

SOUTH ISLAND SECONDARY SCHOOLS ATHLETICS CHAMPIONSHIPS 2019

INFORMATION 2

- Date** Saturday March 30, Sunday March 31 (Hammer Throw Friday March 29)
- Time** Competition commences 9:00 am each day, concluding approx. 1.00pm Sunday 29 March.
Pole Vault will be held in regions where competitors have entered. Please talk to your Regional Sports Director if you have any questions.
Hammer Throw Friday 29 March, Saxton Field Athletics Track, Nelson, see Order of Events at <http://nzssaa.org.nz/> for start times.
- Venue** Saxton Field Athletics Track, Nelson. See Venue Layout [here](#).
- Cost** There will be an entry fee of \$10 per athlete to be invoiced to your school following the meet. Athletes who withdraw from the meet without following scratching protocols will also pay the entry fee. No entry fee on the day for athletes, officials or spectators.
- Event information** A copy of the order of events for the championships is available on the following website: <http://nzssaa.org.nz/>
- Please note the **Hammer throw** event will be held on **Friday March 29 with competition starting from 3.30pm for all boys and 5.15pm for all girls**
- There are no warm up circles for shotput/discus/javelin but competitors will be given at least one warm up throw in the competition area.
- Only supplied Javelins are to be used by competitors.**
- Number of events athletes can enter in for SISS are as follows:**
- FOUR individual events OR
 - THREE individual event PLUS a 4 x100m Relay
 - The 4 x 400m relays do not count as any of the above events, athletes can do this on top of the above
 - NO ATHLETE CAN DO FOUR INDIVIDUAL EVENTS PLUS A RELAY

Luke Frame
Secondary Schools Regional Sports Director
Sport Tasman
PO Box 3197, Richmond, Nelson 7050
ddi: 03 546 3307 fax: 03 546 3300
cell: 029 776 3307
email: luke.f@sporttasman.org.nz
web: www.sporttasman.org.nz

Scratchings

Any scratchings made after on-line entries close should be notified to Luke at Sport Tasman – luke.f@sporttasman.org.nz up until 10am on Friday March 29. Any scratchings after this time should be handed in at the Managers Meeting on the Friday evening or by 8.30am on the Saturday morning, for those not in Nelson on the Friday night.

Scratchings made at this time must be scratchings from all events, individual event scratchings are not permitted at this stage.

Regional selectors may only substitute alternatives for competitors who are unable to compete for genuine reasons after having been selected. These must be advised to the Sport Director at the commencement of the Managers Meeting.

Order of Events:

A copy of the order of events for the championships will be available on the Sport Tasman website [Order of Events](#).

Specifications:

A copy of the specifications, implement weights etc. will also be available on the Sport Tasman website – [Implement Specs](#).

PARA Athletes:

Visit the [PARALYMPICS NZ](#) website for further information on the **Provisional Classification forms**.

Refreshments

Food and drink will be for sale at the event for athletes and spectators. There will be a range of coffee, smoothies and assorted food options from vendors. Directions to off-site food options are included in the Parking Map link below.

Please ensure you bring cash as many are **CASH ONLY** sales.

School marquees

Schools teams are welcome to bring gazebo's, marquees etc. These can be set up on the grass bank opposite the pavilion. Bookings not required – first in first served. Note: Marquees left overnight are at your own risk. No marquees directly behind 100m race start area.

Programmes

The programme, will be available at www.sporttasman.org.nz/secondary as soon as possible. In an attempt to make the full entries list as accurate as possible this will not be printed until Friday March 29.

Copies of the printed programme will be available to schools at the managers meeting on Friday night.

Parking

All visitors to the track are requested to use only the designated parking areas. Large coaches and buses please park in the far car park at the second entrance to the park. See [Parking Map](#) for instructions.

Luke Frame Secondary Schools Regional Sports Director

Sport Tasman
PO Box 3197, Richmond, Nelson 7050
ddi: 03 546 3307 fax: 03 546 3300
cell: 029 776 3307
email: luke.f@sporttasman.org.nz
web: www.sporttasman.org.nz

Relay Confirmation Team Managers are required to confirm to the control room relay entries and the names of runners no later than 3pm on Saturday.

First Aid We ask that all team managers have a first aid kit and ice for their team for minor injuries. Ambulance service will be on site to provide first aid services in case of emergencies.

