

SOUTH ISLAND SECONDARY SCHOOLS ATHLETICS CHAMPIONSHIPS 2020

PRELIMINARY INFORMATION

Date: Saturday 4th and Sunday 5th April 2020 (No events Friday)

Venue: Nga Puna Wai Sports Hub, Halswell, Christchurch

Time: Saturday 9am – 6pm. Sunday at 9am – 12pm.

Entry: Entries will be received online from 9am Monday 23rd March through until 9am Monday 30th March.

Aoraki, Canterbury, West Coast and Tasman entries must be entered by regional selectors only. Otago and Southland entries will be received from individual schools.

Scratchings: Any scratchings made after on-line entries close, should be:

- emailed to bill.grogan@canterbury.schoolsport.org.nz before 1pm on Friday 3 April or;
- handed in at the start of the managers meeting on the Friday evening or;
- by 8.30am on the Saturday morning, for those not in attendance on the Friday night.

NOTE: SCRATCHINGS MADE AFTER ONLINE ENTRIES CLOSE MUST BE SCRATCHINGS FROM ALL EVENTS, individual event scratchings are not permitted at this stage.

Cost: There will be an entry fee of \$10 per athlete to be invoiced to your school following the meet. Athletes who withdraw from the meet without following scratching protocols will also pay the entry fee. There will be NO gate charge on the day for this event.

Managers meeting:

This has been scheduled for 6:00pm Friday 3rd April in the Sports Hub at Nga Puna Wai
This will be followed by the AGM of the South Island Athletics Teachers Association at approx. 6:30pm.

Accommodation:

We recommend booking early to avoid disappointment. A range of accommodation options are available at <https://www.christchurchnz.org.nz/>

Programmes:

A copy of the order of events is included with this information document.
This will also be published on the School Sport Canterbury website & App and the School Sport NZ website.
A named programme will be available shortly after events close on Monday 30th March
Copies of the printed programme will be available to schools at the managers meeting and on the Saturday.

Specifications:

A copy of the specifications, implement weights etc. is included with this document. A copy is also available on the School Sport Canterbury website <https://www.canterbury.schoolsport.org.nz/wp-content/uploads/2019/11/SISSAC-Implement-Specs-2020.pdf>

PARA Athletes:

Grades, Categories and Classification - There will be two age grades Under 16 and Under 21, and two divisions, Intellectually Impaired Athletes, and Physically and/or Visually Impaired Athletes. **All entrants must apply for a Provisional Classification from Paralympics NZ to be eligible to compete.** If you already have a Paralympics Provisional or Full Classification you do not need to re-apply. Physically and/or Visually Impaired athletes consist of 5 classification groups: Visually impaired, Short Stature, Cerebral Palsy, Amputees /Others, and Wheelchair user. All will compete together with results being calculated as a percentage of the world record for their Paralympic classifications. Visit the [PARALYMPICS NZ](http://www.paralympicsnz.org.nz) website for further information on the **Provisional Classification forms**. These forms can be downloaded, filled out and **must reach Paralympics N.Z. before the deadline of Friday 13th March.**

School marquees:

Schools are invited to bring a marquee to put up on the grass bank. Erecting of Marquees is not permitted until after 1pm on Friday 3rd April. Note: Marquees left overnight are at your own risk. Nga Puna Wai is exposed to the wind, so any marquees, tents or similar shelters, must be robust and securely pegged.

Health & safety

A Health and Safety Action plan, together with a Risk Management plan will be available on the SSC and SSNZ websites from 27 January 2020

All team managers to have a first aid kit for minor injuries. St. John personnel will be in attendance throughout the event.

