

2024 New Zealand Secondary Schools Athletics Championships – Track & Field and Road
 Friday 6 December – Sunday 8 December – Aorangi Park, Timaru
 Order of Events

Friday 6 December – Afternoon Track

12.00pm	800m	PA B	Final
12.05pm	800m	JG	Heats
12.20pm	800m	JB	Heats
12.40pm	800m	SG	Heats
1.00pm	800m	SB	Heats
1.20pm	200m	JG	Heats
1.35pm	200m	JB	Heats
1.53pm	200m	PA B	Final
1.56pm	200m	PA G	Final
2.00pm	3000m	JG	Final
2.14pm	3000m	JB	Final (timed) A race
2.27pm	3000m	JB	Final (timed) B race
2.40pm	400m	SG	Heats
2.52pm	400m	SB	Heats
3.08pm	400m	JG	Heats
3.30pm	400m	JB	Heats
3.45pm	200m	SG	Heats
4.00pm	200m	SB	Heats
4.25pm	3000m	SB	Final (timed) A race
4.42pm	3000m	SG	Final
4.55pm	3000m	SB	Final (timed) B race
5.10pm	4x100m	SG	Heats
5.18pm	4x100m	SB	Heats
5.26pm	4x100m	JG	Heats
5.34pm	4x100m	JB	Heats

Friday 6 December – Afternoon Field

11.30am	Pole Vault	JB/SB
12.00pm	Discus	JG
12.00pm	Javelin	SG
2.00pm	Pole Vault	JG/SG
2.00pm	High Jump	JG
2.00pm	Shotput	JB
2.15pm	Javelin	SB
3.30pm	Discus	PA (B+G)
4.30pm	Long Jump	JB (2 Q Pools/Final)

Saturday 7 December – Morning Track

9.00am	80mH	JG	Heats
9.15am	100mH	SG	Heats
9.30am	100mH	JB	Heats
9.45am	1500m	JG	Heats
10.15am	1500m	JB	Heats
10.35am	100m	PA B	Final
10.40am	100m	PA G	Final
10.45am	100m	SB	Heats
11.10am	100m	SG	Heats
11.25am	100m	JB	Heats
11.45am	100m	JG	Heats
12.05pm	1500m	SG	Heats
12.17pm	1500m	SB	Heats
12.35pm	1500m	PA B	Final

Saturday 7 December – Morning Field

9.00am	Discus	JB
9.30am	Long Jump	JG (2 Q Pools/Final)
9.30am	Shot Put	SB
10.00am	High Jump	SG
11.00am	Javelin	JG
11.15am	Shot Put	PA (B+G)
11.30am	Long Jump	SB (2 Q Pools/Final)

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Saturday 7 December – Afternoon Track

12.40pm	LUNCH		
1.15pm	Opening Ceremony		
1.30pm	300mh	JB	Heats
1.35pm	300mh	JG	Heats
1.50pm	300mh	SG	Heats
2.00pm	300mh	SB	Heats
2.10pm	100m	SG	Semis
2.20pm	100m	SB	2nd round
2.35pm	100m	JB	2nd round
2.45pm	100m	JG	Semis
2.55pm	800m	JG	Semis
3.03pm	800m	JB	Semis
3.11pm	800m	SG	Semis
3.19pm	800m	SB	Semis
3.30pm	2km/3km TW	JG/SG	Finals
3.55pm	400m	SB	Semis
4.05pm	400m	JG	Semis
4.15pm	400m	JB	Semis
4.25pm	200m	SG	Semis
4.35pm	200m	SB	2nd round
4.55pm	200m	JG	Semis
5.05pm	200m	JB	Semis

Saturday 7 December – Afternoon Field

1.20pm	Discus	SG
1.20pm	Shot Put	JG
1.30pm	High Jump	SB
2.20pm	Triple Jump	SG
3.00pm	Javelin	JB
3.30pm	Long Jump	PA (B+G)
4.00pm	Triple Jump	JB
4.15pm	Hammer	JB/SB

Sunday 8 December - ROAD RACE

8.00 am	3000 m	Y9 G
8.20 am	3000 m	Y9 B
8.40 am	4000 m	JG
9.05 am	4000 m/2000m	JB/PB
9.30 am	4000 m	SG
9.55 am	6000 m	SB

Sunday 8 December – Morning Track

9.00am	100m	JB	Semis
9.10am	100m	SB	Semis
9.20am	2km/3km TW	JB/SB	Finals
9.45am	200m	SB	Semis
9.55am	800m	JG	Final
10.00am	800m	JB	Final
10.05am	800m	SG	Final
10.10am	800m	SB	Final
10.20am	110mH	SB	Final
10.30am	100mH	JB	Final
10.35am	100mh	SG	Final
10.40am	80mH	JG	Final
10.45am	2000mS/c	JG	Final
10.50am	2000mS/c	JB	Final
11.00am	2000mS/c	SG	Final
11.10am	2000mS/c	SB	Final
11.20am	100m	SG	Final
11.25am	100m	SB	Final
11.30am	100m	JG	Final
11.35am	100m	JB	Final

Sunday 8 December – Morning Field

9.00am	Long Jump	SG
9.30am	Shot Put	SG
10.00am	High Jump	JB
10.00am	Discus	SB
11.15am	Triple Jump	JG

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Sunday 8 December – Afternoon Track

Sunday 8 December – Afternoon Field

12.30pm	300mH	JG	Final
12.35pm	300mH	JB	Final
12.40pm	300mH	SG	Final
12.45pm	300mH	SB	Final
12.50pm	1500m	JG	Final
12.56pm	1500m	JB	Final
1.05pm	200m	SG	Final
1.10pm	200m	SB	Final
1.15pm	200m	JG	Final
1.20pm	200m	JB	Final
1.25pm	400m	JG	Final
1.30pm	400m	JB	Final
1.40pm	1500m	SG	Final
1.50pm	1500m	SB	Final
2.00pm	400m	PA SB	Final
2.05pm	400m	SG	Final
2.10pm	400m	SB	Final
2.15pm	4x100m	PA Mix	Final
2.20pm	4x100m	JG	Finals
2.25pm	4x100m	JB	Finals
2.30pm	4x100m	SG	Finals
2.35pm	4x100m	SB	Finals
2.40pm	4x400m	J Mix	Final
2.45pm	4x400m	JG	Final
2.50pm	4x400m	JB	Finals (timed)
3.05pm	4x400m	S Mix	Finals (timed)
3.25pm	4x400m	SG	Finals (timed)
3.45pm	4x400m	SB	Finals (timed)

12.30pm	Javelin	PA (B+G)
1.00pm	Triple	SB
1.00pm	Hammer	JG
2.30pm	Hammer	SG

4.30pm **NZSS Team Announcement**
Athletes of the Meet
Closing