



- |                 |                            |                                  |
|-----------------|----------------------------|----------------------------------|
| 1 – DISCUS      | 8 – LONG/TRIPLE JUMP 1     | 15 – OFFICIALS/DISABLED TOILET   |
| 2 – HAMMER      | 9 – LONG/TRIPLE JUMP 2     | 16 – PUBLIC TOILETS              |
| 3 – JAVELIN     | 10 – TRACK RECORDER        | 17 – OFFICIALS ROOM/LUNCHES      |
| 4 – SHOT PUT    | 11 – TECHNICAL INFORMATION | 18 – WARM UP AREA/CRICKET GROUND |
| 5 – HIGH JUMP 1 | 12 – CONTROL ROOM          | 19 – MERCHANDISE                 |
| 6 – HIGH JUMP 2 | 13 – GEAR SHED/RESULTS     | 20 – CALL TENTS                  |
| 7 – POLE VAULT  | 14 – MEDICAL/RESULTS       | 21 – VOLUNTEER TENT              |



New Zealand  
Secondary  
School  
**TRACK & FIELD AND ROAD**  
TIMARU, AORAKI, 2024

**\$5.00**



**2024 NZSS Track and Field/Road Races Championships**

**6 to 8 December 2024**

**WELCOME FROM TIMARU DISTRICT MAYOR, NIGEL BOWEN**

As Mayor of the Timaru District, it is my great pleasure to extend a warm welcome to all competitors and visitors attending the 2024 NZSS Championships. This significant event brings together athletes from diverse backgrounds and disciplines, united by a shared passion for athletics.

Our district is honoured to host such a significant event, with up to 2,000 competitors. I encourage you to take the time to explore our beautiful region, experience the warmth of our hospitality, visit the local amenities - The CBay Aquatic Centre offers a place for leisure or activity, while the Aigantighe Art Gallery presents a chance to appreciate arts and culture, Caroline Bay, with its scenic boardwalk and coastal trails, is an excellent spot for some fresh air and relaxation.

To all athletes, compete with integrity, demonstrate respect towards your competitors, and above all, relish the experience. To all visitors, your support is extremely valuable. Your cheers and encouragement give these athletes the drive to excel. We appreciate you being part of this event.

I wish every competitor the very best in their respective events and welcome to the Championships!

Nigel Bowen  
Mayor

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**Welcome from James Meager MP for Rangitata** [james.meagerMP@parliament.govt.nz](mailto:james.meagerMP@parliament.govt.nz)

Welcome to Timaru! As the local MP I am really thrilled to have you all here competing in what is the largest Track and Field event in the country this year. It is great to be able to also welcome all of your supporters and I know there will be some fierce competition over the three days. I hope that you will have some spare time to enjoy visiting some of our region's key attractions.

It is from these competitions that we see our future Olympians and I will be following the results closely, but I will openly confess my bias to all of you who come from Mid and South Canterbury!

Have a fabulous time, do your best and I look forward to meeting some of you over the weekend.

### ***Welcome Message from LOC Chair***

I would like to welcome you all to the 2024 New Zealand Secondary Schools Track & Field and Road Race Championships. I hope you enjoy your stay in Timaru and the surrounding region.

This is the third time this event is being held in Timaru. The first time was in 2009, then again in 2015, and now 2024. This is great for our region and our local athletes, who have the opportunity to compete in a prestigious event such as this in front of a home crowd.

This is the second season with our resurfaced track by MONDO and a new Hammer Cage.

It is great that we have the facility to hold an event such as this in Timaru. South Canterbury is a small province and we are very fortunate to have an All Weather Facility like this in our region for the benefit of all athletes, athletic clubs, schools and other sporting organisations within the Mid and South Canterbury region.

It gives great pleasure to see the facility humming with young people coming together to compete in this sport of athletics. I hope all the competitors enjoy their time at this event, enjoy their stay in our region, and leave with fond memories of a great competition. Thank you to the schools, teachers, support crew and many, many others, who put in the time to encourage our young people in this sport of Athletics. We welcome you here, enjoy your stay and hope you leave with many happy memories.

To my Local Organising Committee and the Athletics SC All Weather Track Trustees, thank you for all your hard work in seeing that this event is once again held in our region for the benefit of our young athletes.

To the Officials and Volunteers, either locally or from further afield, thank you for offering your time and expertise to make this event a success for our young athletes. Your attendance and help is greatly appreciated.

May you all have an enjoyable weekend.

***Helen Mackle***

LOC Chair



## President's Welcome

We welcome with pleasure and delight you all to our 51<sup>st</sup> annual Championships back again here in Timaru in the hub of the Aoraki district. Foremost it is pleasing that the event returns here and connects with the Aoraki district synonymous with Mt. Cook (Aoraki). It was Mt Cook Airlines that were so significant in the development and support of our early championships which now clock into our 2<sup>nd</sup> fifty-year period.

Timaru first hosted a NZSSAA event under the Mt Cook Airlines sponsorship banner with the annual Cross Country in 1978. The Cross Country returned to Timaru in 1988 by support from ACC, then Aoraki Trust supported the event in 2019. Timaru first hosted the Track & Field Championships on its new all-weather facility in 2009, again supported by Trust Aoraki and most recently host the 2015 event at the Aorangi stadium and the road race down on Caroline Bay foreshore.

South Canterbury Athletics contributed as an integral part of keeping the Athletics Canterbury Centre track & field section operating during the post Christchurch earthquake years, until the Nga Puna Wai facility was completed in Christchurch. They continue to play their role of supporting events for NZ schools in the Aoraki district.

Entries at this year's championships number over 1035 from 198 schools including 8 athletes from the Cook Islands, 1 athlete from Fiji and 1 athlete from Spain. There are 305 entries in the road race. It is great to see that in our 51<sup>st</sup> year the event is still of high relevance to many of our student athletes across the country. This year athletes from Kaitaia College in the north to Southland Boys and Girls Colleges from Invercargill in the south will compete. Special congratulations to Westlake Boys High, St Peters School, Cambridge and Christchurch Boys High for generating excellent athletic programmes that see your schools bring more than 30 of your athletes to the Championships. This is a great effort from your staff and parents.

In our 2015 track & field event here in Timaru, four of our current 2024 Olympic representatives Maddison Wesche, Olivia McTaggart, Zoe Hobbs and James Preston were all named in the NZSS Championships team for their outstanding performances. The 2009 event stars were Timaru's own Tom Walsh along with Jacko Gill named Senior and Junior athletes of the meet respectively amongst a host of other celebrated athletes including NZ Olympic rep Julia Ratcliffe. NZSSAA will again name teams from this Championships, plus a Classics Tour team and in a new initiative, a team will be named in February to tour some USA meets in April.

We trust you all enjoy your time in this fine coastal provincial city which offer sights of the distant Southern Alps, the beautiful Caroline Bay coastline where you may see possible sightings of penguins and the beauty of Timaru's Botanical Gardens or attend the local artisan Saturday markets.

We are again Livestreaming a broadcast, produced by N-Tech through the Whakaata Māori platform in collaboration with the Athletics NZ and Waddell & Associates. We will be adhering to School Sport NZ charter to enable safe standards of broadcast of our young people. Therefore, some limitations will be made on our junior events. We are appreciative of Waddell & Associates in bringing us sponsors Bayleys, Apollo Projects, and Caltex, and support of the on-ground with the Anchor Initiative.

On behalf of NZSSAA we acknowledge the outstanding contribution of the Local Organising Committee led so ably by Helen Mackle and her team, and our executive southern rep liaison John Gamblin to ensure the event success.

We also acknowledge and appreciate the support of local partners who have worked with the LOC to enable the event through resourcing. We thank Trust Aoraki who have had previous partnerships with the NZ Schools events here in Timaru, Pub Charity and the Community Trust of Mid & South Canterbury.

I wish all our competitor's good luck and hope athletes, officials or spectators stay safe during the weekend, remember to take care with your personal health and safety to protect all our athletic community and make for great experiences across the weekend. Travel safe until we see you again at our 52<sup>nd</sup> Championships in Hastings.

**Tony Rogers - President NZSSAA**



# NZSSAA— General Information



The New Zealand Secondary Schools Athletics Association was formed in Christchurch at the beginning of 1973 by a small group of secondary school teachers.

## The aims of the association are:

- a) To organise New Zealand Secondary School Championships annually in various centres throughout New Zealand.
- b) To encourage participation in athletics of Secondary School pupils from every New Zealand secondary school.
- c) When financially possible, to organise and select teams to take part in international competition.
- d) To advance the interest of athletics generally and of secondary school athletics in particular.

## NZSSAA Office Holders and Executive 2024—2025

Barry Magee	Patron
Tony Rogers	President/Chairman
Ange Russek	Secretary
Brad Smith	Treasurer
Jakub Kalinowski	North representative
Judith Revell	North representative
Alec McNab	Central representative
Rachel Hulls	Central representative
Glen Ward	South representative
John Gamblin	South representative



## Life Members

Alan Bennett  
Graeme Daly  
Mike Lindroos  
Alec McNab  
Murray McRae  
John Tylden  
Marie Washbourn  
Don Willoughby  
Glen Ward



## Past Life Members

Natalie McRae, John McTaggart, Don Chadderton



## NZSSAA 2024 Championships Officials Appointments - Timaru

<b>Local Organising Chairperson</b>	Helen Mackle		
<b>Local Organising Committee</b>	Don Garland	Reg Brocket	Amanda Everett
	Dave Thorpe	Janelle Amalfitano	Jesse Kempf
<b>NZSSAA Representative</b>	Tony Rogers		
<b>NZSSAA Upper South Island Representative</b>	John Gamblin		
<b>Technical Delegate</b>	Trevor Spittle		
<b>Assistant Technical Delegate</b>	Belinda Leckie		
<b>Jury of Appeal</b>	Tony Rogers	Brad Smith	John Tylden
	plus two available referees not involved in the protest		
<b>Competition Management</b>			
Competition Director	Ruth Liong		
Meeting Manager	Avril Davies	Joan Merrilees	
<b>Arena &amp; Safety Officer</b>	Gordon Ireland		
<b>Technical Information Centre (TIC)</b>			
Competition Secretary	Helen Mackle		
Competition Secretary Assistants	Shona Brown	Ella Benson	
TIC Manager	Andrew Stark		
TIC Assistant	Sandie Gamperle		
<b>Presentation &amp; Ceremonial</b>			
Manager	Shaun Campbell		
Assistants	Sandra Pooch	Linley Welford	Sue Thin
	Pupils		
<b>Call Room</b>			
Referee	Graham Davies		
Manager	Bryce Watt		
Judges	Ann Wells		
Athlete Escorts	Amanda Everett	students	
<b>Track</b>			
Referee	Mark Peters		
Assistant Referees	Daniel Lewis		
Photo Finish Chief Judge	Henry Tudor		
Photo Finish Judges	Richard Morrison	Diana Phipps	
Athletics Live	Mark Harris		
Chief Umpire	Eddie Soria		
Assistant Chief Umpire	Emily Price		
Umpires, Lap Scorers, Lap Times, Lap Board	Bill Grogan (Finish Line)		Paul Lynch (Sat/Sun)
	Malcolm Taylor	Kevin Prendergast	Karen Gillum-Green
<b>Starts Area</b>			
Referee	Bevan Mears		
Starts Co-ordinator	Stephan Whiti		
Chief Starter	Debbie Fern		
Starters	Reg Brockett	Tim Chiswell	
Chief Starters Assistant	John Tylden		
Starters Assistants	Chris Hampton (Sat/Sun)		
<b>Stadia Race Walking</b>			
Chief Judge	Craig Brown		
Judges	Avril Davies	Grant Lord	Errol Flynn Phillip Coates
Pit Lane	Umpire		
Red Card Collector			

<b>Field Referees</b>			
(see roster, may be included in event list)	Craig Brown	Adrienne Bruce	Sharee Jones
	Belinda Leckie	Alex Merrilees	Stephen Palmer
	Richard Rutherford	Lilian Tudor	
<b>Chief Judges</b>			
(see roster, may be included in event list)	Charles Annals	Phillip Coates	Nathan Cropp
	Nellie Engles	Howard Finnie	Justine Krynen
	Donal May	Karen Palmer	Sheelagh Prosser
	Bevan Ralfe	Steve Smith	Brian Theobald
<b>Chief EDM</b>			
	Brian Theobald	Alan Tucker	
<b>Field Officials</b>			
(see Call Room Roster as may be on that)	Hannah Adye (Sat)	Leah Anderson	Denise Cuff
	Donald Bate	Nevil Blay	Kathryn Robinson
	Errol Flynn	Sandra Hutchison (Fri/Sat)	
	Corey Woods	Jo Hewson (Fri)	Simon Rhodes (Sat/Sun)
	Ella Ralfe (Jumps when not competing)		Penny Dewar (Sat/Sun)
	Toni Oudemans	Gareth Oudemans	Neville Dippie (LJ only)
	Chris Edge (Sat/Sun)	Syd Parris (HJ only)	Lois Anderson
	Ian Baird (equipment retrieval)		Ian Purvis (F/Sat m)
	<b>Para Recorder</b>		
<b>Announcer</b>			
Field Announcer	Paul Norton	Stephanie Glyde	John Gamblin-roving
<b>Technical</b>			
Technical Manager	Dave Clarke		
Technical Assistant Manager	Alan Tucker (Implement measure)		Vic Gamperle
	Don Garland - (Mule - moving equipment)		
Equipment Stewards	Teachers & Students volunteers		
<b>Road Race</b>			
Race Manager/Referee	John Gamblin		
Assistant Referees	Victor Gamperle	John Tylden	Malcolm Taylor
Information Table	Sandie Gamperle		
Announcements	John Gamblin		
Timing Equipment setup	Craig Brown	Henry Tudor	
Timing operator	Charles Annals		
Starter	John Tylden		
Starters Assistant	Glen Ward		
Course Marshals	Run Timaru x 10	Shaun Campbell	Glen Ward
Judge	Sandie Gamperle		
Manual Timekeeper	Victor Gamperle		
Place Recorders	Malcolm Taylor	Ray Wakeford	
Chip Removers	Run Timaru x 2		
First Aid	Andrew Stratford		

**2024 New Zealand Secondary Schools Athletics Championships – Track & Field and Road**  
**Friday 6 December – Sunday 8 December – Aorangi Park, Timaru**  
**Order of Events**

