

# INFORMATION FOR COMPETITORS

## SISSAC Equipment Specifications 2014

### HURDLES

| AGE GROUP  | DIST | FL'TS | TO 1 <sup>ST</sup> HURDLE | SPACINGS | HEIGHT | TO FINISH LINE |
|------------|------|-------|---------------------------|----------|--------|----------------|
| U19 Boys   | 110m | 10    | 13.72                     | 9.14m    | 914mm  | 14.02          |
| U16 Boys   | 100m | 10    | 13.00                     | 8.50     | 840mm  | 10.50          |
| U15 Boys   | 80m  | 8     | 12.00                     | 8.00     | 840mm  | 12.00          |
| U14 Boys   | 80m  | 8     | 12.00                     | 8.00     | 762mm  | 12.00          |
|            |      |       |                           |          |        |                |
| U19 Girls  | 100m | 10    | 13.00                     | 8.50     | 762mm  | 10.5           |
| U16 Girls  | 80m  | 8     | 12.00                     | 8.00     | 762mm  | 12.00          |
| U15 Girls  | 80m  | 8     | 12.00                     | 8.00     | 762mm  | 12.00          |
| U14 Girls  | 80m  | 8     | 12.00                     | 8.00     | 762mm  | 12.00          |
| Open Girls | 300m | 7     | 50.00                     | 35m      | 762mm  | 40m            |
| Open Boys  | 300m | 7     | 50.00                     | 35m      | 840mm  | 40m            |

### FIELD EVENT IMPLEMENTS

| AGE GROUP | HAMMER | SHOT   | DISCUS | JAVELIN | HIGH JUMP<br>(starting height ) |
|-----------|--------|--------|--------|---------|---------------------------------|
| U19 Boys  | 5.00kg | 5.00kg | 1.5kg  | 700g    | 1.45m                           |
| U16 Boys  | 5.00kg | 5.00kg | 1.25kg | 700g    | 1.40m                           |
| U15 Boys  | 4.00kg | 5.00kg | 1.25kg | 700g    | 1.30m                           |
| U14 Boys  | 4.00kg | 4.00kg | 1.00kg | 600g    | 1.20m                           |
|           |        |        |        |         |                                 |
| U19 Girls | 4.00kg | 4.00kg | 1.00kg | 600g    | 1.20m                           |
| U16 Girls | 3.00kg | 3.00kg | 1.00kg | 500g    | 1.15m                           |
| U15 Girls | 3.00kg | 3.00kg | 1.00kg | 500g    | 1.10m                           |
| U14 Girls | 3.00kg | 3.00kg | 1.00kg | 500g    | 1.05m                           |

AGE GROUPINGS FOR BOTH BOYS & GIRLS ARE TAKEN AS AT 1<sup>ST</sup> JANUARY 2014

### FIELD EVENT IMPLEMENT SPECIFICATIONS for ParaAthletes/AWDs

See page 2 for the chart of implement weights by Paralympic Classification

### TRACK ALLOCATIONS

| 8 Competitors     | 16 Competitors    | ENTRY INTO TRACK FINALS (up to 400m inc.)                       |                                                    |
|-------------------|-------------------|-----------------------------------------------------------------|----------------------------------------------------|
| Aoraki 1          | Aoraki 3          | 8 competitors                                                   | Straight in to finals                              |
| Canterbury 2      | Canterbury 5      | 9 – 16 competitors                                              | 2 heats – first 3 in each heat plus next 2 fastest |
| Otago/Southland 2 | Otago/Southland 5 | If a round is cancelled, the final will be held at FINALS time. |                                                    |
| Tasman 1          | Tasman 2          |                                                                 |                                                    |
| West Coast 1      | West Coast 1      |                                                                 |                                                    |
| Host Region 1     |                   |                                                                 |                                                    |

These specifications have been up-dated to include decisions made at the 2011, 2012, and 2013 AGMs.

**Personal Implements:** we prefer athletes to use the implements supplied by the organisers. However, if an athlete wishes to use a personal implement it MUST be handed in for checking at the **start** of the Managers' Meeting (by 6pm Friday 4<sup>th</sup> April). The implement (if compliant) will be added to the pool of implements available for use by any of the competitors.

