



New Zealand Secondary Schools Athletics Association



40th New Zealand Secondary Schools Cross Country Championships 2013

Newsletter #1 updated 5th June

To All New Zealand Secondary Schools:

Welcome to the 40th New Zealand Secondary Schools Cross Country Championships to be held at Halswell Quarry Park, Christchurch

The Organising Committee calls for entries from your school to this event.

Date: Saturday 15th June 2013

Event Organisers

The Local Organising Committee is comprised of:

- Staff of the host school St Bede's College
- Officials of Athletics Canterbury
- Members of the Christchurch Avon Athletic Club.

The Prize Giving will be held at **4.00pm** at **St Bede's College**

The Disco and Managers Function will be held at **St Bede's College**.

None of the above is involved in the entry process of the Championships.

You must register online through the NZSSAA website: www.nzssaa.org.nz

Course

The Halswell Quarry course is the same as used last time the Championships were held in Christchurch.

The standard lap is two kilometres over flat and undulating terrain with one long uphill drag to the top of the course. The course could be soft and heavy going in places with the possibility of some muddy sections and water to cross.

3k course- There is a 1km lap for Year 9 girls and boys, and junior girls, which precedes the 2km lap. Note the different starting place on the course map.

4k course - Junior boys and senior girls will complete two laps of the 2km course.

6k course - Senior boys will run three laps of the 2km course.

AWD runners will compete over one lap of the 2km course or may enter into and compete with their age group in the non-disabled races.

It is recommended that all runners wear footwear. The course is suitable for spiked shoes. Athletes who do not wear shoes or are not able to attach the timing chip to their shoe will need to collect an ankle tie from the Race Control table.

Runners compete at their own risk.

Directions and Parking

Halswell Quarry Park is located on the corner of Cashmere Road and Kennedys Bush Road. This area is in the Southern area of Christchurch.

There is limited all weather car parking off Kennedys Bush Road.

There is limited all weather car parking off Cashmere Road.

There is fine weather parking in the paddock below the course. Entry is through the farm gate just before the corner on Cashmere Road.

Please refer to the course map for further information.

Functions

Managers Meeting - There will be no managers' meeting preceding the event. However, there will be a Technical Desk to answer any queries at the Race Pack Collection Tent at the venue.

Prize Giving will be held at 4.00pm at **St Bede's College**

Athletes Disco and Managers Function will be held at **St Bede's College**.

Programme of Events

Friday 14 June

1.00pm to 5.00pm Course open for inspection. Please do not come to the course before 1pm, so that the volunteers can concentrate on setting up the course. Note that it may not be in its finished state until late afternoon.

3pm to 5pm Managers Packs will be available in Race Pack Collection Tent at the race venue. Race Packs will only be issues to Team Managers and not individual athletes.

Saturday 18 June

8.30am Course open for inspection and Team Manager Packs available in the marquee

10.00am AWD Combined Disability/ Girls and Boys 2 km 1 full lap

10.30am Year 9 Girls – 3km 3 km 3k start to end of lap, then one full lap

11.00am Year 9 Boys – 3km 3 km 3k start to end of lap, then one full lap

11.30am Junior Girls – 3km 3 km 3k start to end of lap, then one full lap

12 noon Junior Boys – 4km 4 km two full laps

12.30pm Senior Girls – 4km 4 km two full laps

1.00pm Senior Boys – 6km 6 km three full laps

4.00pm Prize Giving – **St Bede's College**

7.30pm to 10pm Athletes Disco and Managers Function – **St Bede's College**

Age Groups

All runners must have turned 13 prior to 31 December 2013

AWD Under 22 as at 31 December 2013 (born on or after 1st January 1992)

(To enter runners who are over the senior age limit email their details to oe@nzssaa.org.nz)

Year 9 Runners must be under 15 as at 31 December 2013 (born on or after 1st January 1999)

(A runner can compete in the Year 9 race once only.)