**Friday 6 December – Afternoon Track**

12.00pm	800m	PA B	Final
12.05pm	800m	JG	Heats
12.20pm	800m	JB	Heats
12.40pm	800m	SG	Heats
1.00pm	800m	SB	Heats
1.20pm	200m	JG	Heats
1.35pm	200m	JB	Heats
1.53pm	200m	PA B	Final
1.56pm	200m	PA G	Final
2.00pm	3000m	JG	Final
2.14pm	3000m	JB	Final (timed) A race
2.27pm	3000m	JB	Final (timed) B race
2.40pm	400m	SG	Heats
2.52pm	400m	SB	Heats
3.08pm	400m	JG	Heats
3.30pm	400m	JB	Heats
3.45pm	200m	SG	Heats
4.00pm	200m	SB	Heats
4.25pm	3000m	SB	Final (timed) A race
4.42pm	3000m	SG	Final
4.55pm	3000m	SB	Final (timed) B race
5.10pm	4x100m	SG	Heats
5.18pm	4x100m	SB	Heats
5.26pm	4x100m	JG	Heats
5.34pm	4x100m	JB	Heats

**Friday 6 December – Afternoon Field**

11.30am	Pole Vault	JB/SB
12.00pm	Discus	JG
12.00pm	Javelin	SG
2.00pm	Pole Vault	JG/SG
2.00pm	High Jump	JG
2.00pm	Shotput	JB
2.15pm	Javelin	SB
3.30pm	Discus	PA (B+G)
4.30pm	Long Jump	JB (2 Q Pools/Final)

**Saturday 7 December – Morning Track**

9.00am	80mH	JG	Heats
9.15am	100mH	SG	Heats
9.30am	100mH	JB	Heats
9.45am	1500m	JG	Heats
10.15am	1500m	JB	Heats
10.35am	100m	PA B	Final
10.40am	100m	PA G	Final
10.45am	100m	SB	Heats
11.10am	100m	SG	Heats
11.25am	100m	JB	Heats
11.45am	100m	JG	Heats
12.05pm	1500m	SG	Heats
12.17pm	1500m	SB	Heats
12.35pm	1500m	PA B	Final

**Saturday 7 December – Morning Field**

9.00am	Discus	JB
9.30am	Long Jump	JG (2 Q Pools/Final)
9.30am	Shot Put	SB
10.00am	High Jump	SG
11.00am	Javelin	JG
11.15am	Shot Put	PA (B+G)
11.30am	Long Jump	SB (2 Q Pools/Final)



2024 New Zealand Secondary Schools Athletics Championships – Track & Field and Road  
 Friday 6 December – Sunday 8 December – Aorangi Park, Timaru

Order of Events

11.35am 100m JB Final

**Saturday 7 December – Afternoon Track**

**12.40pm LUNCH**

**1.15pm Opening Ceremony**

1.30pm	300mh	JB	Heats
1.35pm	300mh	JG	Heats
1.50pm	300mh	SG	Heats
2.00pm	300mh	SB	Heats
2.10pm	100m	SG	Semis
2.20pm	100m	SB	2nd round
2.35pm	100m	JB	2nd round
2.45pm	100m	JG	Semis
2.55pm	800m	JG	Semis
3.03pm	800m	JB	Semis
3.11pm	800m	SG	Semis
3.19pm	800m	SB	Semis
3.30pm	2km/3km TW	JG/SG	Finals
3.55pm	400m	SB	Semis
4.05pm	400m	JG	Semis
4.15pm	400m	JB	Semis
4.25pm	200m	SG	Semis
4.35pm	200m	SB	2nd round
4.55pm	200m	JG	Semis
5.05pm	200m	JB	Semis

**Saturday 7 December – Afternoon Field**

1.20pm	Discus	SG
1.20pm	Shot Put	JG
1.30pm	High Jump	SB
2.20pm	Triple Jump	SG
3.00pm	Javelin	JB
3.30pm	Long Jump	PA (B+G)
4.00pm	Triple Jump	JB
4.15pm	Hammer	JB/SB

**Sunday 8 December - ROAD RACE**

8.00 am	3000m	Y9 G
8.20 am	3000m	Y9 B
8.40 am	4000m	JG
9.05 am	4000m/2000m	JB/PB
9.30 am	4000m	SG
9.55 am	6000m	SB

**Sunday 8 December – Morning Track**

9.00am	100m	JB	Semis
9.10am	100m	SB	Semis
9.20am	2km/3km TW	JB/SB	Finals
9.45am	200m	SB	Semis
9.55am	800m	JG	Final
10.00am	800m	JB	Final
10.05am	800m	SG	Final
10.10am	800m	SB	Final
10.20am	110mH	SB	Final
10.30am	100mH	JB	Final
10.35am	100mh	SG	Final
10.40am	80mH	JG	Final
10.45am	2000mS/c	JG	Final
10.50am	2000mS/c	JB	Final
11.00am	2000mS/c	SG	Final
11.10am	2000mS/c	SB	Final
11.20am	100m	SG	Final
11.25am	100m	SB	Final
11.30am	100m	JG	Final

**Sunday 8 December – Morning Field**

9.00am	Long Jump	SG
9.30am	Shot Put	SG
10.00am	High Jump	JB
10.00am	Discus	SB
11.15am	Triple Jump	JG

2024 New Zealand Secondary Schools Athletics Championships – Track & Field and Road  
 Friday 6 December – Sunday 8 December – Aorangi Park, Timaru  
 Order of Events

**Sunday 8 December – Afternoon Track**

12.30pm	300mH	JG	Final
12.35pm	300mH	JB	Final
12.40pm	300mH	SG	Final
12.45pm	300mH	SB	Final
12.50pm	1500m	JG	Final
12.56pm	1500m	JB	Final
1.05pm	200m	SG	Final
1.10pm	200m	SB	Final
1.15pm	200m	JG	Final
1.20pm	200m	JB	Final
1.25pm	400m	JG	Final
1.30pm	400m	JB	Final
1.40pm	1500m	SG	Final
1.50pm	1500m	SB	Final
2.00pm	400m	PA SB	Final
2.05pm	400m	SG	Final
2.10pm	400m	SB	Final
2.15pm	4x100m	PA Mix	Final
2.20pm	4x100m	JG	Finals
2.25pm	4x100m	JB	Finals
2.30pm	4x100m	SG	Finals
2.35pm	4x100m	SB	Finals
2.40pm	4x400m	J Mix	Final
2.45pm	4x400m	JG	Final
2.50pm	4x400m	JB	Finals (timed)
3.05pm	4x400m	S Mix	Finals (timed)
3.25pm	4x400m	SG	Finals (timed)
3.45pm	4x400m	SB	Finals (timed)

**Sunday 8 December – Afternoon Field**

12.30pm	Javelin	PA (B+G)
1.00pm	Triple	SB
1.00pm	Hammer	JG
2.30pm	Hammer	SG

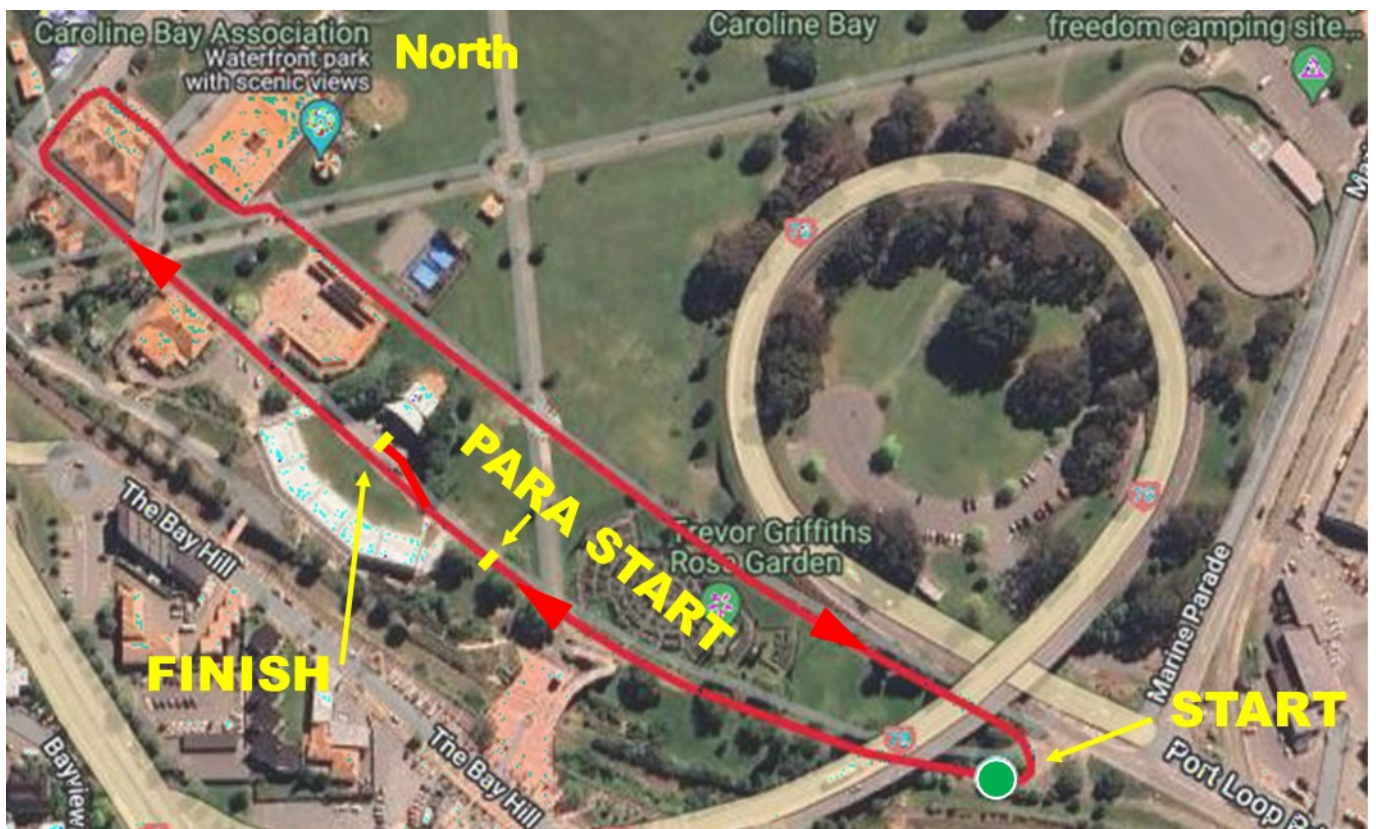
4.30pm **NZSS Team Announcement**  
**Athletes of the Meet**  
**Closing**

# 2024 NZSSAA Road Race Championships

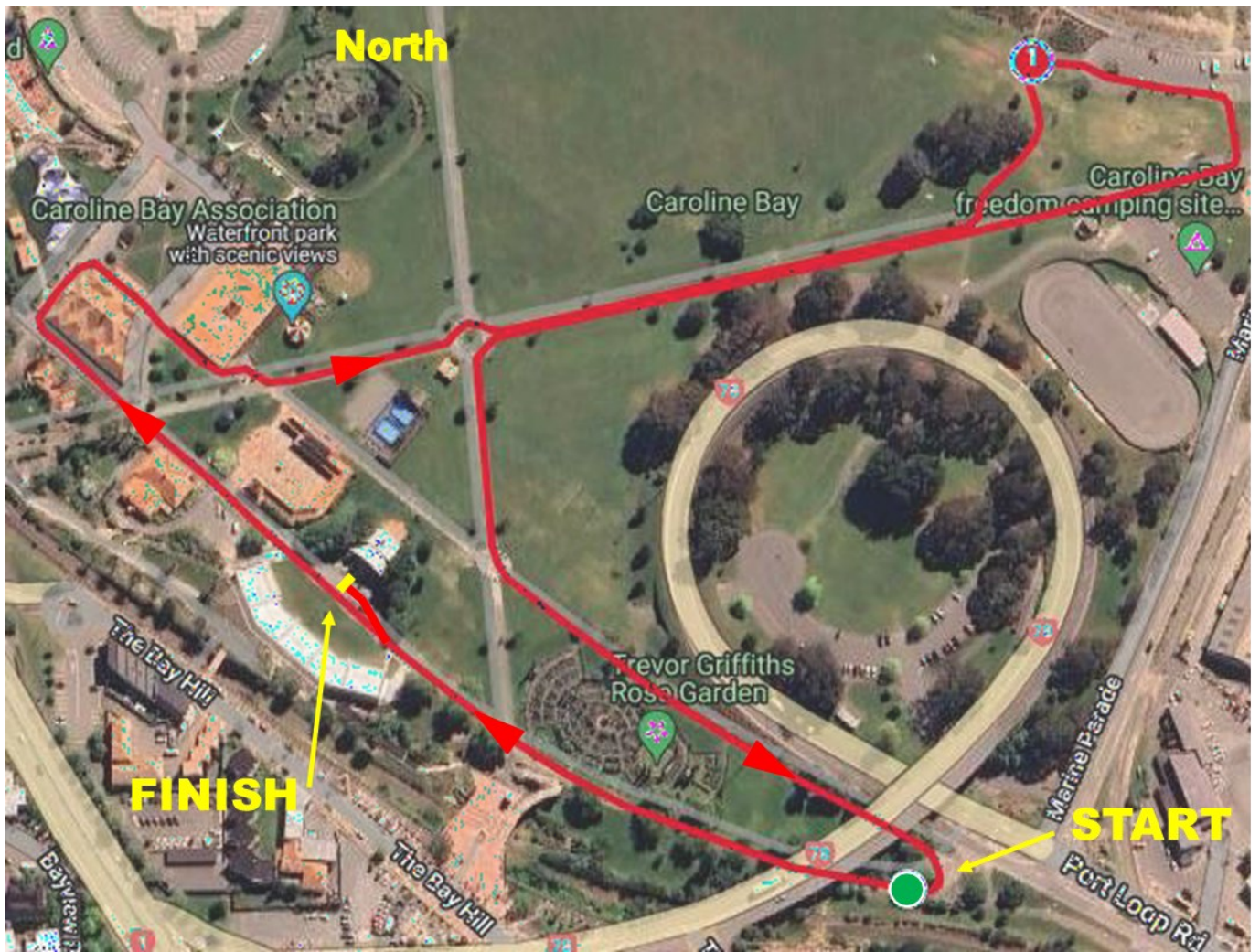
Caroline Bay, Timaru - Sunday 8th December

