

# SISSAC Order of Events 2016 v2

@ 3/1/2016

## TRACK EVENTS

Saturday Morning (9.00am – 12)			Saturday Afternoon (1.00 – 6.00)			Sunday Morning (9.00am - 12pm)		
300m Hdls	Jnr Girls	F	Sprint Hdls	All grades	F	1,500m	U14G+B	F
300m Hdls	Snr Girls	F	3,000m	U16B	F	1,500m	U15G+B	F
300m Hdls	Jnr Boys	F	400m	U16G+B	hts	100m	All Grades	F
300m Hdls	Snr Boys	F	400m	U19G+B	hts	2,000m Walk	Open Girls	F
100m	All grades	hts	400m PA	All classes	F	3,000m Walk	Open Boys	F
100m PA	All classes	F	3,000m	U15B	F	400m	U14G+B	F
3,000m	U19G	F	200m	All grades	hts	400m	U15G+B	F
3,000m	U16G	F	3,000m	U14B	F	400m	U16G+B	F
3,000m	U15G	F	800m	U14G+B	F	400m	U19G+B	F
400m	U14G+B	hts	800m	U15G+B	F	1,500m	U16G+B	F
400m	U15G+B	hts	2,000m S/Ch	Open Girls	F	1,500m	U19G+B	F
3,000m	U19B	F	200m	All grades	F	4 x 100 Relay	All grades	F
Sprint Hdls	All grades	hts	3,000m	U14G	F			
12.00 Lunch			200m PA	All classes	F			
			800m	U16G+B	F			
			800m	U19G+B	F			
			4 x 100 Relay	All grades	hts			
			2,000m S/Ch	Open Boys	F			
			4 x 400 Relay	Open Girls	F			
			4 x 400 Relay	Open Boys	F			

*N.B. 3,000m for U15G – U19G is likely to be combined and run as one race (if total entries low) but results are recorded by age group.*

## FIELD EVENTS

Friday Afternoon (3.00 – 6.30pm)			Saturday Afternoon			Sunday Morning		
<b>3.00pm</b>			<b>12.30pm</b>			<b>9.00am</b>		
Pole Vault	Boys and Girls	F	Discus	U14G	F	Discus	U15G	F
Hammer	All Boys	F	High Jump 2	U15G	F	Javelin	U14B	F
<b>4.45pm</b>			Long Jump 1	U16G	F	Shot Put	U19G	F
Hammer	All Girls	F	Shot Put	U16B	F	Triple Jump 1	U16G	F
			Long J 2 PA	All classes	F	Triple Jump 2	U16B	F
			<b>1.30pm</b>			<b>10.00am</b>		
			High Jump 1	U19B	F	Discus	U19B	F
			Javelin	U15B	F	High Jump 2	U14G	F
			Long Jump 1	U19G	F	Javelin	U16G	F
			Long Jump 2	U14B	F	Shot Put	U15B	F
			Shot Put	U15G	F	Triple Jump 1	U19G	F
			<b>2.30pm</b>			Triple Jump 2	U14B	F
			Discus	U16B	F	<b>11.00am</b>		
			High Jump 2	U16G	F	Javelin	U14G	F
			Javelin	U19G	F	Discus	U19G	F
			Triple Jump 1	U19B	F			
			Triple Jump 2	U14G	F			
			Shot Put PA	All classes	F			
			<b>3.30pm</b>					
			Discus	U14B	F			
			High Jump 1	U16B	F			
			Javelin	U19B	F			
			Triple Jump 1	U15B	F			
			Triple Jump 2	U15G	F			
			<b>4.30pm</b>					
			Javelin	U15G	F			
			Shot Put	U16G	F			

**Key** (for track and field events)  
*U = Under    O = Open*  
*B = Boys    G = Girls*  
*Jnr Boys = U16 and younger*  
*Snr Boys = Age 16 and over*  
*PA = Para Athlete events*  
*hts = heats    F = Final*  
*S/Ch = Steeple Chase*

[Mt 3/1/2016]