

SOUTH ISLAND SECONDARY SCHOOLS ATHLETICS CHAMPIONSHIPS 2015

INFORMATION 2

- Date** Saturday March 28, Sunday March 29 (Hammer Throw Friday March 27)
- Time** Competition commences 9:00 am each day, concluding approx. 1.00pm Sunday 29 March.
Pole Vault will be held in Christchurch Thursday 26th March at Papanui High School, Langdons Road, Papanui, Christchurch, practice/warm up at 3.00pm. Competition begins 4.00pm.
Hammer Throw Friday 27 March, Saxton Field Athletics Track, Nelson, practice/warmup at 3.00pm. Competition begins 4.00pm.
NOTE: Non-compliant hurdles:
Please be aware we have tried to get new compliant hurdles for the SISS Athletic Champs 2015. These have been ordered for some time but unfortunately our supplier has informed us that they will not arrive in time for our competition. **This now means the hurdles at the SISS Athletic Champs will be Non IAAF Compliant. Be aware this means they are not suitable for record purposes but placings at competition will be upheld.**
- Venue** Saxton Field Athletics Track, Nelson
- Cost** There will be an entry fee of \$10 per athlete to be invoiced to your school following the meet. Athletes who withdraw from the meet without following scratching protocols will also pay the entry fee. No entry fee on the day for athletes, officials or spectators.
- Event information** A copy of the order of events for the championships is available on the following website: <http://nzssaa.org.nz/>
Please note the **Hammer throw** event will be held on **Friday March 27 practise commences at 3.00pm with competition starting from 4.00pm**
There are no warm up circles for shotput/discus/javelin but competitors will be given at least one warm up throw in the competition area.
Only supplied Javelins are to be used by competitors
- Scratchings** Any scratchings made after on-line entries close should be notified to Jeni at Sport Tasman – jeni.n@sporttasman.org.nz up until 10am on Friday March 27. Any scratchings after this time should be handed in at the

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Managers Meeting on the Friday evening or by 8.30am on the Saturday morning, for those not in Nelson on the Friday night.

Scratchings made at this time must be scratchings from all events, individual event scratchings are not permitted at this stage.

Regional selectors only may substitute alternatives for competitors who are unable to compete for genuine reasons after having been selected. These must be advised to the Sport Director at the commencement of the Managers Meeting.

Refreshments

Food and drink will be for sale at the event for athletes and spectators. There will be a range of coffee/tea, baked potatoes, filled rolls, sandwiches, cold drinks, hot chips etc.

Please ensure you bring cash as many are **CASH ONLY** sales.

School marquees

Schools teams are welcome to bring gazebo's, marquees etc. These can be set up on the grass bank opposite the pavilion. Bookings not required – first in first served. Note: Marquees left overnight are at your own risk. No marquees directly behind 100m race start area.

Programmes

The programme, will be available at www.sporttasman.org.nz/secondary as soon as possible. In an attempt to make the full entries list as accurate as possible this will not be printed until Friday March 27.

Copies of the printed programme will be available to schools at the managers meeting on Friday night.

Parking

All visitors to the track are requested to use only the designated parking areas. Large coaches and buses please park in the far car park at the second entrance to the park.

Relay Confirmation

Team Managers are required to confirm to the control room relay entries and the names of runners no later than 3pm on Saturday.

First Aid

We ask that all team managers have a first aid kit and ice for their team for minor injuries. Ambulance service will be on site to provide first aid services in case of emergencies

Managers meeting

This has been scheduled for 6:00pm on Friday March 27 in the Saxton Oval lounge adjacent to the Saxton Field Athletics Track.
This will be followed by the AGM of the South Island Athletics Teachers Association at approx. 6:30pm.

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SISS Athletics Championships 2015

Notes for Competitors

- 1 All events will be run under the rules of Athletics NZ unless notified by Organising Committee
- 2 Competitors are warned against leaving valuables in changing rooms. No responsibility for losses will be accepted by the organising committee.
- 3 Warm up area will be through the trees at the Nelson end of the track. The track marshalling call tent is on route just outside the main gate. There are no warm up circles for shotput/discus/javelin but competitors will be given at least one warm up throw in the competition area.
- 4 **Spikes:** 6mm or shorter christmas tree or cone spikes on the track, no needle spikes. 9mm for Javelin / High Jump only.
- 5 **Marshalling of competitors** – Athletes must report to the Track Marshal Call Tent area at least 20 minutes before the advertised starting time of each event. **The responsibility for being at the track marshalling area and ensuring that their name is checked off by the marshal is that of the individual athlete. Field events competitors are to report directly to their event 20 minutes prior to the scheduled start time of the event.**
- 6 Starting blocks are provided and crouch starts must be used for all events up to and including 400m .
- 7 If there are insufficient starters at a heat time the event will be run as a final at the stipulated final time.
- 8 In all throwing events -especially the Javelin and Discus, competitors are warned to take due care. Implements must only be thrown from the sector line or circle and **returned by hand, not thrown back to the starting area.**
- 9 **In the field events the use of flags is as follows**
A red flag - signals no throw or no jump

A white flag - indicates a legal jump or throw.
- 10 In all field events, except the High Jump and Pole Vault, competitors will have 3 attempts, and the best 8 will have a further 3 attempts with the best attempt over the 6 rounds counting.

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- 11 In track events where heats are required, the first three in each heat and the next fastest two will qualify for the finals.
- 12 **Competitors who find they are in a field and track event at the same time must realise that the track event takes precedence.** They should report to the field event official and excuse themselves to compete in the track event, returning to the field event as soon as possible after the track event. Competitors cannot demand to take all their trials in succession or to take any trial of the rounds in which they have failed to appear. However, the field event official may allow competitors to take their trials in any order different from that decided upon prior to the start of the competition. This will not be possible if a round of the competition has been completed, or if the competition has been completed.
- 13 Competitors in track events up to and including the 400m must remain in their lanes at the finish line until dismissed by the judges. When given place disks they must then report to the recorders desk.
- 14 Only competitors currently involved in an event or under the instructions of marshals and officials will be permitted inside the track.
- 15 Lane allocations and starting orders will be posted at the grounds and in the programme. Subsequent rounds and finals will be drawn and posted as soon as possible.
- 16 Only official or certified equipment may be used for shot put, discus and hammer throwing events. For the Javelin only supplied equipment may be used. Competitors who wish to use their own equipment must have it checked by the Technical Manager. Such equipment must be delivered to the Technical Manager at the Managers meeting on the Friday night.
- 17 Any athlete who qualifies for the final of an event must compete in that final unless the consent of the Meeting Manager has been obtained. Otherwise he/she shall be excluded by the Meeting Manager from participation in further events at the meeting.
- 18 Protests: All protests must be made to the referee as laid down in Athletics NZ Rule 147
- 19 Practice Equipment will NOT be supplied.