

# **30th Annual New Zealand Secondary Schools Cross Country Championships**



Saturday 21st June

Trentham Memorial Park  
Upper Hutt

*Information on the Championship is available  
At the official event website*

**[www.nzssaa.org.nz](http://www.nzssaa.org.nz)**

Entries close 30th May 2003

Hosted by  
St Patrick's College, Silverstream  
&  
Valleys United Athletic Club Inc

## • VENUE

Trentham Memorial Park  
Fergusson Drive, Upper Hutt

## • PROGRAMME

### Friday 20 June:

2.00pm – 4.30pm:

Course viewing and registration at Logan Plaza Sports Centre, Trentham Memorial Park

4.45pm – 6.00pm:

Athletics NZ seminar at the St Patricks College Auditorium, 207 Fergusson Drive, Silverstream, Upper Hutt

### Saturday 21 June:

9.00am – 10.00am:

Registration at Logan Plaza Sports Centre

10.00am:

Deadline for replacement runners.

All runners to report to race marshal 15 minutes prior to race start.

**11.00am** Year 9 Girls race

**11.30am** Year 9 Boys race

**12.00pm** Junior Girls race

**12.30pm** Athletics NZ Senior Women's race

**1.00pm** Junior Boys race

**1.30pm** Athletics NZ Senior Men's race

**2.00pm** Senior Girls race

**2.30pm** Senior Boys race

**4.30pm** Prize giving, St Patrick's College, Silverstream Auditorium

**7.30pm** Athletes' social

## • AGE GROUPS

### Year 9 Girls/Boys:

Year 9 students only and U15 years as at 31 December 2003.

### Junior Girls/Boys:

U16 years as at 31 December 2003.

### Senior Girls/Boys:

U19.5 years as at 31 December 2003.

## • DISTANCES

Year 9 Girls 3km Year 9 Boys 3km

Junior Girls 3km Junior Boys 4km

Senior Girls 4km Senior Boys 6km

## • TEAM MEMBERSHIP

Schools with three to five finishers in any event, will automatically be entered in the events three-person teams competition. Schools with six or more finishers in any event, will automatically, be entered in that events three and six person teams competition.

## • ENTRIES

Entries are being accepted for this event on the Association's Website [www.nzssaa.org.nz](http://www.nzssaa.org.nz). The procedures are explained in information files on the home page of the website. All school Principals have been sent login codes and passwords. Yours will give you access to your school's entry form. The payment can be made online by credit card or by several methods outlined on the invoice, which will be downloaded to your computer when you submit the entries. You will be able to "practise" on the entry form prior to **5th May** on which date you can submit entries.

Entries submitted will not be loaded to the events until payment has been confirmed.

### Entries will close on Friday 30th May and payment received by Tuesday 3rd June.

The late entry fee will be applied to all entries submitted and payments received after these dates.

Late entries will only be accepted up until **Friday 13th June**. After that date no new entries will be accepted.

## • SCRATCHINGS

Do not advise us of scratchings. Schools may replace an athlete with one other, in the same grade, up until **10am on 21st June, 2003**

## • ENTRY FEES

\$10 per competitor if payment is received by **3rd June**

\$15 per competitor for late entries.

The entry fee includes a \$3 NZSSAA travel levy.

## • SCHOOL IDENTIFICATION

The national secondary schools four-letter code will be used for identification. Please refer to our web site. [www.nzssaa.org.nz](http://www.nzssaa.org.nz)

## • ELIGIBILITY

Participation in these championships is open to any full time student in Year 9 or higher who attends a NZ Secondary School, which holds current affiliation with the NZ Secondary Schools Athletic Association. Please refer to the NZ Secondary Schools Sports Council Directory.

Affiliation form for NZSSAA was posted to all schools in February. Copies are available on the web site.

## • BUS PARKING

If bus parking is required, please advise Hugh Steel by fax (04) 939 4232. Instructions will be forwarded separately detailing location of parks.

## • RACE RULES

This event is run under the race rules of IAAF.

1. This is a sporting event where all competitors, team managers, spectators and officials are to practice good sportsmanship and Fairplay.
2. All participating schools must appoint an adult as a team manager, irrespective of the number of athletes competing.
3. The responsibility of keeping on the course rests with the competitor. Failure to follow the prescribed course will mean disqualification.
4. Competitors are to wear the athletics uniform of their school. (No club uniforms)
5. Competitors must wear the official number issued for this championship, on the front of their singlet or shirt. This number is not to be altered in any way. The number must be visible to officials at all times during the race, especially at the finish.
6. Competitors must follow the instructions of officials prior to, during and after the race. Abuse of officials will not be accepted and may lead to disqualification.
7. A competitor may not deliberately impede or obstruct the forward motion of others.
8. Within 30 minutes of finishing a competitor, via the team manager, may protest in writing to the Race Referee about:
  - a. The conduct of another competitor
  - b. Race marshal/official decisions
9. The race organisers will appoint a race referee and an appeals committee.

## • MEDICAL CONDITIONS

It is the responsibility of all team managers to be aware of any medical conditions of an athlete, and to have available the contact details of the athletes parents/guardians should it be required in an emergency. Managers should check that students, who suffer from asthma, carry an inhaler with them.

The race organisers will organise First Aid and a doctor will be in attendance. The nearest medical centre is the Upper Hutt Health Centre off Queens St.

## • REGISTRATION

Team managers may collect race packs from the Logan Plaza Sports Centre, Trentham Memorial Park on Friday 20 June between 2pm and 4.30pm or Saturday 21 June between 9am and 10am.

## • ATHLETICS NZ SEMINAR

A flyer about this is included in this mailing.

## • ADDITIONAL DETAIL

The race pack will contain race numbers for each competitor, safety pins, starting lane draws and replacement sheets, T-Shirts ordered, disco tickets and finish lane recording sheets.

## • FINISH LINE PROCEDURE

Upon crossing the finish line, competitors are to keep in the correct finishing order. Competitors who cannot remain in the finishing chute due to injury or illness will be replaced by a "reserve". Competitors will receive a finish disc that identifies their finish place. Competitors must remain in their finish chute until released by officials. Competitors must give the place disc to the team manager immediately. A **marquee** is directly opposite the finish chute **for the use of teams to collate results**. Team managers are to record on their schools finish line card (from the race pack) the competitor's number, name, grade, and place. The total team score must also be recorded.

These results sheets **must** be handed in after each race to the results office at the Logan Plaza Sports Centre. Do not leave it until after the last race of the day.

## • ACCOMMODATION

No billeting. Please check Upper Hutt City Council at [www.upperhuttcity.com](http://www.upperhuttcity.com) for local options.

## • T-SHIRT

A quality t-shirt with an abstract design will be available for purchase. This is to be ordered and paid for with your entries on the website.

Sizes:     **Small**     **Medium**     **Large**  
Price:       **\$25**

No refunds on t-shirts order. Extra T-shirts orders will **not** be taken at the event.

- **ATHLETES' SOCIAL**

Venue: **St Patrick's College,  
Silverstream - Auditorium**

Price: **\$7.00**

Time: **7.30 - 10.45**

Conditions of entry:

All students to arrive by 8 pm and cannot leave until 10.30 pm. No entry after 8 pm.

No door sales. No refunds of tickets.

If less than 100 tickets are sold the event will NOT proceed.

Organised by The Silverstream Sports Trust and Mike O'Leary.

- **LOGAN PLAZA SPORTS CENTRE**

This facility will be available for athletes to change in and store gear while racing. No responsibility will be taken by the organising committee for such gear.

**ABSOLUTELY NO SPIKES ARE TO BE WORN IN THE CENTRE.**