**Pole Vault:** competitors MUST bring their own poles – none will be provided by the organisers.

**No implements will be provided for practice.**



# **PARA ATHLETICS IMPLEMENT WEIGHTS for SISSAC 2014**

at 7/3/2014

Weights different to IPC Weights to align with NZ Secondary School weights

## **SENIOR BOYS & GIRLS - FIELD**

Over 16 years as at 31 December 2013

| Impairment Group               | Classification | Boys   |         |         | Girls  |         |         |
|--------------------------------|----------------|--------|---------|---------|--------|---------|---------|
|                                |                | Discus | Javelin | Shotput | Discus | Javelin | Shotput |
| <b>VISUAL IMPAIRMENT</b>       | <b>F11-13</b>  | 1.50kg | 700g    | 5.00kg  | 1.00kg | 500g    | 3.00kg  |
| <b>INTELLECTUAL IMPAIRMENT</b> | <b>F20</b>     | 1.50kg |         | 5.00kg  | 1.00kg |         | 3.00kg  |
| <b>PHYSICAL IMPAIRMENT</b>     |                |        |         |         |        |         |         |
| <i>Cerebral Palsy</i>          | <b>F35-36</b>  | 1.00kg | 600g    | 4.00kg  | 1.00kg | 500g    | 3.00kg  |
|                                | <b>F37</b>     | 1.00kg | 600g    | 5.00kg  | 1.00kg | 500g    | 3.00kg  |
|                                | <b>F38</b>     | 1.50kg | 700g    | 5.00kg  | 1.00kg | 500g    | 3.00kg  |
| <i>Short Stature</i>           | <b>F40-41</b>  | 1.00kg | 600g    | 4.00kg  | 750g   | 400g    | 3.00kg  |
| <i>Amputee &amp; Others</i>    | <b>F42-47</b>  | 1.50kg | 700g    | 5.00kg  | 1.00kg | 500g    | 3.00kg  |
| <i>Wheelchair</i>              | <b>F33</b>     | 1.00kg | 600g    | 3.00kg  | 1.00kg | 500g    | 3.00kg  |
|                                | <b>F34</b>     | 1.00kg | 600g    | 4.00kg  | 1.00kg | 500g    | 3.00kg  |
|                                | <b>F52</b>     | 1.00kg | 600g    | 2.00kg  | 1.00kg | 500g    | 2.00kg  |
|                                | <b>F53</b>     | 1.00kg | 600g    | 3.00kg  | 1.00kg | 500g    | 3.00kg  |
|                                | <b>F54-56</b>  | 1.00kg | 600g    | 4.00kg  | 1.00kg | 500g    | 3.00kg  |
|                                | <b>F57</b>     | 1.00kg | 600g    | 4.00kg  | 1.00kg | 500g    | 3.00kg  |
|                                | <b>F58</b>     | 1.00kg | 600g    | 5.00kg  | 1.00kg | 500g    | 3.00kg  |

## **JUNIOR BOYS & GIRLS - FIELD**

Under 16 years as at 31 December 2013

| Impairment Group               | Classification | Boys   |         |         | Girls  |         |         |
|--------------------------------|----------------|--------|---------|---------|--------|---------|---------|
|                                |                | Discus | Javelin | Shotput | Discus | Javelin | Shotput |
| <b>VISUAL IMPAIRMENT</b>       | <b>F11-13</b>  | 1.00kg | 700g    | 4.00kg  | 1.00kg | 500g    | 3.00kg  |
| <b>INTELLECTUAL IMPAIRMENT</b> | <b>F20</b>     | 1.00kg |         | 4.00kg  | 1.00kg |         | 3.00kg  |
| <b>PHYSICAL IMPAIRMENT</b>     |                |        |         |         |        |         |         |
| <i>Cerebral Palsy</i>          | <b>F35-36</b>  | 750g   | 500g    | 3.00kg  | 750g   | 500g    | 2.00kg  |
|                                | <b>F37</b>     | 750g   | 500g    | 3.00kg  | 750g   | 500g    | 2.00kg  |
|                                | <b>F38</b>     | 750g   | 600g    | 3.00kg  | 750g   | 500g    | 2.00kg  |
| <i>Short Stature</i>           | <b>F40-41</b>  | 1.00kg | 400g    | 3.00kg  | 750g   | 400g    | 2.00kg  |
| <i>Amputee &amp; Others</i>    | <b>F42-47</b>  | 1.00kg | 600g    | 4.00kg  | 1.00kg | 400g    | 3.00kg  |
| <i>Wheelchair</i>              | <b>F33</b>     | 750g   | 500g    | 2.00kg  | 750g   | 500g    | 2.00kg  |
|                                | <b>F34</b>     | 750g   | 500g    | 3.00kg  | 750g   | 500g    | 2.00kg  |
|                                | <b>F52</b>     | 750g   | 400g    | 2.00kg  | 750g   | 400g    | 2.00kg  |
|                                | <b>F53</b>     | 750g   | 400g    | 2.00kg  | 750g   | 400g    | 2.00kg  |
|                                | <b>F54-56</b>  | 750g   | 400g    | 2.00kg  | 750g   | 400g    | 2.00kg  |
|                                | <b>F57</b>     | 1.00kg | 500g    | 2.00kg  | 750g   | 400g    | 2.00kg  |
|                                | <b>F58</b>     | 1.00kg | 500g    | 3.00kg  | 750g   | 400g    | 3.00kg  |

Students can be assessed and a provisional classification can be allocated to you simply by completing the relevant forms primary to your disability. Forms can be downloaded on [www.paralympics.org.nz](http://www.paralympics.org.nz). Please ensure that these forms are submitted to Paralympics New Zealand.

| Events available for ParaAthletes<br>ParaAthletes may enter a maximum of<br><u>four</u> of these events. | Track                | Field                           |
|----------------------------------------------------------------------------------------------------------|----------------------|---------------------------------|
|                                                                                                          | 100m<br>200m<br>400m | Discus<br>Long Jump<br>Shot Put |