8.00 am	3000 m (3.040m)	Y9 G	1 small lap, then 1 large lap, then finish straight
8.20 am	3000 m (3.040m)	Y9 B	1 small lap, then 1 large lap, then finish straight
8.40 am	4000 m (4.010m)	JG	2 small laps, then 1 large lap, then finish straight
9.05 am	4000 m (4.010m)	JB	2 small laps, then 1 large lap, then finish straight
9.07am – different start line	2000 m (2.000m)	Para B	2 small laps, then finish straight
9.30 am	4000 m (4.010m)	SG	2 small laps, then 1 large lap, then finish straight
9.55 am	6000 m (5.800m)	SB	2 small laps, then 2 large laps, then finish straight

## Small Lap (970m)



# Large Lap (1790m)



## Track, Field and Road Race Entry Rules and Guidelines

1. For the Track and Field events each competing school is allowed to enter 3 athletes per event. They should all be entered with regard to the **Entry Standards which should be used as a Guide**. Where a school is entering a team in either of the relays up to 4 athletes may be entered into the 100m or 400m (in online entries the relay team entry has to be made before the system will accept a 4<sup>th</sup> athlete). A case may be made to the online entries support person ([oe@nzssaa.org.nz](mailto:oe@nzssaa.org.nz)) for a fourth entry into other events providing all athletes have proof they have met the standard. For the Road Race there is no limit on the numbers of athletes a school can enter.
2. A best performance for each athlete entered is required for ranking purposes. Where an official performance is not available a sensible estimation of performance is acceptable except when proof of performance is required for entry.
3. Athletes may not compete in both Junior and Senior grades in the same discipline. A Junior may compete in a Senior event if they choose to and be included in a senior relay if he/she does not compete in a junior relay.
4. Relay team athletes must all be from the same school (with 1 exception see 5). More than 1 team can be entered on the understanding that the additional teams go onto a wait list if more than 16 entries are received. Athletes can compete in only one 4x100m relay and one 4x400m relay.
5. Mixed 4x400m Relays. Teams are to be made up of 2 boys and 2 girls from a single co-educational school. Single gender schools may apply to the NZSSAA Events Coordinator for entry to join with another single gender school provided both school rolls are under 250 pupils each and the schools are from the same locality.
6. Athletes entered in the Championships must not only conform to the age limitations but must also be currently enrolled in Year 9 to Year 13 inclusive.
7. Grades are as follows:
  - Senior under 20 years on December 31 of the current year
  - Junior turned 13 years and under 16 years on December 31 of the current year
  - Year 9 (including para athletes): Road Race only. Enrolled in year 9, turned 13 years and under 15 years on December 31 of the current year
  - Para Athletes: Juniors under 17 and Seniors under 20 on December 31 of the current year except for ORS funded athletes who can be under 22 on December 31 of the current year.

**N.B** Experience from past championships indicates that athletes can rarely attempt more than **TWO** track events, and expect satisfactory results. **DO NOT OVER COMMIT AN ATHLETE**

**Priority of Track: Where an athlete is entered in both the road race championship and the track and field championship and makes a track final, then the track final takes priority and the athlete must be withdrawn from the road race event unless there is no clash of race times and plenty of recovery time available. Withdrawal from a track final having qualified, in favour of the Road Race, will mean disqualification from any other event the athlete may be involved in.**

W H A K A A T A  
M Ā O R I

# Competitor Information 2024

## Rules of Competition

The meeting will be conducted according to the rules of NZSSAA, Athletics New Zealand (ANZ), World Athletics (WA) and World Para Athletics (WPA).

## Competitors

Athletes must be students of an affiliated NZ Secondary School or Home School between the ages of 13 and 20 of December 31 in the year of competition. This includes students from the Cook Islands, Niue, and Tokelau. Athletes who are not NZ citizens may enter and will be regarded as visiting athletes (see Overseas Athletes below).

## Athlete Bibs

Athlete Bibs must be worn on the chest and back (except for jumping events where only 1 bib is required either front or back). Athletes may be disqualified if the bib is not displayed during the competition. Para athletes: Seated throws – 1 bib on back of throwing frame and 1 on chest; Wheelchair athletes – 1 bib on back of racing chair and 1 helmet bib; Frame running – 1 bib on back and 1 helmet bib.

## Competition Area

Only officials, authorised personnel and competitors currently involved in an event will be permitted in the competition area.

## Marshalling of Competitors

All athletes in both track and field events must report to the Call Room tent at the following times preceding their advertised start time:

Track (including relays)	25 minutes
Field events (excluding pole vault)	50 minutes
Pole vault	75 minutes

Track fields and field event groups will be escorted from the Call Room tent with confirmed sheets to their respective venues. Practice throws and jumps for the field events will take place at the field venue prior to the competition in competition order. For all track quarter finals, semi-finals and finals, athletes must report to the Call Room tent 25 minutes prior to the starting time. Once checked, each heat/final will be escorted to the start line 10 minutes prior to the event time.

## Safety at Throwing Events

In all throwing events, especially javelin, hammer and discus, competitors are asked to take due care. Implements must only be thrown from the circle or runway and returned by *hand*. There will be no practice throws under any circumstances other than under supervision of the officials for that event. At all throwing events no athlete will be able to throw an implement if no official is there. Athletes will have as many warm up throws prior to the event starting as the time permits as per WA and WPA rules.

## Flags

In the field events, the use of flags is as follows: red flag indicates a foul; white flag indicates a valid attempt; yellow flag indicates 15 seconds remaining for a trial to commence.

## Field Event Attempts

In all field events (except high jump and pole vault), each competitor is allowed three attempts and the best eight, three more attempts. Competitors will be credited with the best of all their attempts. All seated throwers will have six consecutive attempts with one extra minute break between attempts 3 and 4.

## Throwing Implements

Personal implements may be used by competitors for throwing events provided they are checked and approved by the Technical Equipment Manager prior to competition. Athletes can only submit two personal implements per event. Personal implements then become part of the pool available to all competitors in that competition. Implements may only be picked up after the competition from the technical equipment shed. They are not to be taken from the event.

It is the responsibility of the Team Manager to have these implements to the TIC (Technical Information Centre) at the times below. The TIC is located at the base of the control room.

- Implements required for Friday afternoon field events by 10.00am Friday.
- Implements required for all Saturday field events by 5.00pm Friday.
- Implements required for all Sunday field events by 5.00pm Saturday.

## Poles for the Pole Vault

Competitors need to supply their own poles. Personal poles cannot be used by other competitors without the owner's permission. These need to be taken to the Equipment Shed at the North end of the facility.

## Starting Blocks

The use of starting blocks is compulsory for all track events up to and including 400m. Only the starting blocks provided may be used. Use of blocks by Para Athletes is optional but T11-13 and T20 athletes must use blocks if they wish to be eligible for a record.

## Spikes

In track events, long jump and triple jump, spikes must be no longer than 7 mm. High jump and javelin areas spikes may be up to 9 mm long. Spikes must be either cone (pyramid) or 'christmas tree' shaped. Needle spikes, either sharp or flat (truncated) at the tip are banned.

## Shoe Regulations Compliance

It is the athlete's responsibility to ensure the Track Spikes or Road shoes they use for competition are compliant with WA specifications. See the list of compliant shoes by clicking on this link below or searching for the latest World Athletics shoe compliance list.

[Technical Information | Official Documents \(worldathletics.org\)](https://www.worldathletics.org/technical-information/official-documents)

## Starting:

The starter will give one command 'on your marks' for all events over 400m and two commands for all events up to and including the 400m

- a) 'On your marks' to bring competitors to their starting location.
- b) 'Set' to bring all competitors to the set position ready to start. When all competitors are steady in the set position the gun will be fired. Any competitor who false starts (ie hand/s leave the ground or foot/feet leave the blocks) either with or without the gun being fired, will be disqualified unless the Starter determines it was not the athlete's fault. Disqualified athletes may run 'under protest' if permitted to (in accordance with WA Rule TR8.4, WPA Rule 50.4) by the Starts Referee and have their disqualification reviewed by the Starts Referee whose decision can be appealed by the lodging of an appeal to the Jury of Appeal (WA Rule TR8.7).

## Qualifying, Lane Allocation and Replacements

See the separate progressions sheet for qualifying. Lanes and starting order will be drawn and posted on the result and draws board (round 2 onwards only on the board) and on Live Results as soon as possible.

The two best performed non qualifiers will be named as potential replacement athletes should there be a withdrawal from among the qualifiers for semi-finals and finals and, where possible, without delaying the event, be added in order of performance if withdrawals occur. There will be no redraw of lanes. The replacement system also applies in Field Events.

Lane allocation will be done according to the new World Athletics rules after the Round 1 heats.

Straight: Best 4-3,4,5,6; Next 2-2,7; Last 2-1,8

200m: Best 3-5,6,7; Next 3-3,4,8; Last 2-1,2

400m: Best 4-4,5,6,7; Next 2-3,8; Last 2-1,2

Para Athletes will be grouped according to their classification and grade and allocated appropriate lanes providing separation where desirable eg T51-54 athletes and, for the 800m when T11-13 and T20 athletes are included, the starts will use the curved start line rather than lanes.

## Relays

Relays adhere to WA rules with one exception. A changed running order from that submitted at relay declaration time will not result in disqualification. Team Managers must confirm the names of their team members (and up to 4 substitutes) by 12.00 noon on race day ie Friday for 4x100m where heats are required or Sunday for 4x100m where a straight final is being held and for 4x400m relays.

## Completion of Events

Any athlete who qualifies in the heat or round **must** compete in succeeding rounds and in the final, unless the consent of the Technical Delegate has been obtained (apply at TIC). Failure to do so renders the athlete liable to disqualification from other events during the meeting although the expectation is that the athlete will be taking no further part in the championships.

Where an athlete finds they are in a field event and track event they have qualified for at the same time and to compete in the track event could seriously affect their field event performance they (or their Team Manager) should inform the Technical Delegate or Competition Director as soon as possible that they wish to withdraw from the track event. This withdrawal will be done without penalty if the Technical Delegate or Competition Director accept the circumstances are genuine. A scratching form requesting this change must be completed at TIC and signed by the TD or CD prior to withdrawal from the Track Event.

## Overseas Athletes

1 When athletes who are not from New Zealand schools qualify for finals the following will occur:

a In laned track events (excluding 800m) if there are less than 6 NZ athletes in the final a B final will be run.

b In the 800m at least 6 of the 8 qualifiers will be NZ athletes and the number of qualifiers increased if necessary to include overseas athletes up to a maximum of 10 qualifiers. Only when this does not cover all overseas qualifiers will a B final be run.

c In non laned track events either 14 of 16 or 12 of 14 will be NZ athletes depending on whether 3 or 2 heats were required with 2 (or more if necessary) places going to overseas athletes.

d In field events NZ athletes will be at least 6 of the 8 qualifying for 3 extra trials with 2 (or more if necessary) places going to overseas athletes.

2 Overseas athletes who medal will receive the appropriate medal as will the top 3 NZ athletes.

## Electronic Devices

The use of cell phones and other electronic devices in the competition arena is strictly prohibited; Doing so will make an athlete liable to disqualification (a phone ring while competing is classed as using it). Either leave them with a trusted person or turned off in a bag you are taking to the event.

## Events at the Same Time

For competitors who find they are in a field and track event at the same time the track event must take precedence. Having checked in at the Call Room for both events track event athletes will go to the field event and compete but being aware of the need to report back to the track event in sufficient time for their heat/round. Track events will not be delayed. Athletes may request the appropriate referee to change their order of competition in that round to assist in doing both events. Athletes need to work with the Event Referee who will liaise with the Start Referee to ensure the athletes are present for their track race. When the time comes they should report to the field event official and excuse themselves



to complete the track event, returning to the field event ASAP after the track event. Competitors cannot demand to take their attempts in succession or to take any trial of a round that has been completed and for which they were absent.

### **Qualifying Pools for Field Events**

Qualifying pools will be arranged by the Competition Manager/ Technical Delegate if the number of athletes entered in a field event are considered too high for the event to be held in the allocated time period. Depending on the configuration of the competition arena one of two possible options will be used.

Option A: The entrants will be divided into two pools of equal size. The pools will compete simultaneously under the same conditions with each athlete completing their three trials. The top eight athletes, drawn from both pools, will go on to contest their last three trials at that time to determine final placings.

Option B: The entrants will be divided into two pools of equal size which will be held consecutively (one pool following the other). A qualifying performance will be set by the Technical Delegate prior to competition commencing. Athletes who achieve or better that qualifying performance will retire from competition. The remainder of athletes in the pool will continue until their final 3 trials are completed. A finals field of approximately twelve athletes will be determined from those qualifying automatically (guaranteed a place in the final) and top placed non-automatic qualifiers. The final, consisting of three trials for all athletes and a further three trials for the top eight, will be held at a suitable time to allow for recovery and preparation eg the following day.

### **Scratchings**

Scratchings from events (on the forms available at the TIC) will be accepted up to ninety minutes prior to the starting time of the event concerned. This does not apply to events where the athlete has already competed in and qualified for the next round. Any scratching applied for after the ninety minutes deadline will be considered a scratching from all other events the athlete is entered in unless permission is granted to continue in them by application to the Technical Delegate.

**NB** We would very much appreciate scratchings either from single events or from the championships completely as soon as the decision has been made please and preferably by the **Tuesday prior to the start of the Championships** by 12.00am so that the fields are as accurate as possible when we import the information into the results system to determine the heats required and the numbers taking part in field events. The online entries system will not be available for scratchings after Tuesday and scratchings will have to be made on the forms provided at the Technical Information Centre from Friday December 6.

The Road Race and the Track and Field Championships are separate championships and scratching from one does not stop an athlete taking part in the other **except when an athlete has qualified for a track final**. Scratchings are not required for the road race unless the team manager plans to substitute a replacement runner and this can be done right up to the time of the race using the scratchings/replacements form provided to managers. **Athletes who have qualified for a further round or final cannot scratch from that event in order to participate in the Road Race. They will be disqualified from the Road Race and any other event they may be involved in.**

### **Protests/Appeals**

These must be lodged with the referee as laid down in the competition rule (World Athletics Rule TR8, WPA Rule 50). If the referee is unavailable for an athlete or manager to lodge a verbal protest with this can be done by going to TIC within the usual timeframe (30 minutes) who will communicate with the relevant referee. Appeals to the Jury of Appeal must be done in writing and be accompanied by a deposit of \$50 which may be forfeited if the appeal fails.