Managers meeting This has been scheduled for 6:00pm on Friday March 29 in the Saxton Oval lounge adjacent to the Saxton Field Athletics Track.
This will be followed by the AGM of the South Island Athletics Teachers Association at approx. 6:30pm.

Organisational Timeline:

Monday 25 March	Online entries close
Friday 28 March	Hammer Throw/Pole Vault events start 3.30pm Managers meeting 6:00pm at Saxton Athletics Track Pavilion. Managers packs distributed Late scratchings notified AGM of SI Athletics Teachers Association at 6:30pm
Saturday 30 March	Championships commence at 9:00am
Sunday 31 March	Championships conclude approx. 1.00pm

SISS Athletics Championships 2019

Notes for Competitors

- 1 All events will be run under the rules of Athletics NZ unless notified by Organising Committee
- 2 Competitors are warned against leaving valuables in changing rooms. No responsibility for losses will be accepted by the organising committee.
- 3 Warm up area will be through the trees at the Nelson end of the track. The track marshalling call tent is on route just outside the main gate. There are no warm up circles for shotput/discus/javelin but competitors will be given at least one warm up throw in the competition area.
- 4 **Spikes:** 6mm or shorter Christmas tree or cone spikes on the track, no needle spikes. 9mm for Javelin / High Jump only.

Luke Frame
Secondary Schools Regional Sports Director
Sport Tasman
PO Box 3197, Richmond, Nelson 7050
ddi: 03 546 3307 fax: 03 546 3300
cell: 029 776 3307
email: luke.f@sporttasman.org.nz
web: www.sporttasman.org.nz

- 5 **Marshalling of competitors** – Athletes must report to the Track Marshal Call Tent area at least 20 minutes before the advertised starting time of each event. **The responsibility for being at the track marshalling area and ensuring that their name is checked off by the marshal is that of the individual athlete. Field events competitors are to report directly to their event 20 minutes prior to the scheduled start time of the event.**
- 6 Starting blocks are provided and crouch starts must be used for all events up to and including 400m.
- 7 If there are insufficient starters at a heat time the event will be run as a final at the stipulated final time.
- 8 In all throwing events -especially the Javelin and Discus, competitors are warned to take due care. Implements must only be thrown from the sector line or circle and **returned by hand, not thrown back to the starting area.**
- 9 **In the field events the use of flags is as follows**
A red flag - signals no throw or no jump
A white flag - indicates a legal jump or throw.
- 10 In all field events, except the High Jump and Pole Vault, competitors will have 3 attempts, and the best 8 will have a further 3 attempts with the best attempt over the 6 rounds counting.
- 11 In track events where heats are required, the fastest eight qualify for finals (not first three plus two fastest).
- 12 **Competitors who find they are in a field and track event at the same time must realise that the track event takes precedence.** They should report to the field event official and excuse themselves to compete in the track event, returning to the field event as soon as possible after the track event. Competitors cannot demand to take all their trials in succession or to take any trial of the rounds in which they have failed to appear. However, the field event official may allow competitors to take their trials in any order different from that decided upon prior to the start of the competition. This will not be possible if a round of the competition has been completed, or if the competition has been completed.

Luke Frame
Secondary Schools Regional Sports Director
Sport Tasman
PO Box 3197, Richmond, Nelson 7050
ddi: 03 546 3307 fax: 03 546 3300
cell: 029 776 3307
email: luke.f@sporttasman.org.nz
web: www.sporttasman.org.nz

- 13 Competitors in track events up to and including the 400m must remain in their lanes at the finish line until dismissed by the judges. When given place disks they must then report to the recorders desk.
- 14 Only competitors currently involved in an event or under the instructions of marshals and officials will be permitted inside the track.
- 15 Lane allocations and starting orders will be posted at the grounds and in the programme. Subsequent rounds and finals will be drawn and posted as soon as possible.
- 16 Only official or certified equipment may be used for shot put, discus and hammer throwing events. For the Javelin only supplied equipment may be used. Competitors who wish to use their own equipment must have it checked by the Technical Manager. Such equipment must be delivered to the Technical Manager at the Managers meeting on the Friday night.
- 17 Any athlete who qualifies for the final of an event must compete in that final unless the consent of the Meeting Manager has been obtained. Otherwise he/she shall be excluded by the Meeting Manager from participation in further events at the meeting.
- 18 Protests: All protests must be made to the referee as laid down in Athletics NZ Rule 147
- 19 Practice Equipment will NOT be supplied.