

A Message from Barry Magee to Athletes  
Patron - NZ Secondary Schools Athletics Association



**I HAVE A DREAM**

❖ **FIRSTLY**

That you all have a wonderful weekend at perhaps the greatest athletic events of the NZ Secondary School Calendar year.

There is nothing as tough in track or road racing as Cross Country where 800, 1500, 3000, 5000m specialists **ALL** race together in **ONE RACE**.

This is great preparation for champions.

-----

❖ **SECONDLY**

That regardless of how you do this, that **YOU** will fight for every place you can get and **NOT** give up. Give it your **BEST** shot, knowing that it is how you finish that counts and **NOT** how you start.

-----

❖ **THIRDLY**

That **YOU** will not let a poor result here determine your Athletic or Sporting future.

Let it **INSPIRE you** to not get bitter, but to get **better!**

As an example at Secondary School Barry Magee's best Cross Country result at his own Secondary School was 13th.

Yet many years later an Olympic Medallist and Number #1 in the world at 2 distances and a share of a World 4 x 1 mile Relay Record .

-----

**DO NOT LET ANYONE STEAL YOUR DREAM**