### **Personal Safety and Property**

Competitors take part in the event at their own risk. The NZSSAA and the Local Organising Committee will accept no responsibility for losses or damages to personal property, or claims from competitors, spectators or members of the public as a result of an accident arising before, during or after the event. The Local Organising Committee has prepared a Health and Safety Plan and made that available on the NZSSAA website for everyone involved with the Championships.

### **Para Athletes**

Para Athletes who have been Classified ensuring they meet the impairment and activity limitation eligibility will be given a Sport Class proceeded either by a (T) for Track and Jumping events and/or a (F) for Throwing events. There will be one competition division for all classifications. Para Athletes competing at the NZ Secondary Schools Athletics Championships **are required** to have a National Classification. Forms for classification are available on the NZSSAA

website. **Confirmation of classification, carried out by Para Athlete classifiers, will occur on the Thursday prior to the championships.**

All Seated Throwers will have 6 consecutive attempts with one extra minute break between attempt 3 and 4.

The results and placings will be calculated on a percentage of the world record or a performance standard for each classification. It will enable athletes with different impairments to compete for the same medal and national title.

Please Note:

- Students with specific learning difficulties are not eligible for the Intellectually Impaired Athlete division.
- Hearing Impaired athletes are not eligible for classification as their physical abilities are comparable to that of their peers. However adequate provision will be made to ensure starting mechanisms are in place to allow for equal competition. If an athlete requires strobe lighting this must be advised when entering
- Athletes with adequate residual vision to compete evenly with fully sighted peers are encouraged to do so.
- Some athletes may have multiple impairments therefore Managers are to enter students into the classification where the functional impairment is the greatest. The ANZ classifiers will determine the classification the athlete best belongs.

There will be two age groups for each classification, junior (below 17) and senior (17 and above) on 31 December except in the Road Race where a Year 9 grade is available.

It is important to note that students with an impairment who are ORS funded are entitled to stay at secondary school until the age of 21. Students in this category who are 20 years and over on 31 Dec need to apply for entry to [oe@nzssaa.org.nz](mailto:oe@nzssaa.org.nz).

The following events will be included: 100 m, 200 m, 400 m, 800m, 1500m, shot put, discus, javelin, long jump (metre mat not used), high jump, triple jump and road race. Competing alongside unimpaired athletes in other events will be considered on application to [oe@nzssaa.org.nz](mailto:oe@nzssaa.org.nz).



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## NZSSAA Standards and Specifications

For schools wishing to enter more than three competitors in an event and as a guide to entry for all athletes:

Event	Senior Boys	Junior Boys	Senior Girls	Junior Girls
100 m	11.4 s	11.9 s	13.0 s	13.2 s
200 m	23.4 s	24.3 s	26.8 s	27.0 s
400 m	53.0 s	55.5 s	62.0 s	63.0 s
800 m	2:03.00 min	2:08.00 min	2:28.00 min	2:30.00 min
1500 m	4:14.00 min	4:30.00 min	5:10.00 min	5:30.00 min
3000 m	9:18.00 min	9:40.00 min	11:00.00 min	11:30.00 min
2000m Steeplechase	6:25.00 min	7:30.00 min	8:25.00 min	8:45.00 min
Short Hurdles	17.5 s – 110 m	16.5 s – 100 m	17.5 s – 100 m	15.0 s – 80 m
300m Hurdles	46.2 s	49.2 s	49.2 s	53.00 s
High Jump	1.75 m	1.60 m	1.50 m	1.45 m
Long Jump	6.10 m	5.60 m	4.90 m	4.85 m
Triple Jump	12.30 m	11.50 m	9.85 m	9.50 m
Pole Vault	NS (see starting height)	NS (see starting height)	NS (see starting height)	NS (see starting height)
Shot Put	13.20 m 5 Kg	11.80 m 5 Kg	11.00 m 3 Kg	10.50 m 3 Kg
Discus	36.00 m 1.5 Kg	35.00 m 1.25 Kg	28.00 m 1 Kg	26.00 m 1 Kg
Javelin	43.00 m 700 g	38.00 m 700 g	27.00 m 500 g	25.00 m 500 g
Hammer	30.00 m 5 Kg	30.00 4 Kg	30.00 3 Kg	27.00 3 Kg

Event	Senior Boys	Senior Girls	Junior Boys	Junior Girls
2000 m Walk			12:00.00 min	14:00.00 min
3000 m Walk	16:00.00 min	19:00.00		

## Hurdle Heights and Distances

Event	Height (mm)	No.	To 1 <sup>st</sup> (m)	Between (m)	To Finish (m)
Boys Senior 110m	0.914	10	13.72	9.14	14.02
Boys Junior 100m	0.838	10	13.00	8.50	10.50
Boys Senior 300m	0.838	7	50.00	35.00	40.00
Boys Junior 300m	0.762	7	50.00	35.00	40.00
Girls Senior 100m	0.762	10	13.00	8.50	10.50
Girls Junior 80m	0.762	8	12.00	8.00	12.00
Girls Senior 300m	0.762	7	50.00	35.00	40.00
Girls Junior 300m	0.762	7	50.00	35.00	40.00

## Steeplechase

Event	Distance (m)	Height (mm)
Boys Senior	2000	0.838
Boys Junior	2000	0.762
Girls Senior	2000	0.762
Girls Junior	2000	0.762

## High Jump

Senior Boys: Start at **1.70 m** with **5 cm** rises to **1.90 m** thereafter **3 cm** rises

Junior Boys: Start at **1.55 m** with **5 cm** rises to **1.80 m** thereafter **3 cm** rises

Senior Girls: Start at **1.45 m** with **5 cm** rises to **1.60 m** thereafter **3 cm** rises

Junior Girls: Start at **1.40 m** with **5 cm** rises to **1.55 m** thereafter **3 cm** rises

Para athletes Height and rises to be agreed with officials

## Pole Vault

Senior Boys: Start at **2.85 m** goes up in **15 cm** rises until **3.15 m** thereafter **10 cm** rises

Junior Boys: Start at **2.40 m** goes up in **15 cm** rises until **3.15 m** thereafter **10 cm** rises

Senior Girls: Start at **2.35 m** goes up in **15 cm** rises until **2.80 m** thereafter **10 cm** rises

Junior Girls: Start at **2.05 m** goes up in **15 cm** rises until **2.80 m** thereafter **10 cm** rises

## Implements

Event	Javelin (g)	Discus (kg)	Shot Put(kg)	Hammer (kg)
Boys Senior	700	1.50	5.00	5.00
Boys Junior	700	1.25	5.00	4.00
Girls Senior	500	1.00	3.00	3.00
Girls Junior	500	1.00	3.00	3.00

**Para Athlete Implement Weights (no standards set)**

**Under 20**

<b>Classes</b>	<b>Discus Male</b>	<b>Discus Female</b>	<b>Javelin Male</b>	<b>Javelin Female</b>	<b>Shot Put Male</b>	<b>Shot Put Female</b>	<b>Club Male &amp; Female</b>
F11-13	1.75kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F20	1.75kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F31							397gr
F32	1.00kg	1.00kg	NE	NE	2.00kg	2.00kg	397gr
F33	1.00kg	1.00kg	600gr	600gr	3.00kg	3.00kg	
F34	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F35	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F36	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F37	1.00kg	1.00kg	600gr	600gr	5.00kg	3.00kg	
F38	1.50kg	1.00kg	800gr	600gr	5.00kg	3.00kg	
F40,F41	1.00kg	750gr	600gr	400gr	4.00kg	3.00kg	
F42	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F43,F44	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F45,F46	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F51	1.00kg	1.00kg					397gr
F52	1.00kg	1.00kg	600gr	600gr	2.00kg	2.00kg	
F53	1.00kg	1.00kg	600gr	600gr	3.00kg	3.00kg	
F54	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F55	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F56	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F57	1.00kg	1.00kg	600gr	600gr	4.00kg	3.00kg	
F61,F63	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	
F62,F64	1.50kg	1.00kg	800gr	600gr	6.00kg	4.00kg	

**Under 17**

F11-13	1.50kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F20	1.50kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F31							397gr
F32	750gr	750gr			1.00kg	1.00kg	397gr
F33	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F34	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F35	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F36	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F37	750gr	750gr	500gr	500gr	4.00kg	2.00kg	
F38	1.00kg	750gr	600gr	500gr	4.00kg	2.00kg	
F40,F41	1.00kg	750gr	500gr	400gr	3.00kg	2.00kg	
F42,	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F43,F44	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F45,F46	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F51	750gr	750gr					397gr
F52	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F53	750gr	750gr	500gr	500gr	2.00kg	2.00kg	
F54	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F55	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F56	750gr	750gr	500gr	500gr	3.00kg	2.00kg	
F57	1.00kg	750gr	500gr	500gr	3.00kg	2.00kg	
F61,F63	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	
F62,F64	1.00kg	1.00kg	700gr	500gr	5.00kg	3.00kg	

# Progressions

## 100m 200m

Entries	Round 1			Q	Round 2				Semi Finals			
	Heats	Position	Time		H	P	T	Q	H	P	T	Q
81-88	11	3	7	40	5	4	4	24	3	2	2	8
73-80	10	3	10	40	5	4	4	24	3	2	2	8
65-72	9	3	5	32	4	3	4	16	2	3	2	8
57-64	8	3	8	32	4	3	4	16	2	3	2	8
49-56	7	3	11	32	4	3	4	16	2	3	2	8
41-48	6	3	6	24					3	2	2	8
33-40	5	3	9	24					3	2	2	8
25-32	4	3	4	16					2	3	2	8
17-24	3	2	2	8								
9-16	2	3	2	8								

## 400m NZSS Policy is that there will be a maximum of 3 rounds in 400m

81-88	11	2	2	24					3	2	2	8
73-80	10	2	4	24					3	2	2	8
65-72	9	2	6	24					3	2	2	8
57-64	8	2	8	24					3	2	2	8
49-56	7	2	10	24					3	2	2	8
41-48	6	3	6	24					3	2	2	8
33-40	5	3	9	24					3	2	2	8
25-32	4	3	4	16					2	3	2	8
17-24	3	1	5	8								
9-16	2	2	4	8								

## Hurdles

25-32	4	3	4	16					2	3	2	8
17-24	3	2	2	8								
9-16	2	3	2	8								

## 800m

49-56	7	2	10	24					3	2	2	8
41-48	6	3	6	24					3	2	2	8
33-40	5	4	4	24					3	2	2	8
25-32	4	3	4	16					2	3	2	8
21-24	3	4	4	16					2	3	2	8
*17-20	2	3	3	9								
9-16	2	3	2	8								

\*Where there are 17-20 competitors in the 800m, there can be 2 heats of up to 10 competitors with 9 to qualify for the final

## 4 x 100 Relays

25-32	4	1	4	8								
17-24	3	1	5	8								
9-16	2	2	4	8								

4 x 400 Relays will be run in up to a maximum of 3 divisions per grade

## 1500m

37-54	3	5	0	15								
19-36	2	7	0	14								

Straight finals will be run where possible but heats will be required if numbers are greater than the guidelines.

Guidelines for straight finals. These can be exceeded at the Technical Delegate's discretion taking into consideration the likely significant range of ability of the field.

## 800m 10

## 1500m 18

## \*2000m Steeplechase 22

\*Tracks with an outside water jump, athletes start in 2 rows based on personal best performance unless 2 hurdles are available for the first hurdle.

3000m 32 (echelon start over 22)

## Notice to Competitors

NZSSAA fully endorses the policies of Drug Free Sport New Zealand as they apply to Secondary Schools Athletics.

We have chosen to highlight the safe use of Asthma medications for competitors. There are some asthma medications that are banned. There is a process to work through if these medications are essential.

Some common asthma medications do have limits to their frequency of use. Examples are

- Ventolin, 16 puffs in 24 hours, maximum of 6 puffs in 6 hours prior to racing.
- Symbicort, maximum of 12 puffs within 24hours

Refer to Drug Free Sport New Zealand website for more details: <https://drugfreesport.org.nz/>  
Some simplified examples (adapted from DFSNZ website)

Medication/Substance	Status in Sport [NB: TUE -Therapeutic Use Exemption]
Budesonide (Symbicort, Pulmicort), Ciclesonide (Alvesco) Fluticasone (Flixotide, Seretide)	<ul style="list-style-type: none"> <li>• Permitted in and out of sport. No TUE needed.</li> </ul>
Formoterol (Symbicort)	<ul style="list-style-type: none"> <li>• Maximum threshold of 54 micrograms (12 puffs when using Rapihaler 200/6) over 24 hours. TUE not required for use within thresholds.</li> </ul>
Salbutamol (Ventolin, Asmol)	<ul style="list-style-type: none"> <li>• Maximum threshold of 1600 micrograms (<b>16 puffs</b>) over <b>24 hours</b>. TUE not required for use within thresholds.</li> <li>• Must not exceed 600mcg (<b>6 puffs</b>) in an <b>8-hour period</b>. TUE not required for use within thresholds. Diuretic rule applies</li> </ul>
Salmeretol (Seretide/Serevent)	<ul style="list-style-type: none"> <li>• Maximum threshold of 200 micrograms (approx. 8 puffs when using Seretide MDI inhaler 250/25) over 24 hours. TUE not required for use within thresholds. Diuretic rule applies</li> </ul>
Terbutaline. (Bricanyl)	<ul style="list-style-type: none"> <li>• Prohibited both in and out of competition. TUE required for use</li> </ul>
Vilanterol (Breo Ellipta)	<ul style="list-style-type: none"> <li>• Maximum dose of 25micrograms over 24 hours (1 puff when using Breo Ellipta 100/25 or 200/25). TUE not required for use within thresholds. Diuretic rule applies</li> </ul>



