

New Zealand Secondary Schools Cross-Country Championships
Saxton Field Sports Complex
Stoke, Nelson
18-19 June 2022

New Zealand Secondary Schools Athletics Association
48th New Zealand Secondary Schools
Cross-Country Championships 2022

To All New Zealand Secondary Schools,

Welcome to the 48th running of the New Zealand Secondary Schools Cross-Country Championships and the 6th New Zealand Secondary Schools Regional Cross-Country Team Relay Championships to be held at the Saxton Field Sports Complex Stoke Nelson. Nelson has previously hosted the event in 1976, 1986, 1996 and 2009 each time with great success - a standard we will do our very best not just to maintain but to improve on.

Event Organisers

Athletics Nelson is the hosting organisation with a Local Organising Committee (LOC) put together by the Club. Athletics Nelson has a fine history of hosting national events including Athletics New Zealand Road Relay Championships on a number of occasions. In addition, the LOC appreciates the time that will be given over the Championships from graded officials from outside Nelson as well as the many volunteers and officials recruited locally.

Course

The Saxton Field course is fast, mostly flat but with some small undulations. It comprises two laps: a 1 km lap and a 2 km lap being an extension of the 1 km lap. It is very spectator friendly with viewing opportunities all around the course, especially the 1 km lap.

The start of both laps consists of a wide flat 280 m straight narrowing after that but with sufficient width to cater for larger numbers. With the 1 km lap, after 370 m there is a small dip and rise with the course continuing on an embankment surrounding the ground with a small deviation before descending into the start finish area.

The 2 km lap extends from the 1 km lap after approximately 370 m through a small patch of bush and then circles football fields to an embankment which is utilised to include several testing undulations. At approximately 1.5 km, the lap joins the second half of the 1 km lap.

The course, a map of which will be uploaded onto the NZSSAA website at a later date, would best be described as “modern day” rather than “traditional”.

The courses for each grade are as follows:

Year 9 Girls, Year 9 Boys and Junior Girls (3km)

1 X 1km lap, 1 X 2km lap

Senior Girls, Junior Boys (4km)

2 X 1km lap, 1 X 2km lap

Senior Boys (6km)

2 X 1km lap, 2 X 2km lap

Para Athletes (2km)

2 X 1km lap.

The course is suitable for spiked shoes or barefoot running. Runners compete at their own risk.

Para Athletes

Para Athletes who wish to run the full distance in their correct grade, will do so with non-para athletes. In this case, their placings will count in the overall results for their school team and also have their Para performance recognised separately.

Female Para athletes in any grade wishing to compete in the 2 km event will do so by completing the first two laps of the Senior Girls race. Male Para athletes in any grade wishing to compete in the 2 km event will do so by completing the first two laps of the Junior Boys race.

Entry to Saxton Field and Parking

Please refer to the maps to be uploaded on the NZSSAA website.

As other sports are being held at the Saxton Field complex, participants are advised to enter from the southern entrance to Saxton Field off Main Road Stoke which is opposite the freezing works. This entrance is in close proximity to the start-finish area for the event. Public parking is available on either side of the Pavilion at the athletics track area approximately 400 m from the start finish line. **NO VEHICLES** are permitted on-site.

Programme of Events

Friday 17th June

2:00pm – 4:30pm Course open for inspection and light jog. Schools are asked to not arrive before 2:00pm. Managers Packs will be available in the Pavilion lounge situated between the athletics track and cricket ground approximately 400 m from the start-finish area. Race Packs will only be issued to Team Managers and not individual athletes. Schools are asked to appoint a Team Manager who will be able to contact all athletes from their school. As there is no Manager's meeting, any technical questions can be asked here throughout the weekend. Pre-ordered T-shirts will also be available for pick up at this time.

Saturday 18th June

8:00am Course open for inspection. Team Managers Packs will be available in the Pavilion lounge for collection.

In order to give a little more time to hold Individual Medal and Certificate presentations at the course immediately following each race, the following race start times are as follows.

10:30am	Junior Girls	3km
11:10am	Junior Boys / Para Boys	4km / 2km
11:50am	Year 9 Girls	3km
12:30pm	Year 9 Boys	3km
1:10pm	Senior Girls / Para Girls	4km / 2km
1:50pm	Senior Boys	6km

4:30pm **Awards Ceremony:** Three and six person teams in all grades will be presented with medals, and the NZSSAA "Paper" team will be announced.

Venue: Nelson College Assembly Hall. Parking will be available in Hampden Street and Ngatitama Street. Assistance will be given to direct people to the Assembly Hall.

Sunday 19th June

Regional Team Relay Championships Race

Packs for each region will be available at the Pavilion from 2:00pm on Friday 17th June for Regional Managers only to collect. Anticipated teams and running order should be entered

on the NZSSAA website at this time but changes can be made before the relay race (see relays information sheet for details). All athletes will be expected to wear the two team race numbers clearly displaying their grade on both the front and back of their singlet. Athletes will also be given a ribbon to pin to their shoulder to help identify which category they are racing in.