Organisational Timeline:

Tuesday 3 Dec. 2019	Preliminary information distributed to schools
Friday 6 March	Call for remits to AGM
Friday 19 March	Remits for AGM close
Monday 16 March	Online entries OPEN
Monday 30 March	Online entries close
Friday 3 April	Nga Puna Wai Track open from 1pm Managers meeting 6:00pm Nga Puna Wai.sports Hub Managers' packs distributed. Late scratchings notified AGM of SI Athletics Teachers Association, 6:30pm
Saturday 4 April	Championships commence at 9:00am
Sunday 5 April	Championships conclude approx. 12 noon

For enquiries please contact:

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web: <https://www.canterbury.schoolsport.org.nz/>

Information for Competitors SISSAC Equipment Specifications 2020

These specifications have been up-dated to include decisions made at the 2011, 2012, 2013, 2014, 2015, 2016 and 2017 AGMs.

(pole vault standards were added following the 2017 AGM & progression into track finals has changed following a remit).

Age groupings for both boys & girls are taken as at 1st January in the year of competition.

The Age groupings for Para Athletes at Under 16 and Under 21 taken from 31 December 2019

Hurdles

AGE GROUP	DIST	FL'TS	TO 1st HURDLE	SPACINGS	HEIGHT	TO FINISH LINE
U19 Boys	110m	10	13.72	9.14m	914mm	14.02
U16 Boys	100m	10	13.00	8.50	840mm	10.50
U15 Boys	80m	8	12.00	8.00	840mm	12.00
U14 Boys	80m	8	12.00	8.00	762mm	12.00
Jnr & Snr Boys	300m	7	50.00	35m	840mm	40m
U19 Girls	100m	10	13.00	8.50	762mm	10.50
U16 Girls	80m	8	12.00	8.00	762mm	12.00
U15 Girls	80m	8	12.00	8.00	762mm	12.00
U14 Girls	80m	8	12.00	8.00	762mm	12.00
Jnr & Snr Girls	300m	7	50.00	35m	762mm	40m

Steeple Chase

Open Boys 2,000m, hurdle height 840mm;

Open Girls 2,000m, hurdle height 762mm.

Field Event Implements

AGE GROUP	HAMMER	SHOT	DISCUS	JAVELIN	HIGH JUMP	POLE VAULT	
					Starting Height	Standard	Starting Height
U19 Boys	5.00kg	5.00kg	1.5kg	700g	1.55m	3.10m	2.80m
U16 Boys	5.00kg	5.00kg	1.25kg	700g	1.50m	2.50m	2.05m
U15 Boys	4.00kg	5.00kg	1.25kg	700g	1.40m		
U14 Boys	4.00kg	4.00kg	1.00kg	600g	1.30m		
U19 Girls	3.00kg	3.00kg	1.00kg	500g	1.30m	2.65m	2.05m
U16 Girls	3.00kg	3.00kg	1.00kg	500g	1.25m	2.35m	1.90m
U15 Girls	3.00kg	3.00kg	1.00kg	500g	1.20m		
U14 Girls	3.00kg	3.00kg	1.00kg	500g	1.15m		

Personal Implements: we prefer athletes to use the implements supplied by the organisers. However, if an athlete wishes to use a personal implement it MUST be handed in to the equipment room for checking by 5pm Friday for Saturday events, and 5pm Saturday for Sunday events. The implement (if compliant) will be added to the pool of implements available for use by any of the competitors.

No implements will be provided for practice.

Pole Vault: Competitors MUST bring their own poles – none will be provided by the organisers. Height adjustments will be 15cm.