## Attending School / Entry Numbers



School Name	CODE	Entries
ACG Strathallan	STLN	2
ACG Sunderland	SUND	2
Aidanfield Christian School	ADCS	1
Amuri Area School	AMUR	4
Aquinas College	AQUI	5
Ashburton Christian School	ABCS	1
Ashburton College	ASHB	10
Auckland Grammar School	AGSB	24
Avondale College	AVDC	2
Avonside Girls' High School	AVSG	4
Baradene College	BARA	6
Bayfield High School	BAYF	3
Bethlehem College	BTHC	3
Blue Mountain College	BLUE	3
Botany Downs Secondary College	BDSC	4
Burnside High School	BURN	19
Cambridge High School	CAMB	4
Cashmere High School	CASH	18
Catholic Cathedral College	CATH	1
Central Hawkes Bay College	CHBC	1
Central Southland College	CSLC	2
Christ's College	CHCO	11
Christchurch Boys High School	CBHS	35
Christchurch Girls High School	CGHS	15
Columba College	COLU	4
Cook Islands	COOK	8
Craighead Diocesan School	CRAI	17
Cromwell College	CROM	2
Darfield High School	DARF	5
Dilworth School	DILW	10
Diocesan School for Girls	DIOC	7
Dunstan High School	DUNS	6
East Otago High School	EAST	1
Emmanuel Christian School	EMMC	1
Epsom Girls Grammar School	EGGS	3
Feilding High School	FEIL	1
Fiordland College	FIOR	2
Francis Douglas Memorial College	FRAN	4
Freyberg High School	FREY	2
Garin College	GARI	2
Geraldine High School	GERA	5
Glendowie College	GLDW	3
Golden Bay High School	GOLD	1
Green Bay High School	GREE	3
Hamilton Boys High School	HAMB	2
Hamilton Girls High School	HAMG	4
Havelock North High School	HAVE	9
Hillcrest High School	HLCR	1
Hillmorton High School	HLMT	3
Hillview Christian School	HLCS	6
Hornby High School	HORN	1
Howick College	HOWI	1
Hurunui College	HAWA	1
Hutt International Boys' School	HTIB	3
Hutt Valley High School	HTVH	6
IES Felanitx, Spain	FELX	1

School Name	CODE	Entries
Independent Home School Athletes	IHSA	1
Inglewood High School	INGL	1
Iona College	IONA	2
James Hargest College	JHAR	5
John McGlashan College	JMCG	5
John Paul College	JPCR	3
Kaiapoi High School	KAIA	8
Kaipara College	KAIP	1
Kaitaia College	KTCO	1
Kapiti College	KAPI	3
Kerikeri High School	KRKH	1
Kings College	KGCA	14
Kings High School	KHSD	2
KingsGate School	KNGT	1
Kingsway School	KSWY	1
Kristin School	KRIS	1
Kuranui College	KURA	5
Lincoln High School	LINC	6
Long Bay College	LGBY	2
Lynfield College	LYNF	1
Mackenzie College	MACK	1
Macleans College	MACL	13
Manukura	MANA	1
Marian College	MARN	5
Marist College	MART	1
Marlborough Girls College	MLBG	4
MÄruawai College	MRWA	5
Matamata College	MATA	2
Menzies College	MENZ	3
Middleton Grange School	MDGR	5
Motueka High School	MOTU	1
Mt Albert Grammar	MTAL	15
Mt Aspiring College	MTAS	5
Mt Hutt College	MTHT	1
Mt Maunganui College	MTMA	2
Napier Boys High School	NAPB	3
Napier Girls High School	NAPG	2
Nayland College	NAYL	3
Nelson College	NELC	8
New Plymouth Boys High School	NPLB	18
New Plymouth Girls High School	NPLG	4
Nga Tawa Diocesan School	NGTA	3
Northcote College	NTHC	2
Onehunga High School	ONEH	2
Onslow College	ONSL	2
Opihi College	OPHI	1
Orewa College	OREW	2
Otago Boys High School	OBHS	7
Otago Girls High School	OGHS	6
Otamatea High School	OTMH	1
Otumoetai College	OTUM	1
Oxford Area School	OXAS	2
Pakuranga College	PAKU	3
Palmerston North Boys High School	PMRB	2
Palmerston North Girls High School	PMRG	4
Papamoa College	PAPA	1

School Name	CODE	Entries
Papanui High School	PPNU	18
Paraparaumu College	PARA	3
Pinehurst School	PINE	1
Pukekohe High School	PUKE	1
Queen Margaret College	QMAR	2
Queen's High School	QHSD	8
Rangi Ruru Girls' School	RRGS	11
Rangiora High School	RAHS	3
Rangiora New Life School	RNLS	1
Rangitoto College	RGTT	7
Rathkeale College/Trinity Sen College	RATH	1
Riccarton High School	RICC	2
Rolleston College	ROLL	10
Roncalli College	RONC	13
Rongotai College	RONG	3
Rosmini College	ROSM	1
Rotorua Boys' High School	ROTB	3
Rotorua Girls' High School	ROTG	2
Rototuna High School	ROTO	4
Rutherford College	RUTH	1
Sacred Heart College (Auckland)	SHAK	1
Sacred Heart College (Wgtn)	SHLH	2
Sacred Heart Girls' College (NP)	SHGN	4
Samuel Marsden Collegiate	SAMU	3
Sancta Maria College	SMCO	4
Scots College	SCOT	12
Selwyn College	SELW	1
Shirley Boys High School	SHIR	4
South Otago High School	SOHS	1
Southland Boys High School	SLDB	3
Southland Girls' High School	SLDG	3
St Andrew's College	STAC	15
St Bede's College	STBD	7
St Cuthbert's College	STCU	10
St Hilda's Collegiate	STHI	1
St Joseph's Athletics Club, Fiji	SJAF	1
St Kentigern College	STKT	5
St Kevin's College	STKV	7
St Margaret's College	STMG	3
St Mary's College (Auckland)	STMA	3
St Mary's College (Wgtn)	STMW	3
St Matthew's Collegiate	STMT	1
St Orans College	STOR	1
St Patrick's College (Kilbirnie)	SPTW	7
St Patrick's College (Silverstream)	SPTS	23
St Paul's College (Auckland)	SPLA	2
St Pauls Collegiate (Hamilton)	SPLH	2
St Peter's College (Auckland)	STPA	10
St Peter's College (Gore)	STPG	2
St Peter's School	STPC	36
St Peters College	STPP	1
St Thomas Of Canterbury College	STCC	2
Stratford High School	STRA	1
Taieri College	TAIC	10
Takapuna Grammar School	TAKA	6
Tauranga Boys' College	TRGB	19
Tauranga Girls' College	TRGG	2
Tawa College	TAWA	1

School Name	CODE	Entries
Te Aho O Te Kura Pounamu	TAOP	1
Te Aroha College	TEAR	4
Te Awamutu College	TEAW	8
Te Paepae o Aotea	TPOA	6
Timaru Boys' High School	TIMB	20
Timaru Girls' High School	TIMG	6
Upper Hutt College	UPPE	1
Verdon College	VERD	1
Villa Maria College	VILL	10
Waimate High School	WMTE	5
Waimea College	WMEA	5
Waiopahu College	WAIO	1
Wairarapa College	WRPA	2
Waitakere College	WTKR	1
Waitaki Boys' High School	WTKB	2
Waitaki Girls' High School	WTKG	6
Waiuku College	WAIU	1
Wakatipu High School	WAKA	4
Wellington College	WLCO	22
Wellington East Girls' College	WEGC	4
Wellington Girls' College	WLGC	11
Western Heights High School	WHHS	2
Western Springs College	WTSC	2
Westlake Boys High School	WTLB	41
Westlake Girls High School	WTLG	6
Whanganui Collegiate School	WNCS	11
Whanganui Girls' College	WNGC	1
Whanganui High School	WNHS	14
Whangaparaoa College	WHGP	1
Whangarei Boys High School	WHGB	1
Woodford House	WOOD	2

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New Zealand Secondary Schools  
Athletics Association





# NZSSAA Track & Field and Road Race Events History



Year	Track & Field	Road Race	Name	Venue
1973	1 <sup>st</sup>		Mt Cook Airlines Champs	Christchurch
1974	2 <sup>nd</sup>		Mt Cook Airlines Champs	Christchurch
1975	3 <sup>rd</sup>	1 <sup>st</sup>	Mt Cook Airlines Champs	Christchurch
1976	4 <sup>th</sup>	2 <sup>nd</sup>	Mt Cook Airlines Champs	Hamilton
1977	5 <sup>th</sup>	3 <sup>rd</sup>	Mt Cook Games	Auckland (Mt Smart)
1978	6 <sup>th</sup>	4 <sup>th</sup>	Mt Cook Games	Wellington
1979	7 <sup>th</sup>	5 <sup>th</sup>	Mt Cook Games	Christchurch
1980	8 <sup>th</sup>	6 <sup>th</sup>	Mt Cook Games	Hastings
1981	9 <sup>th</sup>	7 <sup>th</sup>	Mt Cook Games	Hamilton
1982	10 <sup>th</sup>	8 <sup>th</sup>	Mt Cook Games	Invercargill
1983	11 <sup>th</sup>	9 <sup>th</sup>	Mt Cook Games	Wellington
1984	12 <sup>th</sup>	10 <sup>th</sup>	Mt Cook Games	Auckland (East Coast Bays)
1985	13 <sup>th</sup>	11 <sup>th</sup>	Mt Cook Games	Dunedin
1986	14 <sup>th</sup>	12 <sup>th</sup>	ACC Champs	Hastings
1987	15 <sup>th</sup>	13 <sup>th</sup>	ACC Champs	Hamilton
1988	16 <sup>th</sup>	14 <sup>th</sup>	ACC Champs	Christchurch
1989	17 <sup>th</sup>	15 <sup>th</sup>	ACC Champs	Auckland (Mt Smart)
1990	18 <sup>th</sup>	16 <sup>th</sup>	ACC Champs	Wellington
1991	19 <sup>th</sup>	17 <sup>th</sup>	Smokefree	Dunedin
1992	20 <sup>th</sup>	18 <sup>th</sup>	Smokefree	Hastings and Napier
1993	21 <sup>st</sup>	19 <sup>th</sup>	NZSSAA	North Harbour
1994	22 <sup>nd</sup>	20 <sup>th</sup>	NZSSAA	Invercargill
1995	23 <sup>rd</sup>	21 <sup>st</sup>	NZSSAA	Hamilton
1996	24 <sup>th</sup>	22 <sup>nd</sup>	NZSSAA	Wanganui
1997	25 <sup>th</sup>	23 <sup>rd</sup>	Adidas	Christchurch
1998	26 <sup>th</sup>	24 <sup>th</sup>	Adidas	Papakura
1999	27 <sup>th</sup>	25 <sup>th</sup>	Adidas and AXA	Wellington
2000	28 <sup>th</sup>	26 <sup>th</sup>	Adidas	Hamilton
2001	29 <sup>th</sup>	27 <sup>th</sup>	Adidas	Dunedin
2002	30 <sup>th</sup>	28 <sup>th</sup>	Adidas	Inglewood
2003	31 <sup>st</sup>	29 <sup>th</sup>	Adidas	Invercargill
2004	32 <sup>nd</sup>	30 <sup>th</sup>	New Balance	Hamilton
2005	33 <sup>rd</sup>	31 <sup>st</sup>	New Balance	Auckland
2006	34 <sup>th</sup>	32 <sup>nd</sup>	New Balance	Christchurch
2007	35 <sup>th</sup>	33 <sup>rd</sup>	NZSSAA	Wanganui
2008	36 <sup>th</sup>	34 <sup>th</sup>	NZSSAA	Hamilton
2009	37 <sup>th</sup>	35 <sup>th</sup>	Trust Aoraki	Timaru
2010	38 <sup>th</sup>	36 <sup>th</sup>	Energy Online	Hastings
2011	39 <sup>th</sup>	37 <sup>th</sup>	NZSSAA	Wellington
2012	40 <sup>th</sup>	38 <sup>th</sup>	Perpetual	Dunedin
2013	41 <sup>st</sup>	39 <sup>th</sup>	NZSSAA	Hamilton
2014	42 <sup>nd</sup>	40 <sup>th</sup>	NZSSAA	Whanganui
2015	43 <sup>rd</sup>	41 <sup>st</sup>	NZSSAA	Timaru
2016	44 <sup>th</sup>	42 <sup>nd</sup>	NZSSAA	Auckland
2017	45 <sup>th</sup>	43 <sup>rd</sup>	Kennedy Park	Hastings
2018	46 <sup>th</sup>	44 <sup>th</sup>	Perpetual	Dunedin
2019	47 <sup>th</sup>	(cancelled)	Victoria University	Wellington
2020	48 <sup>th</sup>	45 <sup>th</sup>	Sky Sport Next	Tauranga
2021	Cancelled due to Covid 19			
2022	49th	47th	Maori Active, SAS	Inglewood
2023	50th	48th	Maori Active, SAS	Christchurch



# NZSSAA Cross Country Events History



Year	Event Number	Name	Venue
1974	1 <sup>st</sup>	Mt Cook Airlines Champs	Christchurch
1975	2 <sup>nd</sup>	Mt Cook Airlines Champs	Palmerston North
1976	3 <sup>rd</sup>	Mt Cook Airlines Champs	Nelson
1977	4 <sup>th</sup>	Mt Cook Airlines Champs	Wanganui
1978	5 <sup>th</sup>	Mt Cook Games	Timaru
1979	6 <sup>th</sup>	Mt Cook Games	Te Awamutu
1980	7 <sup>th</sup>	Mt Cook Games	Blenheim
1981	8 <sup>th</sup>	Mt Cook Games	Stratford
1982	9 <sup>th</sup>	Mt Cook Games	Oamaru
1983	10 <sup>th</sup>	Mt Cook Games	Thames/Paeroa
1984	11 <sup>th</sup>	Mt Cook Games	Rangiora
1985	12 <sup>th</sup>	Mt Cook Games	Levin
1986	13 <sup>th</sup>	ACC	Nelson
1987	14 <sup>th</sup>	ACC	Fielding
1988	15 <sup>th</sup>	ACC	Timaru
1989	16 <sup>th</sup>	ACC	Kawerau
1990	17 <sup>th</sup>	ACC	Blenheim
1991	18 <sup>th</sup>	Smokefree	Wanganui
1992	19 <sup>th</sup>	Smokefree	Christchurch
1993	20 <sup>th</sup>	NZSSAA	Cambridge
1994	21 <sup>st</sup>	NZSSAA	Oamaru
1995	22 <sup>nd</sup>	NZSSAA	Masterton
1996	23 <sup>rd</sup>	NZSSAA	Nelson
1997	24 <sup>th</sup>	NZSSAA	Taradale
1998	25 <sup>th</sup>	NZSSAA	Christchurch
1999	26 <sup>th</sup>	ASB	Te Aroha
2000	27 <sup>th</sup>	Adidas	Christchurch
2001	28 <sup>th</sup>	Adidas	Auckland
2002	29 <sup>th</sup>	Adidas	Blenheim
2003	30 <sup>th</sup>	Adidas	Upper Hutt
2004	31 <sup>st</sup>	NZSSAA	Wingatui
2005	32 <sup>nd</sup>	New Balance	Wanganui
2006	33 <sup>rd</sup>	New Balance	Tauranga
2007	34 <sup>th</sup>	New Balance	Christchurch
2008	35 <sup>th</sup>	NZSSAA	New Plymouth
2009	36 <sup>th</sup>	NZSSAA	Nelson
2010	37 <sup>th</sup>	NZSSAA	Waikanae
2011	38 <sup>th</sup>	NZSSAA	Ashburton
2012	39 <sup>th</sup>	NZSSAA	Auckland
2013	40 <sup>th</sup>	NZSSAA	Christchurch
2014	41 <sup>st</sup>	NZSSAA	Palmerston North
2015	42 <sup>nd</sup>	Perpetual Guardian	Dunedin
2016	43 <sup>rd</sup> & 1 <sup>st</sup> Relays	Podium Podiatry and Footwear	Rotorua
2017	44 <sup>th</sup> & 2 <sup>nd</sup> Relays	NZSSAA	Christchurch
2018	45 <sup>th</sup> & 3 <sup>rd</sup> Relays	Podium Podiatry and Footwear	Taupo
2019	46 <sup>th</sup> & 4 <sup>th</sup> Relays	Trust Aoraki	Timaru
2020	Cancelled due to Covid-19		Hawera
2021	47 <sup>th</sup> & 5 <sup>th</sup> Relays	Sky Sport Next	Hawera
2022	48 <sup>th</sup> & 6 <sup>th</sup> Relays	Maori Active, NZCT	Nelson
2023	49 <sup>th</sup> & 7 <sup>th</sup> Relays	Maori Active, NZCT	Palmerston North
2024	50 <sup>th</sup> & 8 <sup>th</sup> Relays	Maori Active, SAS	Christchurch



