

SISSAC Order of Events 2018

TRACK EVENTS

Saturday Morning (9.00am – 12)

300m Hdls	U16 G	F
300m Hdls	U16 B	F
300m Hdls	U19 G	F
300m Hdls	U19 B	F
3,000m	U15G	F
200m	All grades	hts
200m PA	All classes	F
3,000m	U19G	F
3,000m	U16G	F
400m	U14G+B	hts
400m	U15G+B	hts
3,000m	U19B	F
Sprint Hdls	All grades	hts
12.00 Lunch		
<i>N.B. 3,000m for U15G – U19G is likely to be combined and run as one race (if total entries low) but results are recorded by age group.</i>		

Saturday Afternoon (1.00 – 6.00)

Sprint Hdls	All grades	F
3,000m	U16B	F
400m PA	All classes	F
400m	U16G+B	hts
400m	U19G+B	hts
3,000m	U15B	F
100m	All grades	hts
100m PA	All classes	F
3,000m	U14B	F
800m	U14G+B	F
800m	U15G+B	F
2,000m S/Ch	Open Girls	F
2,000m S/Ch	Open Boys	F
200m	All grades	F
3,000m	U14G	F
800m	U16G+B	F
800m	U19G+B	F
4 x 100 Relay	All grades	hts

Sunday Morning (9.00am - 12pm)

100m	All Grades	F
1,500m	U14G+B	F
1,500m	U15G+B	F
400m	U14G+B	F
400m	U15G+B	F
400m	U16G+B	F
400m	U19G+B	F
1,500m	U16G+B	F
1,500m	U19G+B	F
4 x 100 Relay	All grades	F
2,000m Walk	Open Girls	F
3,000m Walk	Open Boys	F
4 x 400m Relay	U16 G	F
4 x 400m Relay	U16 B	F
4 x 400m Relay	U19 G	F
4 x 400m Relay	U19 B	F

FIELD EVENTS

Friday Afternoon (3.30 – 7.00pm)

3.30pm		
Pole Vault	Boys and Girls	F
Hammer	All Boys	F
5.15pm		
Hammer	All Girls	F

Saturday Morning

9.00am		
Discus	U16G	F
High Jump 2	U14B	F
Long Jump 1	U15B	F
Long Jump 2	U14G	F
Shot Put	U19B	F
Javelin PA	All classes	F
10.00am		
Discus	U15B	F
High Jump 1	U19G	F
Javelin	U16B	F
Long Jump 1	U19B	F
Long Jump 2	U15G	F
Shot Put	U14G	F
11.00am		
High Jump 2	U15B	F
Long Jump 2	U16B	F
Shot Put	U14B	F
Discus PA	All classes	F
12.00 Lunch		

Saturday Afternoon

12.30pm		
Discus	U14G	F
High Jump 2	U15G	F
Long Jump 1	U16G	F
Shot Put	U19G	F
Long J 2 PA	All classes	F
1.30pm		
High Jump 1	U19B	F
Javelin	U15B	F
Long Jump 1	U19G	F
Long Jump 2	U14B	F
Shot Put	U15G	F
2.30pm		
Discus	U16B	F
High Jump 2	U16G	F
Javelin	U19G	F
Triple Jump 2	U14G	F
Shot Put PA	All classes	F
3.30pm		
Discus	U14B	F
High Jump 1	U16B	F
Javelin	U19B	F
Triple Jump 1	U15B	F
Triple Jump 2	U15G	F
4.30pm		
Javelin	U15G	F
Shot Put	U16G	F
Triple Jump 1	U19B	F

Sunday Morning

9.00am		
Discus	U15G	F
Javelin	U14B	F
Shot Put	U15B	F
Triple Jump 1	U16G	F
Triple Jump 2	U16B	F
10.00am		
Discus	U19B	F
High Jump 2	U14G	F
Javelin	U16G	F
Shot Put	U16B	F
Triple Jump 1	U19G	F
Triple Jump 2	U14B	F
11.00am		
Javelin	U14G	F
Discus	U19G	F
Key (for track and field events)		
<i>U = Under O = Open</i>		
<i>B = Boys G = Girls</i>		
<i>Jnr Boys = U16 and younger</i>		
<i>Snr Boys = Age 16 and over</i>		
<i>PA = Para Athlete events</i>		
<i>hts = heats F = Final</i>		
<i>S/Ch = Steeple Chase</i>		