Relays

4x 400m Relays contested in 4 grades U16 Boys, U19 Boys, U16 Girls, U19 Girls

Under 14, Under 15 & U16 Boys & girls are eligible to compete in either U16 or U19 4x400m

Relays (not both)

PARA ATHLETICS IMPLEMENT WEIGHTS for SISSAC 2020

Senior Boys & Girls – Field [Age:16 years and Over as at 31 December in the year of competition]

IMPAIRMENT GROUP	CLASSIFICATION	BOYS			GIRLS		
		DISCUS	JAVELIN	SHOTPUT	DISCUS	JAVELIN	SHOTPUT
Visual Impairment	F11-13	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
Intellectual Impairment	F20	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
Physical Impairment							
<i>Cerebral Palsy</i>	F35-36	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F37	1.00kg	600g	5.00kg	1.00kg	500g	3.00kg
	F38	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
<i>Short Stature</i>	F40-41	1.00kg	600g	4.00kg	750g	400g	3.00kg
<i>Amputee & Others</i>	F42-47	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
<i>Wheelchair</i>	F33	1.00kg	600g	3.00kg	1.00kg	500g	3.00kg
	F34	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F52	1.00kg	600g	2.00kg	1.00kg	500g	2.00kg
	F53	1.00kg	600g	3.00kg	1.00kg	500g	3.00kg
	F54-56	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F57	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F58	1.00kg	600g	5.00kg	1.00kg	500g	3.00kg

Junior Boys & Girls – Field [Age: Under 16 as at 31 December in the year of competition]

IMPAIRMENT GROUP	CLASSIFICATION	BOYS			GIRLS		
		DISCUS	JAVELIN	SHOTPUT	DISCUS	JAVELIN	SHOTPUT
Visual Impairment	F11-13	1.00kg	700g	4.00kg	1.00kg	500g	3.00kg
Intellectual Impairment	F20	1.00kg	700g	4.00kg	1.00kg	500g	3.00kg
Physical Impairment							
<i>Cerebral Palsy</i>	F35-36	750g	500g	3.00kg	750g	500g	2.00kg
	F37	750g	500g	3.00kg	750g	500g	2.00kg
	F38	750g	600g	3.00kg	750g	500g	2.00kg
<i>Short Stature</i>	F40-41	1.00kg	400g	3.00kg	750g	400g	2.00kg
<i>Amputee & Others</i>	F42-47	1.00kg	600g	4.00kg	1.00kg	400g	3.00kg
<i>Wheelchair</i>	F33	750g	500g	2.00kg	750g	500g	2.00kg
	F34	750g	500g	3.00kg	750g	500g	2.00kg
	F52	750g	400g	2.00kg	750g	400g	2.00kg
	F53	750g	400g	2.00kg	750g	400g	2.00kg
	F54-56	750g	400g	2.00kg	750g	400g	2.00kg
	F57	1.00kg	500g	2.00kg	750g	400g	2.00kg
	F58	1.00kg	500g	3.00kg	750g	400g	3.00kg

N.B. Weights are different from IPC weights to align with NZ Secondary School weights. **Also to be noted that a metre board/mat is NOT used for Long Jump.**

Events available for ParaAthletes	Track	Field	Reminder:
ParaAthletes may enter a maximum of four of these events.	100m	Discus	Para Athletes must have a Provisional or National Classification to compete in the SISSAC.
	200m	Javelin	
	400m	Long Jump	
		Shot Put	

Students can be assessed and a provisional classification can be allocated to you simply by completing the relevant forms primary to your disability. Forms can be downloaded on www.paralympics.org.nz or the NZSSAC web site <http://nzssaa.org.nz/>. Please ensure that these forms are submitted to Paralympics New Zealand on time.

Entry Allocations and Progressions

300 HDLS, 4 X 400	ALL OTHER EVENTS	ENTRY INTO TRACK FINALS (up to 400m incl.)
Aoraki 1	Aoraki 3	8 competitors Straight into finals
Canterbury /West Coast 3	Canterbury/West Coast 5	9 – 16 competitors
Otago 1	Otago 3	The 8 fastest times progress from heats to finals in the 100m, 200m, 400m, Sprint hurdles and 4x100m relays.
Southland 1	Southland 3	
Tasman 1	Tasman 2	
Host Region 1		If a round is cancelled, the final will be held at FINALS time.
Max: 8 competitors	Max: 16 competitors	FIELD Events: all get three attempts, top 8 get 3 more.