# NZSSAA International Track & Field Representative Teams



Date	Event	Venue
January 1975	New Zealand v Victoria & New South Wales	New Zealand
August 1976	Distance Runners Coaching Course	New Zealand
January 1977	New Zealand v Victoria, New South Wales & Queensland	Australia
January 1979	New Zealand Tour to Australia	Australia
December 1981	New Zealand v Australia Interstate Championships	Australia
August 1982	Pacific School Games	Brisbane
May 1985	Team to Fiji School Championships	Fiji
January 1986	New Zealand v Australia	Hamilton/Auckland
December 1987	New Zealand v Australia	Brisbane
December 1990	New Zealand v Australia	Hobart
April 1992	Pacific School Games	Darwin
April 1995	Oceania Championships	Rarotonga
January 1996	New Zealand v Australia U20 Team	Wanganui
December 1996	Pacific School Games	Perth
January 1997	Test Match New Zealand v Australia	Wanganui
May 2000	Pacific School Games	Sydney
November 2005	Pacific School Games	Melbourne
Nov/Dec 2008	Pacific School Games	Canberra
December 2017	Australian All Schools Championships	Adelaide
February 2018	Simplot Games	Idaho
December 2018	Australian All Schools Championships	Cairns
February 2019	Simplot Games	Idaho
March 2020	Australian Track and Field Championships (cancelled)	Sydney
April 2023	Australian Junior Track and Field Championships	Brisbane

W H A K A A T A  
M Ā R I



# NZSSAA International Cross Country Representative Teams



Date	Event	Venue
Aug 1976	NZ v Victoria	Australia
Aug 1981	NZ v Interstate Championships	Australia
Jul 1983	Australian All Schools Championships	Canberra
Aug 1988	NZ v Australia	Tasmania
Aug 1993	Australian Age Group Championships	Melbourne
Aug 1994	Australian Age Group Championships	Melbourne
Aug 1995	Australian Age Group Championships	Tasmania
Aug 1997	Australian All Schools Championships	Adelaide
Sep 2001	Australian All Schools Championships	Hobart
Apr 2008	World Cross Country Championships	Czech Republic
Apr 2010	World Cross Country Championships	Slovakia
Aug 2011	Australian All Schools Championships	Canberra
Mar 2012	World Cross Country Championships	Malta
Aug 2012	Australian All Schools Championships	Adelaide
Aug 2013	Australian All Schools Championships	Launceston
Aug 2014	Australian All Schools Championships	Albany
Aug 2015	Australian All Schools Championships	Melbourne
Apr 2016	World Cross Country Championships	Hungary
Aug 2016	Australian All Schools Championships	Canberra
Aug 2017	Australian All Schools Championships	Hobart
Apr 2018	World Cross Country Championships	France
Aug 2018	Australian All Schools Championships	Sunshine Coast
Aug 2019	Australian All Schools Championships	Wollongong
Apr 2020	World Cross Country Championships (cancelled)	Slovakia
Aug 2022	Australian All Schools Championships	Adelaide
Aug 2023	Australian All Schools Championships	Canberra
May 2024	World Cross Country Championships	Kenya
Aug 2024	Australian All Schools Championships	Melbourne



### NZSSAA Title Holders, Nga Puna Wai, Christchurch 2023

<b>Junior Girls</b>			
100m	Kendra Scally-Tu'i	Mt Albert Grammar	12.28
200m	Kendra Scally-Tu'i	Mt Albert Grammar	24.64
400m	Zita Meo	Napier Girls HS	57.77
800m	Nina Chalmers	Mt Albert Grammar	2:19.24
1500m	Imogen Barlow	St Kentigern College	4:45.30
3000m	Imogen Barlow	St Kentigern College	10:18.00
80m Hurdles	Juliet McKinlay	Wanganui College	11.95
300m Hurdles	Eva Jeffries	St Peter's School	46.45
2000m Stpch	Millie McFadzien	St Peter's Gore	7:39.58
2000m Walk	Alysa Brown	Lincoln High School	10:13.30
4x100m Relay		Havelock North High School	51.45
4x400m Relay		Diocesan School for Girls	4:08.16
High Jump	Zara McDonnell	Rangi Ruru Girls	1.68m
Long Jump	Jacqui Nasrabadi	Diocesan School	5.36m
Triple Jump	Jamie Fell	Hamilton Girls HS	10.68m
Pole Vault	Talaya Vorster	Rangitoto College	3.20m
Shot Put	Karmen Maritz	Westlake Girls High	14.80m
Discus Throw	Karmen Maritz	Westlake Girls High	46.63m
Javelin Throw	Loata Lewageena (International)	Fiji Athletics	39.75m
Javelin Throw	Hayley Koppens	Rototuna High School	39.34m
Hammer Throw	Paige Fletcher	St Kentigern Collegiate	53.61m
<b>Senior Girls</b>			
100m	Marielle Venida	Sancta Maria College	11.71
200m	Mia De Jager	Rototuna High Schools	24.19
400m	Amelie Fairclough	Western Springs	56.71
800m	Boh Ritchie	St Peter's School	2:14.11
1500m	Boh Ritchie	St Peter's School	4:30.59
3000m	Catherine Lund	Otago Girls High School	9:53.10
100m Hurdles	Holly Gray	Avonside Girls High School	14.72
300m Hurdles	Sophie Hancock	Rototuna High Schools	44.43
2000m Stpch	Niamh Motley	Craighead Diocesan School	7:03.64
3000m Walk	Alana Mathews	Rosehill College	18:05.96
4x100m Relay		St Cuthbert's College	49.77
4x400m Relay		St Cuthbert's College	4:03.81
High Jump	Mia De Jager	Rototuna High Schools	1.80m
Long Jump	Charlotte Goldsmith	St Cuthbert's College	5.99m
Triple Jump	Hannah Collins	Te Aho o Te Kura Pounamu	12.46m
Pole Vault	Elaine Zhai	McLeans College	3.30m
Shot Put	Kate Hallie	Takapuna Grammar	14.19m
Discus Throw	Rina Maka	Lynfield College	47.67m
Javelin Throw	Alex Duff	Columba College	44.58m
Hammer Throw	Nadja Kumerich	Rangitoto College	57.13m
<b>Junior Boys</b>			
100m	Rhian Douglas	Waimea College	10.90
200m	Cody Lawson	Southland Boys	22.60
400m	Rhian Douglas	Waimea College	49.93
800m	Quinn Moss	Kings College	1:59.92
1500m	Ben Oxford	Macleans College	4:06.87
3000m	Ben Oxford	Macleans College	8:39.55
100m Hurdles	Rianco Haggard	Howick College	13.82
300m Hurdles	Rianco Haggard	Howick College	40.64
2000m Stpch	Max McGregor	St Peter's Gore	6:35.02
2000m Walk	Campbell Donovan	New Plymouth Boys High School	10:00.06
4x100m Relay		Christchurch Boys High School	45.43

4x400m Relay		Auckland Grammar School	3:33.49
High Jump	Asher Robertson	Hutt International Boys School	1.75m
Long Jump	Asher Robertson	Hutt International Boys School	6.25m
Triple Jump	Elliot Wills	Te Paepae o Aotea	12.45m
Pole Vault	Daniel Grounds	Burnside High School	3.35m
Shot Put	Troy Maka	Lynfield College	14.97m
Discus Throw	Troy Maka	Lynfield College	53.91m
Javelin Throw	Kade Westbrook	Wellington College	44.16m
Hammer Throw	Oliver Chung	Westlake Boys High School	48.48m
<b>Junior Mixed</b>			
4x400m Relay		St Peter's School	4:02.85
<b>Senior Boys</b>			
100m	Joe Dolphin	Rangitoto College	10.58
200m	Rylan Noome	Napier Boys High School	21.28
400m	James Ford	Kings College	47.99
800m	James Ford	Kings College	2:02.04
1500m	Daniel Prescott	St Thomas Canterbury	3:54.64
3000m	Jamie Mora	Auckland Grammer	8:33.75
110m Hurdles	Joseph Dunn	Kings College	14.03
300m Hurdles	James Hansen	Marlborough Boys High School	38.12
2000m Stpch	Louie Endres	Hillcrest High School	6:11.39
3000m Walk	Jonah Cropp	St Andrew's College	12:53.06
4x100m Relay		Christchurch Boys High School	43.47
4x400m Relay		Kings College	3:23.53
High Jump	Samasoni Hewitt	St Patrick's Silverstream	2.02m
Long Jump	Ollie Davis	Central Southland College	7.07m
Triple Jump	AJ Madondo	Christ's College	14.17m
Pole Vault	Tai Rhodes	Westlake Boys High School	4.15m
Shot Put	Blessing Sefo	Kelston Boys High School	17.90m
Discus Throw	Finn McLeod	Christchurch Boys High School	51.46m
Javelin Throw	Blaine Knapman	St Patrick's Silverstream	56.39m
Hammer Throw	Alex Hewitt	St Patrick's Silverstream	59.17m
<b>Senior Mixed</b>			
4x400m Relay		Mt Aspiring College	3:47.19
<b>Junior Para Girls</b>			
100m	Kate Danaher T37	Marist College	16.72
200m	Kate Danaher T37	Marist College	35.29
1500m	Charlie Gardiner-Hall T/F	Waiuku College	9:02.49
Long Jump			
Shot Put	Charli Gardiner-Hall T/F	Waiuku College	8.59m
Discus Throw	Charli Gardiner-Hall T/F	Waiuku College	23.06m
Javelin Throw	Charli Gardiner-Hall T/F	Waiuku College	11.50m
<b>Senior Para Girls</b>			
100m	Una Kinajil-Reding T/F 46	Rangi Ruru Girls	19.00
200m			
400m			
800m			
1500m			
Long Jump			
Shot Put	Una Kinajil-Reding T/F46	Rangi Ruru Girls	8.29m
Discus Throw	Milly Marshall-Kirkwood F	Inglewood High School	17.68m
Javelin Throw	Una Kinajil-Reding T/F46	Rangi Ruru Girls	16.73m
<b>Junior Para Boys</b>			
100m	Connor Carston T20	Riccarton High School	14.19



200m	Ethan Gray T37	Waitaha Special School	32.93
400m	Daniel Kits T/F37	Te Awamutu College	74.88
800m	Daniel Kits T/F37	Te Awamutu College	2:43.29
1500m	Daniel Kits T/F37	Te Awamutu College	5:53.90
Long Jump	Connor Carston T20	Riccarton High School	4.39m
Shot Put	Adi Pathak F20	Papanui High School	6.99m
Discus Throw	Brian Wilson F20	Orewa College	16.01m
<b>Senior Para Boys</b>			
100m	Jaxon Woolley T38	Papamoa College	12.28
200m	Jaxon Woolley T38	Papamoa College	24.90
400m	Jaxon Woolley T38	Papamoa College	59.54
800m	Luis Douglas	Havelock North High School	2:31.14
1500m	Luis Douglas T20	Havelock North High School	5:03.44
Long Jump	Lee West T20	Papanui High School	4.54m
Shot Put	Mac Denniston f34	Dunstan High School	6.86m
Discus Throw	Zack Lappin T/F37	Rangiora New Life School	33.51m
Javelin Throw	Zack Lappin T/F37	Rangiora New Life School	29.43m
<b>Senior Para Boys</b>			
4x100m Relay		Papanui High School	64.82
<b>Road Races</b>			
Year 9 Girls 3k	Indie Williams	Diocesan School	10:36
Year 9 Boys 3k	Daniel Wordsworth	Papanui High School	9:39
Junior Girls 4k	Lisa Hellyer	Onehunga HS	14:39
Junior Boys 4k	Desmond Reddy	Rongotai College	12:43
Senior Girls 4k	Catherine Lund	Otago Girls High School	13:45
Senior Boys 6K	Caleb Wagener	Auckland Grammar School	18:29
Para Junior Boys 2K	Toby Ireland	Hutt Valley HS	8:41
Para Senior Boys 2k	Luis Douglas	Havelock North High School	7:10
Year 9 Girls Teams 3		St Peter's School	51
Year 9 Boys Teams 3		Westlake Boys High School	25
Junior Girls Teams 3		Wellington Girls' College	25
Junior Boys Teams 3		Westlake Boys High School	11
Senior Girls Teams 3		Wellington Girls' College	31
Senior Boys Teams 3		Westlake Boys High School	25
Para SB Teams 3		Papanui High School	9
Year 9 Girls Teams 6		St Peter's School	134
Year 9 Boys Teams 6		Westlake Boys High School	90
Junior Girls Teams 6		Nga Tawa Diocesan School	129
Junior Boys Teams 6		Westlake Boys High School	40
Senior Girls Teams 6		St Margaret's College	172
Senior Boys Teams 6		Westlake Boys High School	106



