophie Lampe (St Andrew's C) 10:41.23, Abby O'Boyle (Verdon C) 10:49.53.

Para Athlete

Jaxon Woolley (Papamoa C) T38 200m 24.90 -1.2 (**record and NZ record**), 100m 12.28 - 0.2 (**record and NZ record**), LJ 4.14m +0.8 (**record**), 400m 59.54 (**record**).

Luis Douglas (Havelock North HS) 800m 2:31.14, 1500m 5:03.44, 2000m road race 7:09.52.
Daniel Kitts (Te Awamutu C) T37 800m 2:43.29, 1500m 5:53.90, 400m 1:14.88. Ethan Gray (Waitaha) T37 200m 32.93 -1.2.

Kate Danaher (Marist College) T37 200m 35.29 -1.2 (**record**), 100m 16.72 -0.2.

Brian Wilson (Orewa C) F20 DT 16.01m. Zack Lappin (Rangiora) T37 DT 33.51m, SP 7.69m, JT 29.43m. Charli Gardiner-Hall (Waiuku) T37 DT 23.06m, 1500m 9:02.49, SP 8.59m, JT 11.50m. Milly Marshall-Kirkwood (Inglewood) T/F57 DT 17.68m.

Connor Carston (Riccarton HS) T20 Junior 100m 14.19 -0.2, LJ 4.39m +0.9 (NZ record).
Una Kinajil-Reding (Rangi Ruru) F45 100m 19.00 -0.2, SP 8.29m, JT 16.73m. Lee West (Papanui) T20 Senior LJ 4.54m +0.9.

Adi Pathak (Papanui) F20 Junior SP 6.99m. Mac Denniston (Dunstan HS) F34 Senior SP 6.86m, JT 13.53m.

Toby Ireland (Hutt Valley HS) T11, Junior 2000m road race 8:40.85.