

# INFORMATION FOR COMPETITORS

SISSAC Equipment Specifications 2015 v3 (changes made at the 2014 AGM are in italics)

## HURDLES

AGE GROUP	DIST	FL'TS	TO 1 <sup>ST</sup> HURDLE	SPACINGS	HEIGHT	TO FINISH LINE
U19 Boys	110m	10	13.72	9.14m	914mm	14.02
U16 Boys	100m	10	13.00	8.50	840mm	10.50
U15 Boys	80m	8	12.00	8.00	840mm	12.00
U14 Boys	80m	8	12.00	8.00	762mm	12.00
U19 Girls	100m	10	13.00	8.50	762mm	10.5
U16 Girls	80m	8	12.00	8.00	762mm	12.00
U15 Girls	80m	8	12.00	8.00	762mm	12.00
U14 Girls	80m	8	12.00	8.00	762mm	12.00
Open Girls	300m	7	50.00	35m	762mm	40m
Open Boys	300m	7	50.00	35m	840mm	40m

**STEEPLE CHASE:** Open Boys 2,000m, hurdle height 914mm; Open Girls 2,000m, hurdle height 762mm.

## FIELD EVENT IMPLEMENTS

AGE GROUP	HAMMER	SHOT	DISCUS	JAVELIN	HIGH JUMP (starting height)
U19 Boys	5.00kg	5.00kg	1.5kg	700g	1.45m
U16 Boys	5.00kg	5.00kg	1.25kg	700g	1.40m
U15 Boys	4.00kg	5.00kg	1.25kg	700g	1.30m
U14 Boys	4.00kg	4.00kg	1.00kg	600g	1.20m
U19 Girls	<i>3.00kg</i>	<i>3.00kg</i>	1.00kg	<i>500g</i>	1.20m
U16 Girls	3.00kg	3.00kg	1.00kg	500g	1.15m
U15 Girls	3.00kg	3.00kg	1.00kg	500g	1.10m
U14 Girls	3.00kg	3.00kg	1.00kg	500g	1.05m

**AGE GROUPINGS FOR BOTH BOYS & GIRLS ARE TAKEN AS AT 1<sup>ST</sup> JANUARY 2015**

Athletes may be entered in a maximum of 4 events, including the 4 x 100m Relay, but excluding the 4 x 400m relay.

## **FIELD EVENT IMPLEMENT SPECIFICATIONS for ParaAthletes**

See page 2 for the chart of Implement Weights by Paralympic Classification

## TRACK ALLOCATIONS

8 Competitors	16 Competitors	ENTRY INTO TRACK FINALS (up to 400m inc.)	
Aoraki 1	Aoraki 3	8 competitors	Straight in to finals
Canterbury 2	Canterbury 5	9 – 16 competitors	2 heats – first 3 in each heat plus next 2 fastest
Otago/Southland 2	Otago/Southland 5	If a round is cancelled, the final will be held at FINALS time.	
Tasman 1	Tasman 2		
West Coast 1	West Coast 1		
Host Region 1			
Field Event Allocations			

These specifications have been up-dated to include decisions made at the 2011, 2012, 2013, and 2014 AGMs.

**Personal Implements:** we prefer athletes to use the implements supplied by the organisers. However, if an athlete wishes to use a personal implement it **MUST** be handed in for checking at the **start** of the Managers' Meeting (by 6pm Friday 27<sup>th</sup> March). The implement (if compliant) will be added to the pool of implements available for use by any of the competitors.

**Pole Vault:** competitors **MUST** bring their own poles – none will be provided by the organisers.

**No implements will be provided for practice.**

[Mt 26/1/2015]



## PARA ATHLETICS IMPLEMENT WEIGHTS for SISSAC 2015 v3

### SENIOR BOYS & GIRLS - FIELD

[Age: 16 years and over as at 31 December in the year of competition]

Impairment Group	Classification	Boys			Girls		
		Discus		Shotput	Discus		Shotput
VISUAL IMPAIRMENT	F11-13	1.50kg		5.00kg	1.00kg		3.00kg
INTELLECTUAL IMPAIRMENT	F20	1.50kg		5.00kg	1.00kg		3.00kg
PHYSICAL IMPAIRMENT							
Cerebral Palsy	F35-36	1.00kg		4.00kg	1.00kg		3.00kg
	F37	1.00kg		5.00kg	1.00kg		3.00kg
	F38	1.50kg		5.00kg	1.00kg		3.00kg
Short Stature	F40-41	1.00kg		4.00kg	750g		3.00kg
Amputee & Others	F42-47	1.50kg		5.00kg	1.00kg		3.00kg
Wheelchair	F33	1.00kg		3.00kg	1.00kg		3.00kg
	F34	1.00kg		4.00kg	1.00kg		3.00kg
	F52	1.00kg		2.00kg	1.00kg		2.00kg
	F53	1.00kg		3.00kg	1.00kg		3.00kg
	F54-56	1.00kg		4.00kg	1.00kg		3.00kg
	F57	1.00kg		4.00kg	1.00kg		3.00kg
	F58	1.00kg		5.00kg	1.00kg		3.00kg

N.B. For both age groups, some weights are different from IPC Weights to align with NZ Secondary School weights

### JUNIOR BOYS & GIRLS - FIELD

[Age: Under 16 years as at 31 December in the year of competition]

Impairment Group	Classification	Boys			Girls		
		Discus		Shotput	Discus		Shotput
VISUAL IMPAIRMENT	F11-13	1.00kg		4.00kg	1.00kg		3.00kg
INTELLECTUAL IMPAIRMENT	F20	1.00kg		4.00kg	1.00kg		3.00kg
PHYSICAL IMPAIRMENT							
Cerebral Palsy	F35-36	750g		3.00kg	750g		2.00kg
	F37	750g		3.00kg	750g		2.00kg
	F38	750g		3.00kg	750g		2.00kg
Short Stature	F40-41	1.00kg		3.00kg	750g		2.00kg
Amputee & Others	F42-47	1.00kg		4.00kg	1.00kg		3.00kg
Wheelchair	F33	750g		2.00kg	750g		2.00kg
	F34	750g		3.00kg	750g		2.00kg
	F52	750g		2.00kg	750g		2.00kg
	F53	750g		2.00kg	750g		2.00kg
	F54-56	750g		2.00kg	750g		2.00kg
	F57	1.00kg		2.00kg	750g		2.00kg
	F58	1.00kg		3.00kg	750g		3.00kg

#### Notes:

1. All entrants must be Provisionally or Fully Classified to be eligible to compete in the SISSAC.
2. All entrants are expected to compete in, and qualify from, their Regional Championships.
3. The Long Jump take-off board is 2.00m from the nearest edge of the landing area - NO metre board will be used.  
[Please bear this in mind when selecting entrants for the Long Jump]
4. The same Regional allocations\* apply to the Para-Athletes as to the non-Para-Athletes. (See chart on page 1).

Events available for ParaAthletes	Track	Field
ParaAthletes may enter a maximum of four of these events.	100m	Discus
	200m	Long Jump
	400m	Shot Put

[Mt 12/2/2015]