# NZSS Track and Field Championship Records as at 1<sup>st</sup> January 2024

## Junior Girls Track

100m	Sophie Williams	Whanganui Collegiate School	7/12/2019	11.86
200m	Briar Toop	Havelock North High School	1987	24.4h
400m	Carlene Dillimore	Waihi College	1981	54.42
800m	Rebecca McEnaney	Rangitoto College	2000	2:09.73
1500m	Toni Hodgkinson	Golden Bay High School	1985	4:29.50
3000m	Hannah O'Connor	Sacred Heart New Plymouth	2/12/2016	9:32.89
80m Hurdles	Andrea Miller	Epsom Girls' Grammar	1996	11.67
300m Hurdles	Olivia Burnham	Villa Maria College	4/12/2016	44.48
2000m Steeplechase	Charli Miller	St Peter's School Cambridge	4/12/2016	6:57.00
2000m Walk	Alysa Brown	Lincoln High School	9/12/2023	10:13.30
4 x 100m Relay	Whanganui Collegiate	Sophie Williams, Ana Brabyn, Lucy Brown, Genna Maples	2/12/2018	48.68
4 x 400m Relay	Whanganui Collegiate	Tayla Brunger, Ana Brabyn, Genna Maples, Emma Osborne	3/12/2017	4:02.74

## Junior Girls Field

High Jump	Jess Hendren	Rangiora High School	13/12/2020	1.77m
Long Jump	Sarah Phillips	Western Heights High School	1997	5.78m
Triple Jump	Marguerite Johansson	Bethlehem College	8/12/2019	11.84m
Pole Vault	Lilian Bing	Baradene College	12/12/2020	3.51m
Discus (1kg)	Karmen Maritz	Westlake Girls High School	8/12/2023	46.63m
Hammer (3kg)	Julia Ratcliffe	Waikato Diocesan School	13/12/2008	56.02m
Javelin (500g)	Abbey Moody	Marlborough Girls' College	8/12/2019	42.41m
Shot Put (3kg)	Valerie Adams	Southern Cross Campus	1999	16.70m

## Junior Boys Track

100m	Mark Keddell	St Bede's College	1990	10.88
200m	Mark Keddell	St Bede's College	1990	21.52
400m	Frazer Wickes	Westlake Boys' High School	9/12/2007	47.79
800m	Dallas Bowden	Nelson College	11/12/2005	1:53.19
1500m	Alfie Steedman	Westlake Boys' High School	11/12/2022	3:53.47
3000m	Alfie Steedman	Westlake Boys' High School	9/12/2022	8:27.08
100m Hurdles	Chris Wiremu	Christchurch Boys' High School	12/12/2009	13.24
300m Hurdles	Mattheus Pio	Hamilton Boys' High School	4/12/2016	39.28
2000m Steeplechase	Zane Powell	Kings College	2/12/2018	6:14.90
2000m Walk	Richie Trathen	Macleans College	11/12/2022	9:57.14
4 x 100m Relay	Kings High School	K. Vanisi, F Murdoch, B McPate, D Trevithick	3/12/2017	44.54
4 x 400m Relay	Southland Boys' High School	G Robertson, G Ballam, C Butson, M Robinson	10/12/2006	3:31.91

## Junior Boys Field

High Jump	Jayden Williamson	Rosmini College	2/12/2018	2.01m
Long Jump	Quinn Hartley	James Hargest College	7/12/2019	6.94m
Triple Jump	Sam Colyer	Southland Boys' High School	3/12/2017	13.58m
Pole Vault	Tai Rhodes	Westlake Boys' High School	12/12/2020	3.55m
Discus (1.25kg)	Connor Bell	Long Bay College	4/12/2016	65.00m
Hammer (4kg)	Scott Gregory	Whangerei Boys' High School	7/12/2014	67.12m
Javelin (700g)	Stuart Farquhar	St Peter's School Cambridge	1997	65.36m
Shot Put (5kg)	Jacko Gill	Takapuna Grammar School	13/12/2009	20.42m

### Senior Girls Track

100m	Lucy Sheat	Marlborough Girls' College	3/12/2017	11.59
200m	April Brough	King's College	8/12/2002	23.91
400m	Mia Powell	Lynfield College	11/12/2022	54.86
800m	Angie Smit	Rangiora High School	14/12/2008	2:08.01
1500m	Rebekah Greene	St Hilda's Collegiate	11/12/2011	4:21.39
3000m	Rebekah Greene	St Hilda's Collegiate	11/12/2011	9:23.42
100m Hurdles	Hinewai Knowles	Cambridge High School	7/12/2019	13.80
300m Hurdles	Anna Shattky	Kaipara College	1989	42.50
2000m Steeplechase	Rosa Flannagan	Rangi Ruru Girls' School	8/12/2013	6:34.27
3000m Walk	Alana Mathews	Rosehill College	10/12/2022	17:18.19
4 x 100m Relay	St Peters College (Palmerston North)	Kimberley Walsh, Chayille Collette, Jayde Rolfe, Addira Collette	11/12/2022	47.53
4 x 400m Relay	Diocesan School for Girls	Maddie Kelso-Heap, Lucy Shennan, Jacqui Nasrabadi, Amy Shennan	11/12/2022	3:56.21

### Senior Girls Field

High Jump	Carmell Corbett	Marcellin College	1990	1.84m
Long Jump	Jessica Penney	Wellington Girls' College	12/11/2005	6.05m
Triple Jump	Hannah Collins	Te Aho O Te Kura Pounamu	9/12/2023	12.46m
Pole Vault	Olivia McTaggart	Te Aho O Te Kura Pounamu	2/12/2017	4.30m
Discus (1kg)	Siositina Hakeai	Auckland Girls' Grammar	8/12/2012	56.27m
Hammer (3kg)	Lauren Bruce	Craighead Diocesan School	6/12/2014	63.67m
Javelin (500g)	Tanya Murray	Sancta Maria College	1/12/2017	48.95m
Shot Put (3kg)	Kaia Tupu-South	Westlake Girls' High School	12/12/2020	17.54m

### Senior Boys Track

#### Track

100m	Benjamin Potter	St Kentigern College	1997	10.60
200m	Kodi Harman	Mount Maunganui College	11/12/2011	21.39
400m	Bailey Stewart	Sacred Heart College Auckland	7/12/2014	46.67
800m	Brad Mathas	Cullinane College	11/12/2011	1:50.24
1500m	Richard Potts	St John College Hastings	1989	3:46.92
3000m	Matthew Baxter	New Plymouth Boys' High	9/12/2012	8:15.50
110m Hurdles	Peter Cox	Otago Boys' High School	2001	13.89
300m Hurdles	Nic O'Brien	St Paul's College	1997	36.91
2000m Steeplechase	Geoff Shaw	Northcote College	1975	5:52.90
3000m Walk	Daniel Lord	Timaru Boys' High School	13/12/2009	12:33.77
4 x 100m Relay	St Paul's Collegiate		1997	42.53
4 x 400m Relay	Sacred Heart College Auckland	Bailey Stewart, Dalton Coppins, Alex Beddoes, Henry Boyhan	8/12/2013	3:18.59

### Senior Boys Field

High Jump	Glen Howard	St Bede's College	1993	2.11m
High Jump	Jayden Williamson	Rosmini College	13/12/2020	2.11m
Long Jump	Nigel Park	Rangitoto College	1990	7.36m
Long Jump	Jesse Bryant	St Bede's College	9/12/2012	7.36m
Triple Jump	Daniel Natusch	Wanganui Collegiate	10/12/2005	14.92m
Pole Vault	Pascal Kethers	Rangitoto College	8/12/2013	5.10m
Discus (1.5kg)	Connor Bell	Westlake Boys' High School	8/12/2019	67.27m
Hammer (5kg)	Matthew Bloxham	Orewa College	8/12/2013	76.68m
Javelin (700g)	Gavin Lovegrove	Hillcrest High School	1984	73.74m
Shot Put (5kg)	Jacko Gill	Takapuna Grammar School	11/12/2010	23.86m

### Mixed 4x400m Relays

Junior	St Peter's School	Boh Ritchie, Maddie Waddell, Caleb	11/12/2022	3:49.86
4 x 400m Relay	Cambridge	Woodfield, Henry Smith		
Senior	Havelock North High	Amponsaa Tabi-Amponsah, Tayne	11/12/2022	3:46.48
4 x 400m Relay	School	Patel, Sofia Lumbreras, Karsen Vesty		

# Para Athletes

## Junior Girls Para Track

100m – T20	Georgia Kemble	Tauranga Special School	13/12/2020	31.96
100m – T34	Montana Brown	Cashmere High School	2/12/2018	31.60
100m - T37	Alyssa Baxter	Onehunga High School	8/12/2019	16.01
100m – T46	Una Kinajil-Reding	Rangi Ruru Girls' School	10/12/2022	17.86
100m – T53	Sarah James	Avonside Girls' High School	13/12/2020	25.03
100m – T54	Gabrielle Wright	Pakuranga College	13/12/2020	26.67
100m – T64	Patricia Walsh	Baradene College	13/12/2020	15.93
200m – T34	Montana Brown	Cashmere High School	1/12/2018	63.20
200m - T37	Kate Danaher	Marist College	8/12/2023	35.29
200m – T54	Sarah James	Avonside Girls' High School	13/12/2020	47.09
200m – T64	Patricia Walsh	Baradene College	13/12/2020	34.16
400m – T34	Montana Brown	Cashmere High School	2/12/2018	2:04.28
400m – T53	Sarah James	Avonside Girls' High School	13/12/2020	1:31.40
400m – T54	Sarah James	Avonside Girls' High School	2/12/2018	1:49.02
Long Jump – T37	Charli Gardiner-Hall	Waiuku College	10/12/2022	2.98m

## Junior Girls Para Field

Shot Put – F20 (3kg)	Brandy Collins	Bishop Viard College	6/12/2014	7.55m
Shot Put – F37 (2kg)	Sionann Murphy	Carmel College	12/12/2020	8.69m
Shot Put – F46 (3kg)	Una Kinajil-Reding	Rangi Ruru Girls' School	12/12/2022	9.18m
Shot Put – F57 (2kg)	Milly Marshall-Kirkwood	Inglewood High School	10/12/2022	5.80m
Discus - F20 (1kg)	Brandy Collins	Bishop Viard College	6/12/2014	21.19m
Discus - F37 (750g)	Charli Gardiner-Hall	Waiuku College	8/12/2023	23.06m
Discus – F46 (1kg)	Una Kinajil-Reding	Rangi Ruru Girls' School	11/12/2020	18.94m
Discus – F57 (750g)	Milly Marshall-Kirkwood	Inglewood High School	9/12/2022	11.62m
Javelin – F37 (500g)	Charli Gardiner-Hall	Waiuku College	10/12/2023	11.50m BP
Javelin – F46 (500g)	Una Kinajil-Reding	Rangi Ruru Girls' School	13/12/2022	18.39m

## Junior Boys Para Track

100m – T12	Corran Hanning	Wellington College	13/12/2020	14.37
100m - T20	Isaiah Kouka-Albert	Heretaunga College	3/12/2017	13.95
100m - T35	Zachery Orbell	Manurewa High School	13/12/2020	15.22
100m – T36	Isaac Brewster	Shirley Boys High School	9/12/2023	22.96 BP
100m - T37	Liam Wilson	John McGlashan College	8/12/2019	13.47
100m - T38	Jaxon Wooley	Papamoa College	10/12/2022	12.75
100m – T47	Nikau Peipi	Marlborough Boys' College	8/12/2019	12.81
100m – T54	Jayden Movold	Rangitoto College	13/12/2020	20.99
100m – T64	Josh Tia	Upper Hutt College	10/12/2022	13.00
200m – T12	Corran Hanning	Wellington College	13/12/2020	30.49
200m - T35	Zachery Orbell	Manurewa High School	13/12/2020	32.22
200m – T36	Isaac Brewster	Shirley Boys High School	8/12/2023	50.49 BP
200m - T20	Isaiah Kouka-Albert	Heretaunga College	3/12/2017	27.39
200m - T37	Liam Wilson	John McGlashan College	8/12/2019	27.84
200m - T38	Jaxon Wooley	Papamoa College	9/12/2022	26.62
200m – T47	Nikau Peipi	Marlborough Boys' College	8/12/2019	26.21
200m – T54	Lucas Pedersen	Cambridge High School	9/12/2022	40.98
400m – T12	Corran Hanning	Wellington College	13/12/2020	72.60
400m - T20	Aldrey Soria	Fairfield College	3/12/2017	67.78
400m - T35	Guy Harrison	Napier Boys' High School	4/12/2016	76.10