8:30am	Final confirmation of teams in running order to the Pavilion lounge
9:00am	5 x 2km Girls Relay – Year 9, Junior and Senior grades compete at the same time with each athlete completing two laps of the 1km course.
9:45am	Prize-giving for all three Girls grades age groups.
10:00am	5 x 2km Boys Relay – Year 9, Junior and Senior grades compete at the same time with each athlete completing two laps of the 1km course.
10:45am	Prize-giving for all three Boys grades age groups.

Entry Information

All runners must have turned 13 prior to 31st December 2022.

Year 9: Athletes must be in Year 9 and under age 15 as at 31st December 2022 (born on or after 1st January 2008). An athlete may compete in the Year 9 race only once.

Junior: Athletes must be under age 16 as at 31st December 2022 (born on or after 1st January 2007).

Senior: Athletes must be under age 20 as at 31st December 2022 (born between 1st January 2003 and 31st December 2006).

Para: As for Year 9, Junior and Senior grades except ORS funded athletes can be Under age 22 as at 31st December 2022 (born on or after 1 January 2001).

Para athletes over the senior age limit, who wish to enter, should email their details to: oe@nzssaa.org.nz

Participation and Affiliation for NZSSAA

Participation in these Championships is open to any student Year 9 or above, who attends a New Zealand Secondary School or Home School affiliated to NZSSAA. Year 7 and 8 students are not eligible to compete.

Affiliation with New Zealand Secondary Schools Athletic Association is invoiced as part of the entry process for the Championships.

Entry Procedures for Team Managers/Sports Coordinators

The entry procedures for Team Managers and Sports Coordinators are as follows:

- Entries open online on Monday 9th May 2022
- Entries close online at midnight on Thursday 9th June 2022.

Please DO NOT be late with your entries. From 10th June, any additional entries are added only with the approval of the online entries administrator. Late entries are to be emailed to oe@nzssaa.org.nz and there will be a charge of \$10.00 per entry added to the school's online entries account (\$32.00 per athlete).

To enter your school's athletes, go to the NZSSAA website (www.nzssaa.org.nz) and click on online entries (<http://entries.co.nz/o/nzssxc2022>) A login prompt will be presented to your browser. Enter your assigned username and password to proceed into the system. Please fill in your school information first before completing your entries.

If you do not have your school's username and password, check with your Principal who should be holding a copy. If you still cannot access the site, then email (oe@nzssaa.org.nz) for the information.

Fees

NZSSAA Affiliation Fee: The affiliation fee to NZSSAA is \$55.00 (including GST) **per school payable** with online entries.

Entry Fees: The entry fee is \$22.00 (including GST) per athlete, which includes the \$10.00 NZSSAA Student Athlete Travel Fund levy.

There is NO additional Entry Fee for the Inter-regional Teams Relay representatives.

Your entries are complete when you have chosen a payment option, produced an invoice and paid. There are two options for payment:

- By School or personal credit card
- Direct crediting the NZSSAA bank account: 12-3150-0174691-00.

When payment has been received and receipted, a copy of the school's receipt is available in the payment section of online entries to print off if required.

Please note: Additional entries can be added until entries close even though you may have already generated an invoice or paid. Enter your additional athletes and pay for them accordingly.

Athlete entries will appear in the public **Received Entries List** but will show as unpaid until payment has been receipted. Entry enquiries are to be by email only to oe@nzssaa.org.nz

Accommodation

There are many accommodation options available including motels and camping grounds. Please refer to the websites <https://www.nelsontasman.nz/assets/PDFs/Accommodation-Nelson-CBD.pdf> or <https://www.nelsontasman.nz/assets/PDFs/Accommodation-Tahuna-Stoke-Richmond.pdf> for full details. Our host school, Nelson College, also has good accommodation available for up to 100 at Fell House which has been recently refurbished. Enquiries can be made to Nelson College at the following email address: si@nelsoncollege.school.nz.

Additional Information

Managers will receive one or more complimentary programmes in their team packs, based on team entry numbers. No programmes will be printed for individual athletes or for sale to the public.

We strongly recommend that you **regularly check the NZSSAA website** for further announcements including the following:

- T-shirt sales
- Course Maps
- Entry Procedures
- Para Athlete Classification
- Health and Safety Plan

Coaches, managers, athletes, parents and supporters are encouraged to search on Facebook **New Zealand Secondary Schools Athletics Association** and Like and Follow this page as it will be updated regularly as the Championship approaches. We look forward to seeing you all in Nelson for these Championships. If our winter weather is true to form, you can expect cool, frosty nights and sunny days with clear, blue skies and light winds. It is our goal that you enjoy a wonderful weekend (or longer if you wish) and most importantly enjoy the event on a truly "spectator friendly" course.

Vern Mardon Chair LOC Nelson