

Notice to Competitors

- 1** All events will be run under Athletics NZ rulings. 3 trials will be given in field events followed by the top 8 competitors then getting at least a further throw. (Numbers of entries received will dictate the time available on the day.)
- 2** Competitors are required to report to the call tent at least 30 minutes prior to the event starting time, unless instructed otherwise by the public address system.
- 3** Only competitors who are competing or who are under the instruction of Officials are permitted in the competition area.
- 4** If a competitor is to compete in a field event and a track event at the same time, the competitor must report to the Officials at the field event before competing in the track event.
- 5** The maximum length for spikes on the all weather track is 6mm's. **Note:** Track athletes need to check before the meeting, that their spikes are of regulation length. Athletes with non regulation spikes are liable to be scratched from competition by the Technical Manager.
- 6** A crouch start from blocks **MUST** be used for events up to and including 400metres. Blocks will be provided.
- 7** Competitors in all events up to and including 400 metres, must stay in their lanes after the event is completed until dismissed by the Chief Judge.
- 8** The 800 metres will be run in lanes to the entrance of the back straight. Flags mark the cross over point. The organising committee reserve the right to include up to 12 athletes in a field for a final.
- 9** Implements will be provided for the field events. **Only the equipment provided shall be used in the throwing events.** Pole Vault competitors to bring own equipment
- 10** In all field events except the high jump and pole vault competitors will have 3 attempts, and the best 8 will have a further 3 attempts with the best attempt over the 6 rounds counting.
- 11** In track events where heats are required, the first three in each heat and the next fastest two will qualify for the finals.
- 12** Any athlete who qualifies for the final of an event must compete bona fide effort in that final. Failure to do so will result in disqualification from the rest of the meeting.
- 13 Protests:** All protests must be made to the Meeting manager within 30 minutes of the announced result. (as laid down in Athletics Rule 147)
- 14** Competitors will compete in the lanes drawn and shown in the programme for the track events and will compete in the listed order for field events. Lanes for the finals of track events will be drawn and displayed on the Notice Board.
- 15** Where the number of entries in a track event are such that the heats are not required, the event will be run as a **Final** at the time of the **Final**, or at the discretion of the organising committee.
- 16** Competitors are warned against leaving valuables or equipment unguarded. No responsibility for losses can be accepted by the Organising Committee.
- 17** Competitors may enter in 3 individual events and one relay or 4 individual events as well as the open events. **Competitors may be entered in only one grade of a 4x100 relay**
- 18 Relay team confirmation** Team managers are required to confirm to the control room relay team members names no later than 9.30am on the day of the event