400m - T38	William Stedman	Middleton Grange School	7/12/2014	60.01
400m –T45	Anton Besseling	New Plymouth Boys' HS	7/12/2014	73.00
400m – T47	Aiden Hogg	St Peter's College (Auckland)	8/12/2019	65.01
400m – T54	Lucas Pedersen	Cambridge High School	11/12/2022	73.48
800m – T20	Toby Paterson	Papanui High School	11/12/2022	3:11.27
800m - T38	Josh Rae	Papanui High School	11/12/2022	3:00.15
800m - T54	Jayden Movold	Rangitoto College	12/12/2020	2:37.68
1500m – T20	Sam Churchill	Papanui High School	10/12/2022	7:07.47
1500m – T38	Josh Rae	Papanui High School	10/12/2022	5:47.97
1500m - T54	Jayden Movold	Rangitoto College	13/12/2020	4:54.17
High Jump – T20	Aldrey Soria	Fairfield College	2/12/2017	1.25m
High Jump – T47	Nikau Peipi	Marlborough Boys' College	8/12/2019	1.58m
Long Jump - T20	Isaiah Kouka-Albert	Heretaunga College	2/12/2017	4.67m
Long Jump - T35	Zachery Orbell	Manurewa High School	12/12/2020	3.30m
Long Jump - T37	Liam Wilson	John McGlashan College	1/12/2018	4.34m
Long Jump - T38	Jaxon Wooley	Papamoa College	10/12/2022	4.49m
Long Jump - T45	Anton Besseling	New Plymouth Boys' HS	6/12/2014	3.06m
Long Jump – T64	Josh Tia	Upper Hutt College	10/12/2022	4.12m
<b>Junior Boys Para Field</b>				
Shot Put – F12 (5kg)	Corran Hanning	Wellington College	12/12/2020	12.12m
Shot Put – F20 (4kg)	Dallas Hokai	Fairfield College	3/12/2016	8.96m
Shot Put – F34 (3kg)	Dylan Lloyd	Taieri College	30/11/2018	1.82m
Shot Put – F35 (3kg)	Carl Drylie	Feilding High School	8/12/2013	5.49m
Shot Put – F36 (3kg)	Isaac Brewster	Shirley Boys High School	9/12/2023	3.40m BP
Shot Put – F37 (3kg)	Daniel Meyer	Pompallier College	30/11/2018	10.32m
Shot Put – F38 (4kg)	Jaxon Wooley	Papamoa College	10/11/2022	6.51m
Shot Put – F46 (5kg)	Nikau Peipi	Marlborough Boys' College	7/12/2019	10.19m
Shot Put – F64 (5kg)	Josh Tia	Upper Hutt College	10/11/2022	8.85m
Discus – F12 (1.25kg)	Corran Hanning	Wellington College	11/12/2020	42.71m
Discus - F20 (1kg)	Dallas Hokai	Fairfield College	3/12/2016	27.66m
Discus – F35 (1kg)	Carl Drylie	Feilding High School	8/12/2013	10.48m
Discus – F36 (750g)	Isaac Brewster	Shirley Boys High School	8/12/2023	7.17m BP
Discus – F37 (750g)	Zack Lappin	Rangiora New Life School	11/12/2020	31.61m
Discus – F38 (750g)	Ben Baines	Taieri College	1/12/2018	22.88m
Discus – F46(1kg)	Nikau Peipi	Marlborough Boys' College	11/12/2020	35.33m
Discus – F54(750g)	Lucas Pedersen	Cambridge High School	9/12/2022	12.10
Discus – F64(1kg)	Josh Tia	Upper Hutt College	7/12/2019	15.41m
Javelin – F12 (700g)	Corran Hanning	Wellington College	8/12/2019	27.89m
Javelin – F37 (500g)	Zack Lappin	Rangiora New Life School	13/12/2020	21.34m
Javelin – F38 (600g)	Ben Baines	Taieri College	2/12/2018	25.95m
Javelin – F46(700g)	Nikau Peipi	Marlborough Boys' College	13/12/2020	32.89m
<b>Senior Girls Para Track</b>				
100m - T20	Nikita White	Otago Girls' High School	12/12/2011	15.68
100m - T36	Danielle Aitchison	Hauraki Plains College	2/12/2018	14.83
100m - T37	Sionann Murphy	Carmel College	10/12/2022	16.45
100m - T38	Danielle Aitchison	Hauraki Plains College	3/12/2017	15.77
100m – T64	Anna Steven	Westlake Girls' High School	3/12/2017	15.90
100m – T47	Anna Grimaldi	Bayfield High School	17/12/2014	14.01
100m - T53	Sarah James	Avonside Girls' High School	10/12/2022	21.21
100m - T54	Gabrielle Wright	Pakuranga College	10/12/2022	21.60

100m – T64	Anna Steven	Westlake Girls' High School	2/12/2018	15.67
200m - T20	Nikita White	Otago Girls' High School	12/12/2011	32.39
200m - T36	Danielle Aitchison	Hauraki Plains College	1/12/2018	31.22
200m - T37	Libby Leikis	Wellington Girls' College	6/12/2005	35.32
200m - T38	Danielle Aitchison	Hauraki Plains College	3/12/2017	32.92
200m - T47	Anna Grimaldi	Bayfield High School	7/12/2014	28.24
200m - T53	Sarah James	Avonside Girls' High School	9/12/2022	46.64
200m - T54	Gabrielle Wright	Pakuranga College	9/12/2022	42.21
200m – T64	Anna Steven	Westlake Girls' High School	3/12/2017	33.74
400m - T20	Nikita White	Otago Girls' High School	12/12/2011	1.16.90
400m - T37	Chelsea Seager	Macleans College	13/12/2009	1.17.28
400m - T38	Sasha Al Dahzani	New Plymouth Girls High School	11/12/2022	80.48
400m - T47	Anna Grimaldi	Bayfield High School	7/12/2014	64.92
400m - T53	Sarah James	Avonside Girls' High School	11/12/2022	75.40
400m - T54	Gabrielle Wright	Pakuranga College	11/12/2022	74.24
800m - T53	Sarah James	Avonside Girls' High School	11/12/2022	2:39.09
800m - T54	Gabrielle Wright	Pakuranga College	11/12/2022	2:38.54
1500m - T53	Sarah James	Avonside Girls' High School	10/12/2022	5:44.69
High Jump – T64	Anna Steven	Westlake Girls' High School	3/12/2017	1.22m
Long Jump - T20	Nikita White	Otago Girls' High School	12/12/2010	3.09m
Long Jump - T36	Danielle Aitchison	Hauraki Plains College	1/12/2018	3.57m
Long Jump - T37	Chelsea Seager	Macleans College	13/12/2009	3.33m
Long Jump - T38	Danielle Aitchison	Hauraki Plains College	2/12/2017	3.31m
Long Jump – T41	Amy Dunn	Hamilton Girls' High School	2/12/2017	0.96m
Long Jump – T64	Anna Steven	Westlake Girls' High School	2/12/2017	3.63m
Long Jump - T47	Anna Grimaldi	Bayfield High School	6/12/2014	5.05m
<b>Senior Girls Para Field</b>				
Shot Put - F11 (3kg)	Freedom Nathan	James Cook High School	12/12/2013	5.67m
Shot Put - F20 (3kg)	Brandy Collins	Bishop Viard College	5/12/2015	10.31m
Shot Put - F34 (3kg)	Jessica Hamill	Verdon College	8/12/2007	6.63m
Shot Put - F37 (3kg)	Caitlin Dore	St Andrew's College	6/12/2014	7.91m
Shot Put – F41 (3kg)	Amy Dunn	Hamilton Girls' High School	2/12/2017	3.95m
Shot Put - F43 (3kg)	Lilian Exton	Avonside Girls' High School	30/11/2018	3.23m
Shot Put – F64 (3kg)	Ashley Exeter	Tararua College	12/12/2011	7.73m
Shot Put - F46 (3kg)	Holly Robinson	Taieri College	19/12/2012	10.08m
Shot Put - F53 (3kg)	Kirsty Fairhurst	New Plymouth Girls' HS	6/12/2014	2.63m
Shot Put – F57 (3kg)	Milly Marshall-Kirkwood	Inglewood High School	9/12/2023	4.82m BP
Discus - F20 (1kg)	Taiyana Taylor	Allenvale School	2/12/2017	15.29m
Discus - F34 (1kg)	Jessica Hamill	Verdon College	8/12/2007	16.75m
Discus - F37 (750g)	Sionann Murphy	Carmel College	9/12/2022	23.84m
Discus - F41 (750g)	Amy Dunn	Hamilton Girls' High School	2/12/2017	10.82m
Discus – F43 (1kg)	Lilian Exton	Avonside Girls' High School	1/12/2018	9.64m
Discus – F57 (1kg)	Milly Marshall-Kirkwood	Inglewood High School	8/12/2023	17.68m BP
Discus – F64 (1kg)	Ashley Exeter	Tararua College	12/12/2011	21.63m
Discus - F46 (1kg)	Holly Robinson	Taieri College	19/12/2012	34.03m
Discus – F53 (1kg)	Kirsty Fairhurst	New Plymouth Girls' HS	6/12/2014	6.24m
Javelin - F20 (500g)	Tere (Festival) Ioane	Mana College	8/12/2019	12.58m
Javelin - F34 (600g)	Jessica Hamill	Verdon College	8/12/2007	13.09m
Javelin - F37 (500g)	Caitlin Dore	St Andrew's College	12/12/2013	18.75m
Javelin - F41 (400g)	Amy Dunn	Hamilton Girls' High School	3/12/2017	10.08m
Javelin – F64 (500g)	Ashley Exeter	Tararua College	12/12/2011	20.48m

Javelin - F46 (600g)	Holly Robinson	Taieri College	19/12/2012	30.31m
Javelin – F53 (500g)	Kirsty Fairhurst	New Plymouth Girls' HS	6/12/2014	5.79m

### Senior Boys Para Track

100m - T13	Daniel Autridge	Opihi College	13/12/2009	14.99
100m - T20	Luke Hewitt	Western Heights High School	6/12/2015	12.27
100m – T34	Takiri Wikitera	Te Kura Kaupapa Maori o Wairarapa	13/12/2020	29.81
100m - T35	Jacob Phillips	Hamilton Boys' High School	12/12/2013	14.53
100m - T36	William Stedman	Middleton Grange School	6/12/2015	13.09
100m - T37	Richard Nelson-Parker	Kings College	12/12/2010	13.80
100m - T38	Jaxon Wooley	Papamoa College	9/12/2023	12.28
100m – T44	Mason Pye	Whanganui High School	10/12/2022	15.02
100m – T64	Jono Brownjohn	New Plymouth Boys' HS	12/12/2013	13.51
100m - T53	Alistair Johnson	St Paul's Hamilton	12/12/2008	17.35
100m - T54	Otis Horne	Hastings Boys' High School	12/12/2010	30.73
200m - T13	Daniel Autridge	Opihi College	13/12/2009	32.89
200m - T20	Luke Hewitt	Western Heights High School	6/12/2015	25.17
200m - T35	Jacob Phillips	Hamilton Boys' High School	12/12/2013	29.36
200m - T36	William Stedman	Middleton Grange School	1/12/2018	25.86
200m - T37	Richard Nelson-Parker	Kings College	12/12/2013	27.98
200m - T38	Jaxon Wooley	Papamoa College	8/12/2023	24.90
200m – T44	Mason Pye	Whanganui High School	9/12/2022	33.01
200m – T64	Jono Brownjohn	New Plymouth Boys' HS	12/12/2010	34.09
200m - T45	Anton Besseling	New Plymouth Boys' HS	1/12/2018	27.20
200m - T54	George Hewitt	Rathkeale College	12/12/2010	42.65
400m - T13	Daniel Autridge	Opihi College	13/12/2009	1.13.13
400m - T20	Luke Hewitt	Western Heights High School	6/12/2015	57.25
400m - T35	Jacob Phillips	Hamilton Boys' High School	7/12/2014	67.86
400m - T36	William Stedman	Middleton Grange School	6/12/2015	57.66
400m - T37	Kieran Lane	Auckland Grammar School	7/12/2014	66.20
400m - T38	Jaxon Wooley	Papamoa College	10/12/2023	59.54
400m – T46	Anton Besseling	New Plymouth Boys' HS	3/12/2017	59.39
400m - T54	Matthew Lack	Opotiki College	12/12/2008	57.7
1500m - T20	Luis Douglas	Havelock North High School	10/12/2022	5:32.62
High Jump – T64	Jono Brownjohn	New Plymouth Boys' HS	12/12/2013	1.65m
Long Jump - T20	Bradley Garner	Allenvale School	5/12/2015	5.45m
Long Jump - T35	Zachery Orbell	Manurewa High School	10/12/2022	3.20m
Long Jump - T36	William Stedman	Middleton Grange School	1/12/2018	5.37m
Long Jump – T37	Jack Lewington	Kuranui College	12/12/2020	3.91m
Long Jump – T38	Jaxon Wooley	Papamoa College	9/12/2023	4.14m
Long Jump – T44	Mason Pye	Whanganui High School	10/12/2022	3.74m
Long Jump – T64	Jono Brownjohn	New Plymouth Boys' HS	6/12/2014	5.14m

### Senior Boys Para Field

Shot Put - F11 (5kg)	Tamati Pearce	James Cook High School	12/12/2013	5.62m
Shot Put - F12 (6kg)	Corran Hanning	Wellington College	10/12/2022	12.52m
Shot Put - F13 (5kg)	Daniel Autridge	Opihi College	12/12/2009	8.61m
Shot Put - F20 (5kg)	Michael Percival-Afeaki	Auckland Grammar School	7/12/2019	12.38m
Shot Put – F34 (4kg)	Mac Denniston	Dunstan High School	9/12/2023	6.86m BP
Shot Put – F35 (4kg)	Jacob Phillips	Hamilton Boys' High School	6/12/2014	7.63m
Shot Put - F36 (4kg)	William Stedman	Middleton Grange School	2/12/2017	8.87m
Shot Put – F37 (5kg)	Zack Lappin	Rangiora New Life School	10/12/2022	7.66m

Shot Put - F38 (5kg)	Rorie Poff	St Thomas of Canterbury College	10/12/2022	10.26m
Shot Put – F64 (5kg)	Harry Crawford	Kings College	5/12/2015	10.88m
Shot Put – F55 (4kg)	Otis Horne	Hastings Boys' High School	11/12/2010	2.69m
Discus – F12 (1.75kg)	Corran Hanning	Wellington College	9/12/2022	36.25m
Discus - F20 (1.5kg)	Jack Lewer	Feilding High School	2/12/2017	32.19m
Discus – F34 (750g)	Mac Denniston	Dunstan High School	8/12/2023	16.75m
Discus – F35 (1kg)	Jacob Phillips	Hamilton Boys' High School	6/12/2014	27.55m
Discus – F37 (1kg)	Daniel Meyer	Pompallier College	7/12/2019	34.63m
Discus - F38 (1.5kg)	Tyler Roberts	St Patrick's College (Kilbirnie)	12/12/2013	20.87m
Discus – F64 (1.5kg)	Harry Crawford	Kings College	5/12/2015	32.88m
Discus - F45 (1kg)	Benjamin Ellis	St Patricks College (Kilbirnie)	3/12/2016	10.38m
Discus – F54 (1kg)	Maioro Barton	Hillcrest High School	4/12/2004	12.92m
Javelin - F20 (700g)	Micheal Percival-Afeaki	Auckland Grammar School	2/12/2018	38.90m
Javelin – F34 (600g)	Mac Denniston	Dunstan High School	10/12/2023	13.53m BP
Javelin – F35 (600g)	Jacob Phillips	Hamilton Boys' High School	12/12/2013	23.44m
Javelin - F37 (600g)	Ben Baines	Taieri College	13/12/2020	31.40m
Javelin – F44 (800g)	Mason Pye	Whanganui High School	11/12/2022	23.94m
Javelin – F46 (700g)	David O'Connor	Auckland Grammar School	3/13/2016	29.58m
Javelin – F54 (600g)	Maioro Barton	Hillcrest High School	4/12/2004	10.90m
Javelin – F64 (700g)	Harry Crawford	Kings College	6/12/2015	24.19m

#### **Mixed (Age/Gender/Classification) Para 4x100m Relays**

4 x 100 Relay T20	Papanui High School	Finn Walker, Reuben Anguisaca-Bland, Michael Davies, Jacob Lowson	2/12/2018	63.23
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If you have any issues with the records, please email [johngam@xtra.co.nz](mailto:johngam@xtra.co.nz) with the details