Junior Under 16 as at 31 December 2013 (born on or after 1st of January 1998)

Senior Under 20 as at 31 December 2013 (born between 1st January 1994 and 31st December 1997)

Participation and Affiliation to NZSSAA

Participation in these Championships is open to any student Year 9 or above who attends a New Zealand Secondary School.

Year 7 and 8 students are not eligible to compete under any circumstances.

Affiliation with the New Zealand Secondary Schools Athletics Association is invoiced as part of the entry process for the Championships.

Athletes with a Disability (AWD) participation is encouraged and athletes wishing to compete can choose 1 of 2 entry options; either the 2km AWD girls and boys combined disability race or entry into the non-disabled races with their AWD category and non-disability placing being identified.

The AWD categories being contested are: CP, AMP/Other, VI and ID. Medals and certificates will be awarded in all of these four categories.

Entry Procedures for Team Managers/Sports Co-ordinators

- Entries open online Monday 30 April
- **Entries close online at Midnight Thursday 7 June**
- **Do not be late with your entries.**

After June 7 any further entries are added only with the approval of the online entries administrator. Late entries are to be emailed to oe@nzssaa.org.nz and there will be a charge of \$10 per late entry added to a schools online account.

Go to the NZSSAA website www.nzssaa.org.nz and click on <http://robo.co.nz/o/nzssxc2013/> A login prompt will be presented to your browser. Enter your assigned username and password to proceed into the system. Please fill in your team information first before making your entries. If you do not have the schools username and password check with your principal who should be holding a copy of it. If necessary email oe@nzssaa.org.nz for the information.

Affiliation Fee \$36.00 including GST per school, payable with online entries

Entre Fees \$15.00 including GST per athlete, which includes the \$5.00 NZSSAA Travel Fund Levy

Your entries are complete when you have chosen a payment option, produced an invoice and paid.

There are two options for payment:

- by **school or personal credit card**
- direct crediting the **NZSSAA Entries** bank account **12-3150-0174691-00**

Please note that you can add additional entries yourself up until entries close even though you may have already generated an invoice or paid. Enter your additional athletes and pay for them accordingly.

Payment by cheque is no longer an option, except for a late payment when the cheque is handed directly to the race organisers at the championships in order to uplift your competition numbers.

Please note: Athletes will not appear in the confirmed entries list or the programme and will not be able to compete until entry fees have been confirmed as having been paid.

Entry enquiries are to be by email only to oe@nzssaa.org.nz please

T shirts

T shirts will be available for purchase using the order form on the website.

Orders must be received by Friday 8 June. There will be no T shirts sales on the day of the championships, but mail orders will be taken and will include a postage charge.

Payment must be included with your order and sent direct to the address shown on the order form.

Accommodation

Accommodation can be sourced by the internet. You are advised to book early. Accommodation in the South, West and North areas of Christchurch will be relatively close to the three event venues and provide easy access to the airport. Accommodation available will be safe although it may still show cosmetic signs of earthquake damage. While roads in this half of town are in good condition, plenty of time should be allowed for travelling around town.

Food and Refreshments

Limited food and refreshments will be on sale at the course. A coffee van may also be on location.

Programmes

Managers will receive one or more complementary programmes in their team pack, based on team entry numbers. No programmes are being printed for individual athletes.

Limited additional programmes will be available for sale at a charge of \$3.00 per programme.

Check the NZSSAA website for further announcements

Newsletter # 2 will be uploaded online at the end of May with updates and maps for locations of the Prize Giving and Athlete Disco/Managers Function.

Other information will be posted as announcements on our website

We look forward to welcoming you to Halswell Quarry Park, Christchurch for this exciting event and hope that you all have an enjoyable and rewarding time.

Hopefully this has answered all immediate questions.

If you do have any **entry queries**, please email oe@nzssaa.org.nz

If you do have any **general queries**, please email johngam@xtra.co.nz

John Gamblin
Chairman
LOC Committee
Christchurch