

**NZSSA
Cross
Country**

29th Annual
New Zealand Secondary Schools
Cross Country Championships

Championships

Saturday 15th June

Lansdowne Park

Blenheim

*Information on the Championship is available
At the official event website*

www.nzssaa.org.nz

Entries close **29th May 2002**

- **VENUE**

Lansdowne Park

Lansdowne Road, Blenheim

- **PROGRAMME**

Friday 14 June:

12.45pm – 5.30pm - Course viewing and registration at Jim Fraser room, Lansdowne Park

5.30pm – 6.30pm - Athletics NZ seminar at the **Jim Fraser Room**

Saturday 15 June:

9.00am – 11.00am Registration at Jim Fraser Room

9.30am

Technical meeting, Harlequins Rugby Club. Lansdowne Park.

All runners to report to race marshal 15 min prior to race start.

11.00am Year 9 girls race

11.30am Year 9 boys race

12.00pm Junior girls race

12.30pm Athletics NZ senior women's race

1.00pm Junior boys race

1.30pm Athletics NZ senior men's race

2.00pm Senior girls race

2.30pm Senior boys race

4.30pm Prize giving, Marlborough Girls' Assembly Hall

7.30pm Athletes social

- **AGE GROUPS**

Year 9 Girls/Boys:

Year 9 students only and U15 years as at 31 December 2002.

Junior Girls/Boys:

U16 years as at 31 December 2002.

Senior Girls/Boys:

U19.5 years as at 31 December 2002.

GRADE

YEAR OF BIRTH

Year 9 Born 1988, 1989, 1900

Junior Born 1987, 1988, 1989, 1990

Senior Born 1983, 1984, 1985, 1986

- **DISTANCES**

Year 9 girls 3km Year 9 boys 3km

Jnr girls 3km Jnr boys 4km

Senior girls 4km Senior boys 6km

- **TEAM MEMBERSHIP**

Schools with three to five finishers in any event, will automatically be entered in the events three-person teams competition.

Schools with six or more finishers in any event, will automatically, be entered in that events three and six person teams competition.

- **ENTRIES**

Team managers are to photocopy the entry form page and to enter details for each grade on a new page.

Entries close on 5pm, Monday 29th May

DO NOT FAX ENTRIES! DO NOT FAX ENTRIES!
Late entries will only be accepted up until **5 p.m. 13th June** With the late entry fee of an additional \$5. After that date no new entries will be accepted.

Send entries to: **NZSS X Country
C/O Marlborough Boys' College
7 Stephenson Street,
Blenheim**

- **SCRATCHINGS**

Do not advise us of scratchings. Schools may replace an athlete with one other, in the same grade, up until 10am on **15th June, 2002**

- **ENTRY FEES**

\$10 per competitor if received by **29th May**

\$15 per competitor if received after 29th May

Send one cheque per school, payable to: **Marlborough Boys' College**

The correct entry fee must be included with the entry form. The entry fee includes a \$3 NZSSAA levy.

- **SCHOOL IDENTIFICATION**

The national secondary schools four-letter code will be used for identification. Please refer to the 2001 NZ Secondary schools Sports Council Directory pages 26 – 42 or refer to our web site. – www.nzssaa.org.nz

- **ELIGIBILITY**

Participation in these championships is open to any full time student in year 9 or higher who attends a NZ Secondary School, which holds current affiliation with the NZ Secondary Schools Athletic Association. Please refer to the NZ Secondary Schools Sports Council Directory page 22.

Affiliation form for NZSSAA was issued with this entry form. Copies are available on the web site.

- **RACE RULES**

This event is run under the race rules of IAAF.

1. This is a sporting event where all competitors, team managers, spectators and officials are to practice good sportsmanship and Fairplay.
2. All participating schools must appoint an adult as a team manager, irrespective of the number of athletes competing.
3. The responsibility of keeping on the course rests with the competitor. Failure to follow the prescribed course will mean disqualification.
4. Competitors are to wear the athletics uniform of their school. (*no club uniforms*)
5. Competitors must wear the official number issued for this championship, on the front of their singlet or shirt. This number is not to be altered in any way. The number must be visible to officials at all times during the race, especially at the finish.
6. Competitors must follow the instructions of officials prior to, during and after the race. Abuse of officials will not be accepted and may lead to disqualification.
7. A competitor may not deliberately impede or obstruct the forward motion of others.
8. Within 30 minutes of finishing a competitor, via the team manager, may protest in writing to the Race Referee about:
 - The conduct of another competitor
 - Race marshal/official decisions
9. The race organisers will appoint a race referee and an appeals committee.

- **MEDICAL CONDITIONS**

It is the responsibility of all team managers to be aware of any medical conditions of an athlete, and to have available the contact details of the athletes parents/guardians should it be required in an emergency.

Managers should check that students, who suffer from asthma, carry an inhaler with them.

The race organisers will organise First Aid and a doctor will be in attendance.

- **REGISTRATION**

Team managers may collect race packs from the Jim Fraser Room, Landsdowne Park.

The race pack will contain race numbers for each competitor, safety pins, starting lane

draws, scratching and replacement sheets and finish lane recording sheets.

- **FINISH LINE PROCEDURE**

Upon crossing the finish line, competitors are to keep in the correct finishing order. Competitors who cannot remain in the finishing chute due to injury or illness will be replaced by a "reserve". Competitors will receive a finish disc that identifies their finish place. Competitors must remain in their finish chute until released by officials. Competitors must give the place disc to the team manager immediately. Team managers are to record on their schools finish line card (from the race pack) the competitors number, name, grade, place. The total team score must also be recorded.

These results sheets **must** be handed in after each race to the results desk. Do not leave it until after the last race of the day.

- **ACCOMMODATION**

No billeting. Please refer to various accommodation options on our web site.

- **AIR TRAVEL**

Refer to page 14-19 NZSS Sport Council Directory – The Air New Zealand code for this event is HCS 20/02

- **T-SHIRT**

A quality t-shirt with an abstract design may be ordered on the entry form.

Size = Small Medium Large X-Large
Price = \$20

No refunds on t-shirts order. Extra T-shirts orders will be taken but a postage charge of \$5.00 will be charged.

- **ATHLETICS NZ SEMINAR**

A flyer about this is included in this mailing.

- **ATHLETES SOCIAL**

Venue **To be advised**
Price **\$7.00**
Time **7.30 - 10.45**

Conditions of entry:

All students to arrive by 8 pm and cannot leave until 10.30 pm. No entry after 8 pm.

No door sales. No refunds of tickets.

If less than 100 tickets are sold the event will NOT proceed.

Organised by Ross Erikson and Gail Fletcher at Marlborough Boys' College.